



Sema:th

Sumas First Nation Community Newsletter March 2021



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Our Next issue Dates

April 1, 2021
May 7, 2021

IMPORTANT INFORMATION

Public Works

Increase in Traffic along Sumas Mountain Road:

Starting Wednesday March 3, 2021, we will have about 25 to 30 trucks moving out of the Brick plant site for approximately 15 days.

These trucks will be carrying out the construction debris which needs to be removed as part of demolition activities at the Brick plant.

There will be adequate safety and security measures adopted to ensure their safe passage along the Sumas Mountain Road.

However, we should be prepared for heavy trucking on Sumas Mountain Road.

If you have any questions about this, email harmeet.rai@sumasfirstnation.com

Community Garbage Bins:

As part of the Spring Cleaning Initiative, the SFN Administration will be providing 5 garbage bins in residential areas.

Dates are as under:

March 14 to 21, 2021

March 28 to April 05, 2021.

All Members should be encouraged to take advantage of these bins to empty out their houses of unwanted items.

For more information, email Harmeet Rai
harmeet.rai@sumasfirstnation.com

IMPORTANT INFORMATION

Ratification Results:

On Wednesday February 10, 2021, the Lands Department held a live session for the results of the Ratification Vote.

The Lands Department held five information sessions, and the results were

YES Votes: 80.64% (50)

NO Votes 17.74% (11)

REJECTED Votes 1.61% (1)

On Tuesday March 2, 2020, Sumas Health and Wellness held the first COVID-19 Vaccine Clinic. We want to thank the Health Staff, FNHA, and Fraser Health for making sure that the Clinic ran smoothly.



Semá:th Stó:mex Totí:lta:wtxw – March Update

This month we have spent time fostering our creativity to strengthen and demonstrate our learning. One project that we are proud of is our Stó:lō Moons book. Students spent time learning about the 13 Stó:lō moons in both English and Halq'eméylem. They compared it to other First Nations around North America and looked deeply at the role of place in stories and traditions. The Middles and some of the Highschool students then collaboratively created the poetry book. Students chose a Moon, wrote a poem about the Moon, and then created felted art to represent their Moon. Below are photos of their felted art pieces. You can check out our digital version of the story here: <https://tinyurl.com/d279fvpx>



Our students participated in Pink Shirt Day this month, which connected with the Little's main learning focus. They have been learning about inclusion and about standing up for what is right. They have looked at the effects just one person can have on a large number of people (most specifically, the effect Martin Luther King and Mohammad Ali have had on our world). Mrs. Tommy helped the Littles visualize this effect by charting out the effect Jennica Pierre had on the community with her Winter

Challenge nominations. They got to see how thoughts, words, kindness, and fun can be spread to a large number of people. The Littles also focused on perspective and looked at the perspectives in *The Three Little Pigs*. They creatively wrote their own version of *The Three Little Pigs*.

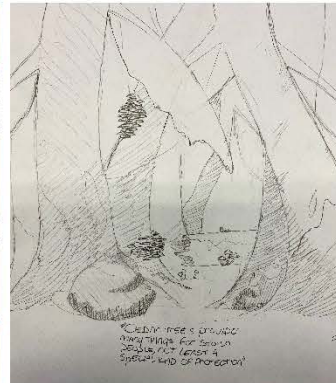


Our Middles demonstrated their learning in Math visually this month. They applied their learning about transformations, such as translations, rotations and reflections together in a Star Blanket. Students shared stories about stars and were very intrigued by the Northern Lights and Star Trails. The students designed, cut out, and sewed their version of a Star Blanket. The Middles decided to call their piece *Eagle Flying Through the Northern Lights*.



Our High School students have been involved in creative learning opportunities as well. In their English class, they are reading Beatrice Elaine Silver's *Lexéywa – I Pass the Torch to You*. Students are responding to the memoir in both written and visual form. Students will soon have the opportunity to explore the Lexéywa Art Activism project. In addition to visual creativity, our High School students are participating in

the art of contemporary music. Ending the day with music has been beneficial to us all.



Upcoming Learning Goals:

- Grades 1 – 3 will look at Jordan’s Principle.
- Grades 4 – 8 will be looking at rocks and resources. The students education will deepen with your personal stories about the gravel pit or the Brick Plant.
- Grades 9 – 11 are continuing with Quarter 3. Their courses are Math, English First Peoples, and Contemporary Music.



We value your ongoing support and encouragement with our school and our students learning. Kw'as ho:y!

Governance and Natural Resources Department

WHO WE ARE? GNR is responsible for Governance issues such as the Election and Membership Codes. In relation to Natural Resources we respond to all off Reserve matters that affect the Nation.

WHO WE REPORT TO? Chief Silver and Councillor Ned.

WHEN WERE WE CREATED? In 2019 by Chief and Council.

WHAT WE ARE INVOLVED WITH? Our responsibility varies daily and is wide in scope, some key areas are as follows:

1. Our department will be called upon to address internal law and policy issues.
2. We interact with the Federal Government – particularly the Department of Fisheries & Oceans.
3. Address Provincial Government issues such as Forestry and Highways.
4. At the Municipal level, work along side the City of Abbotsford on flooding risks for example in relation to the Bank Stabilization Program.

WHERE WE ARE? Currently, we have temporary offices in the Health Administration Building.

WHY WE EXIST? To develop a core Department that will monitor and protect the Nations *rich history* so that it is there in the future.

HOW WE WILL SUCCEED? With your valued comments and input.

YOUR GNR TEAM

Jenna Noppen, Executive Assistant
jenna.noppen@sumasfirstnation.com

Kevin O'Neill, Communications Officer
kevin.oneill@sumasfirstnation.com

Richard Hall, Director
richard.hall@sumasfirstnation.com

Traditional Use and Occupancy Study ("TUOS") News

Sqwélqwel Genealogy Chart Updates

Greetings everyone! TUOS invites you to share any genealogy/Sqwélqwel information to be included in the update of Sqwélqwel charts as part of the TUOS by March 15th 2021. Any updates will be included into the hard copy of the family lineage charts to be printed the end of March. These copies will be available to view at SFN April-May (date to be announced). Going forward, you can still work on your own individual or family Sqwélqwel chart at any time, separate from TUOS. Please see attached flyer from SRRMC Genealogist Lisa Davidson if you have information to share, please contact her.

Until then- be well and be safe,

Meagan Gough TUOS Project Coordinator.

Stó:lō Genealogy Office *Family Tree Updates*

If you would like to update your information in the database, I can create a package for you to help organize your information. Each package will contain:

- A One-Generation Descendant Chart
- Blank Family Group Sheets
- Blank Lineage Charts
- An Information Pamphlet
- Consent Form

Please email requests to Lisa Davidson at lisa.davidson@stolonation.bc.ca

Due to Covid, the office remains closed to visitors and staff are working remotely.

At this time, monthly mail out days are posted on our Facebook page.

If you have a printer, emailed packages can be sent at any time!

Community Kitchen: Pandemic Style

We want to take this time to thank anyone who has been participating in the Community Kitchen. Here are some of the highlights of the meals that people have been making!

Week 1: Garden Vegetable Soup with Turkey

Week 2: Red Pepper Chicken





Congratulations to our Yale Secondary Grad's of the Week. Jacqueline Silver and Dezirae Ned-Nash.



Membership Programs & Services

Recreation Funding

Please note the Recreation Funding for Children registered to Sumas First Nation aged 0 – 18 is \$500.00. Remember that this funding can be used for anything to do with recreational activities. Examples are but not limited to swimming, dance & music lessons; football fees/gear, hockey fees/gear, soccer fees/gear for example. Also note that this fund is replenished every April 1st. If you have not used recreation funding for this year, this is your reminder. Remaining balances do not get carried over. If you have any questions, please do not hesitate to call Amber Ned at 604-852-4041 ex 107 or by email at [Amber Ned@sumasfirstnation.com](mailto:Amber.Ned@sumasfirstnation.com)

Dollywood Imagination Library

Reminder: Your child is eligible to receive a book in the mail every month from birth up to your child's 5th birthday! Sumas First Nation sponsors all Sumas children and non-Status children of Sumas parents to join the Imagination Library.

Each month following registration your child will receive a book in the mail that is age appropriate! Children love to be read to and the sooner you begin to read to your child the more in love with reading they become. For more information, contact Amber Ned at 604-852-4041 or email me at the email listed above.

Remember registration only takes a few minutes, once you have completed your form, I can sign you up!

Education

K-12

Congratulations to our secondary students, who worked diligently to maintain the academic standard of excellence at Yale Secondary. Each year, I remain proud to recognize and congratulate our 2021 Honour Roll Students and their families.

You make our community shine, way to go!

- Jeremiah Kelly-House, Gr. 9
- Emily Silver, Gr. 9
- Clayton Ritchie, Gr. 10
- Fraser Smith, Gr.10
- Jacqueline Silver, Gr. 12

YALE SECONDARY SCHOOL
HONOUR ROLL
 THIS ACKNOWLEDGES THAT

Jeremiah Kelly-House

Grade: 9

HAS ACHIEVED HONOUR ROLL IN SEMESTER 1
 WITH AN AVERAGE OF 91%

JANUARY 2021

Principal 



YALE SECONDARY SCHOOL
HONOUR ROLL
 THIS ACKNOWLEDGES THAT

Clayton Ritchie

Grade: 10

HAS ACHIEVED HONOUR ROLL IN SEMESTER 1
 WITH AN AVERAGE OF 93%

JANUARY 2021

Principal 



YALE SECONDARY SCHOOL
HONOUR ROLL
 THIS ACKNOWLEDGES THAT

Emily Silver

Grade: 9

HAS ACHIEVED HONOUR ROLL IN SEMESTER 1
 WITH AN AVERAGE OF 95%

JANUARY 2021

Principal 




YALE SECONDARY SCHOOL
HONOUR ROLL
 THIS ACKNOWLEDGES THAT

Jacqueline Silver

Grade: 12

HAS ACHIEVED HONOUR ROLL IN SEMESTER 1
 WITH AN AVERAGE OF 86%

JANUARY 2021

Principal 



YALE SECONDARY SCHOOL
HONOUR ROLL
 THIS ACKNOWLEDGES THAT

Fraser Smith

Grade: 10

HAS ACHIEVED HONOUR ROLL IN SEMESTER 1
 WITH AN AVERAGE OF 94%

JANUARY 2021

Principal 



SOCIAL DEVELOPMENT

Social Assistance Dates to Remember

- *Renewals Due:* March 18, 2021
- *Cheque Issue Date:* March 24, 2021

Employment & Training Opportunities through SASET

- Arborist
- Basic Security Training
- Culinary Arts
- Intro to Admin
- Online employment Prep

Contact David Jimmie, SASET @ 778-828-4332

or Lori Kelly, SFN @ 604-852-4041Ext 104.

Harm Reduction Supplies are available for pick up Monday-Friday
8:00am-4:00pm @ the Health Building.

Harm reduction is a public health approach that saves lives by minimizing harm and potential danger. A harm reduction approach recognizes that every life is valuable and that substance use and addiction are complex and challenging.

Lori Kelly
Social Development Worker
604-852-4041 Ext 104

COMMUNITY COVID LIAISON UPDATE



My name is Alyssa Villeneuve and I started my position as the Community Liaison Covid Focused February 1st. 2021. I have been reaching out to the community and members by phone, email, and Facebook to introduce myself and to get a number for people interested in receiving the COVID-19 vaccination.

Stay Home,
Stay Safe,
Stay Kind!

We have been busy creating our vaccination list and planning for the Sumas Covid vaccination clinic. I follow the COVID-19 updates and relay information in weekly Facebook posts and door to door notices. Part of my role so far had been to be in contact with members to answer questions, forward information and resources.

Please watch for social media posts and newsletters for regular updates!

Preventing COVID-19



Wash hands.



Stay home if sick.



Clean surfaces.



No close contact.

The Sumas Covid Vaccination Clinic was March 2nd, 2021 at the Longhouse we had a great turn out with a cultural drumming ceremony and cultural workers on site so members could be brushed off if they wanted after their appointments. The clinic went very smoothly and a big thank you to all those that helped make this happen for the community! We will be planning our second dose clinic for around 16 weeks later for those that received the first dose of the Pfizer vaccine on March 2nd, 2021.

Please feel free to contact me if you have any questions or concerns. You can reach me at 604-852-4041 local 111 or 604-217-6899 also by email at Alyssa.villeneuve@sumasfirstnation.com

SYMPTOMS



FEVER



COUGH



SHORTNESS
OF BREATH



SORE THROAT



HEADACHE



WHO DO YOU STAY HOME FOR?

Sumas First Nation is having a COVID Contest to enter submit a picture and short description of who you stay home for and what that person means to you. Send your entries to Alyssa Villeneuve at the Health building and your name will be entered for a gift card.

#ISTAYHOMEFORSEM:ATH

At this time, with the new COVID variants of concern occurring in BC we all need to remember to continue using all the prevention methods. Limit travel outside of your house as much as possible! When you go out for essentials please remember to wear your mask, bring hand sanitizer, and wash your hands.
#Istayhomefortheelders



COVID CONTEST!

WHO DO YOU STAY HOME FOR?



SUBMIT BY MARCH 19TH, 2021

WIN GIFT CARDS

ALYSSA VILLENEUVE
Community Liaison COVID-19
Focus



604-852-4041 local 111
604-217-6899
Alyssa.villeneuve@sumasfirstnation.com

Sto:lo Aboriginal Skills & Employment Training is pleased to offer:

Pre-apprentice Arborist Training



Are you interested in working outdoors, operating equipment and climbing/trimming trees?

Are you interested in pursuing a career within the arborist trade?

Are you an Indigenous person residing in the SASET catchment area?

Are you unemployed/underemployed or working in the industry and looking to become an apprentice?

Are you willing to commit to 3-weeks of training?



If so... We are presently accepting applications for this training opportunity. There are a limited number of seats so don't delay in scheduling an appointment with an employment counsellor today!

Program Start Date: March 1st, 2021

Program End Date: March 19th, 2021

Class Time: 8:00 am to 4:00 pm

Training will take place on-site at:

2D—7201 Vedder Rd, Chilliwack BC

V2R 4G5

**Please visit www.SASET.ca for
Employment Assistance Service hours at
other locations**

Program Includes:

- BC Wildlife Danger Tree Assessor's Course
- S-100 Fire Suppression
- Work Practices Managing Riparian Vegetation
- Occupational First Aid Level 1
- WHMIS
- Transportation Endorsement
- Fall Protection

**Lunch and Safety
Equipment provided**

For more information, contact us:



604-858-3691 or Toll Free: 1-888-845-4455



www.saset.ca



info@saset.ca



www.facebook.com/SASET.EAS

**Sto:lo Aboriginal
Skills &
Employment
Training is
pleased to offer:**

Basic Security Training



Program Start Date: March 22, 2021

Program End Date: March 26, 2021

Class Time: 9am - 4pm

If you are an Indigenous individual who:

- Is un- or under employed
- Resides in the SASET catchment area
- Is willing to commit to a 1-week full-time program
- Has interest in Basic Security employment opportunities
- Is in good health and is physically fit
- Is willing to work outside for some placements

If so... We are presently accepting applications for this training opportunity. There are a limited number of seats so don't delay in scheduling an appointment with an employment counsellor today!

Program will take place at:

8155 Aitken Rd, Chilliwack BC V2R 4H5

For more information, contact us:



604-858-3691 or 1-888-845-4455



www.saset.ca



www.facebook.com/SASET.EAS



info@saset.ca

Job Opportunities Available at:

- Construction Sites
- Shopping Malls
- Hospitals
- Post Secondary Institutes



Sto:lo Aboriginal Skills & Employment Training is pleased to offer the:

Culinary Arts Pre-Trade Program

NEXT CLASSES START: APRIL 5TH, 2021



Are you an Indigenous or Metis individual residing in the SASET catchment area who has an interest in the cooking profession?

If so, contact a SASET employment counsellor to book an appointment and complete the application package.

CONTACT US TODAY!

604-858-3691 Fax: 604-858-3528

Toll Free (BC): 1-888-845-4455



www.saset.ca



<https://www.facebook.com/SASET.EAS>



5579 Tyson Rd, Chilliwack,
BC V2R 0H9

Program Includes:

- ◇ Certificates: FoodSafe, First Aid Level 1, WHMIS, WCB Awareness
- ◇ Occupational Skills
- ◇ Stocks, soups and sauces
- ◇ Vegetables and fruits
- ◇ Starches
- ◇ Meats
- ◇ Poultry
- ◇ Seafood
- ◇ Garde-mange
- ◇ Eggs, breakfast cookery and dairy
- ◇ Baked good, desserts and beverages
- ◇ Basic kitchen management
- ◇ Two week practicum placement





BRITISH
COLUMBIA



Introduction to Administration Online Program

**STARTS
April 6th, 2021**

Are you an Indigenous Person who:

- Has an interest in Office Administration
- Is un- or under- employed
- Resides in our service area (Katzie to Boston Bar)
- Has access to a computer, with a webcam and internet
- Is willing to attend & commit to a 6 week full-time ONLINE program

Program Includes:

Microsoft Office
Business Communication & Writing
Filing System (Electric & Manual)
Phone & Email Etiquette
Managing Conflict
Customer Service
And More!

If so... we are presently accepting applications for this training opportunity. There are a limited number of seats, so don't delay in scheduling an appointment with an Employment Counselor!

For more information, contact us:



604-858-3691 or Toll Free: 1-888-845-4455



www.saset.ca



info@saset.ca



www.facebook.com/SASET.EAS

Online Employment Training

Canada 



Are you.....

- Looking to get certificates that are specific to your employment goals?
- Willing to commit to completing online programs?
- Eligible to work in Canada?

If So.....

we are presently accepting applications

Don't delay in scheduling an appointment with a SASET Employment Counsellor today to sign up!

Online Certificates

Customer Service (5-6 hrs)
Back Awareness (3 hrs)
Preventing Heat Stress (3 hrs)
WCB—Young workers (3 hrs)
WHMIS (3 hrs)
Intro to First Aid (3 hrs)

Date: TBD Time: 1:00—4:00PM

To Apply please

CONTACT [604-858-3691](tel:604-858-3691) OR email info@saset.ca

PLEASE VISIT WWW.SASET.CA FOR EMPLOYMENT ASSISTANCE SERVICE HOURS AT OUR OTHER LOCATIONS

ARE YOU....

- **An Indigenous individual needing some career direction?**
- **Looking for training that will land you that 'dream' job?**
- **Wanting to take steps towards your employment goals?**



If So.....

Don't delay in scheduling an appointment with a SASET Employment Counsellor! They are here to assist you in developing a realistic plan towards your future!



SOME ONLINE PROGRAMS:

Chemical Addiction Worker (NVIT)
Building Service Worker (UFV)
Early Childhood Education (UFV)
Office Administration (UFV)
Health Care Assistant (TRU)
Arborist (EITI)
Culinary Arts (UFV)
AND MUCH, MUCH MORE!!

SASET is here to assist individuals in employment and skills training to all Indigenous people residing in the SASET catchment area (Katzie to Boston Bar and three First Nation communities which are part of the Lower Stl'at'imx Tribal Council (LSTC): Samahquam, Skatin and Xa'xtsa) that are; status/non-status, on/off reserve regardless of their place of origin in Canada.

Contact us today and check us out online!



604-858-3691 or Toll Free: 1-888-845-4455



info@saset.ca



www.saset.ca



www.facebook.com/SASET.EAS



www.instagram.com/saset_chilliwack

Canada