





# THE SUMAS CURRENT


## MARCH


IN THIS ISSUE	
Page 2:	Announcements.
Page 3:	Busy Bear Pre-School Updates.
Page 5:	SASET Training.
Page 10:	News Central.

### What's Happening This Month?

 Community Health Nurses from Sto:lo will be at the Health Building every last Wednesday of each month between 10:00 am – 12:00 pm


 The Nurses come to the community to Administer Vaccinations as well as provide general health information.

 If you require any vaccinations, or are interested in meeting with the Community Health Nurses, feel free to contact Flora Silver at 604-852-4041 ext. 118 or [Flora.Silver@sumasfirstnation.com](mailto:Flora.Silver@sumasfirstnation.com)

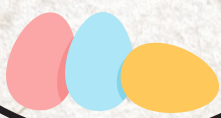
 Prenatal & Postnatal vouchers will also be available for pick up at the Health Building on the last Wednesday of each month.

### Season of the Moon

In the Stó:lō lunar year, the sixth month around March is called Welék'es – the little frog season as the **welék'** - little frog begins to croak around this time. The same month is also called **Qweloythi:lem** - making music because the birds start singing in March.



**OFFICE CLOSURE**  
**March 29, 2024**  
**Good Friday**  
**April 1, 2024**  
**Easter Monday**



# Announcements



**Emergency**

**All SFN Members and Community Members that join Connect Rocket will be entered to WIN A \$200 PREPAID VISA**

**We are excited to announce that we have launched Connect Rocket - an Emergency Notification system.**

**No app needed! Sign up to be notified instantly about emergencies within our community.**

**Please ensure that you are signed up for Connect Rocket before April 30th so that you can be entered into the draw!**

**Please sign up here: <https://sumasfirstnation.connectrocket.com/#>**

**All that already are signed up will be automatically entered!**

**For more information, please contact Dale Ganzeveld, Community Recovery Assistant at [Emergency.Department@SumasFirstNation.com](mailto:Emergency.Department@SumasFirstNation.com) or 604-852-4041 Ext. 228**

## **New Staff!**

Greetings everyone, my name is Kayla Sylvester and I am currently serving as the Executive Assistant to SFN leadership and the General Manager. Proud member of Chawathil First Nation, my professional journey began as an executive assistant at Tsawout First Nation in Victoria, BC, and later extended to Shxw'ow'hamel Ventures LP in Hope, BC.

I successfully completed the Health Care Assistant program, leveraging its values and communication skills in my current role. Beyond the professional realm, I am a dedicated mother of two boys.

Embracing the title of a "sports mom," I receive immense joy from supporting my boys in soccer, hockey, box lacrosse, and field lacrosse – cheering them on is my favorite hobby!



# THE BUSY BEAR CLUB PRESCHOOL UPDATES



## ÉY SWÁYEL

Welék'es (little frog season)

### This month:

- Spring Break: March 18th – 28th , daycare open, no preschool program running
- March 21st : No Afterschool Club
- March 28th: No Afterschool Club
- Good Friday: March 29th – We are closed
- Easter Monday: April 1st – We are closed
- Elders Lunch: March 14th – Children visiting and singing in Halq'emeylem

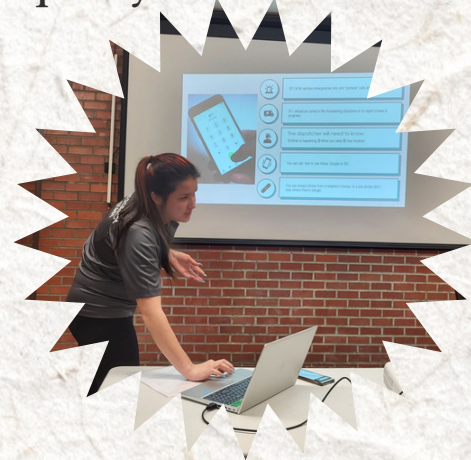


We have had so much fun last month. We had a Valentine's Day party where we made strawberry milkshakes, created Valentine "squishy cards", just to name a few of our fun activities. We also learned about the eagle and love taken from the 7 Teachings.

In February we honoured the Elders in our lives by hosting a tea for them. The children baked cookies and muffins and sang songs in Halq'emeylem for their beloved grandparents.

Our emergency preparedness workshop was well attended. A big thank you to Dale Ganzeveld for her informative presentation!

Our Halq'emeylem classes are continuing with Roxanne Dool. She is amazing with the children, and they love her. The children and staff are picking up the language and doing great. Thanks so much to Roxanne!



The Busy Bear Club Staff had a wonderful time attending a conference called "We are One, Holding Each Other Up" organized by The BC Aboriginal Child Care Society. Some of the workshops we attended were; Powwow Dancing for Children, Trauma Aware Communications, and Fun Ways to Incorporate Culture into your Programs and Classrooms. It was a great time for us as staff to network, connect, and build our team.

We would like to say thank you to one of our parent, Trista Tsang, Certified Specialist in Ortodontics & Dentofacial Orthopedics, who came and did a circle time with our children.

# THE BUSY BEAR CLUB PRESCHOOL UPDATES



We also would like to thank the team from Aboriginal Child and Youth Mental Health Services for sharing in our preschool program and holding an emotional literacy workshop for families. All families were given an emotional literacy kit to take home with resources to help support their children.

The team from Aboriginal Child and Youth Mental Health is coming to share in our ASC program in April/May.

Our survey completed by families in the preschool showed that there was high interest in traditional medicine workshop. As a result we are planning a traditional medicine workshop series for our preschool families in collaboration with Elders from the SFN community. Please see details in the “In – House” March newsletter. Also check your Lillio App (formerly HiMama) for messages and updates.



Habitat completed our playground projects. The children are enjoying our mini longhouse and going on “exciting journey’s” in our play canoe.

March brings rainy weather. We are enjoying our rainy weather by going on walks. The highlight for our little ones is jumping in puddles!

Thank you , Ts’ithóme tsel for entrusting your precious little one to us, we are honored to care for them.

*The Busy Bear Club Preschool Team*





# SASET TRAINING Spring Break Program

## Course Includes

- Food Safe
- First Aid
- Customer Service
- WHMIS
- WCB Awareness

## Location & Date

March 18 - 22 / 2024  
 5B - 7201 Vedder Rd  
 Chilliwack, BC




Lunch Provided!!

## Want to Register? Contact Us

 [info@saset.ca](mailto:info@saset.ca)

SASET - Chilliwack Office  
 604-858-3691

Sts'ailes Employment  
 Centre  
 604-796-5550

Canada 



Saset - Seabird Office  
 604-796-6865



## Course Includes

- Food Safe
- First Aid
- Customer Service
- WHMIS
- WCB Awareness

Lunch Provided!!

## SASET TRAINING


# Spring Break Program

## Location & Date

March 25- 28 / 2024

52142 Mathela Crest  
Rosedale, BC

## Want to Register? Contact Us

 [info@saset.ca](mailto:info@saset.ca)

SASET - Chilliwack Office  
604-858-3691

Sts'ailes Employment  
Centre  
604-526-5550

Saset - Seabird Office  
604-796-6865

# Canada



# SASET TRAINING

Sto:lo Aboriginal Skills & Employment Training

Is pleased to host the ...



## CONSTRUCTION TRAINING PROGRAM AT TS'ZIL LEARNING CENTRE



### Course Includes:

- WHMIS
- WCB Awareness
- Heat Stress
- Back Awareness
- Mini Excavator (2 Days)
- Fall Protection
- Respiratory Protection
- Skid Steer
- Forklift
- First Aid

## MARCH 25 - APRIL 5, 2024

Training will take place at Ts'zil Learning Centre  
125 Lillooet Lake Road, Mount Currie, BC, V0N 2K0  
Monday to Friday 8:30am to 4pm

Canada

SASET—Chilliwack Office  
5B-7201 Vedder Road  
Chilliwack, BC  
Phone: 604-858-3691

SASET—Sts'ailes Office  
4690 Salish Way  
Agassiz, BC  
Phone: 604-796-5536

SASET—Seabird Office  
2895 Chowat Road  
Agassiz, BC  
Phone: 604-796-6865



**SASET TRAINING**

**Canada**

**STOLO ABORIGINAL SKILLS &  
EMPLOYMENT TRAINING IS HOSTING A**

# **Traffic Control Training**

**April 4 & 5, 2024  
(8:30am - 4:30pm)**



---

**This training is open to  
Indigenous unemployed and  
underemployed people living in  
the SASET catchment area.**

---

**info@saset.ca  
5B - 7201 Vedder Rd,  
Chilliwack BC  
604-858-3691**

**SASET—Chilliwack Office  
5B-7201 Vedder Road  
Chilliwack, BC  
Phone: 604-858-3691**

**SASET— Sts'ailes Office  
4690 Salish Way  
Agassiz, BC  
Phone: 604-796-5536**

**SASET—Seabird Office  
2895 Chowat Road  
Agassiz, BC  
Phone: 604-796-6865**



# SASET TRAINING



Sto:lo Aboriginal Skills & Employment Training is pleased to offer

## CONSTRUCTION TRAINING PROGRAM



### Course Includes:

- First Aid Level 1
  - WHMIS
- Mini Excavator
  - Skid Steer
- Confined Space
- Traffic Control
  - And more !

## April 15 - 26, 2024

Training will take place on-site at Sto:lo Service Agency  
Building 5B, 7201 Vedder Road Chilliwack, BC  
Monday to Friday 8:30am to 4pm



SASET—Chilliwack Office  
5B-7201 Vedder Road  
Chilliwack, BC  
Phone: 604-858-3691

SASET— Sts'ailes Office  
4690 Salish Way  
Agassiz, BC  
Phone: 604-796-5536

SASET—Seabird Office  
2895 Chowat Road  
Agassiz, BC  
Phone: 604-796-6865

# NEWS CENTRAL

## A Celebration of Indigenous Culture and Heritage: Abby Canucks First Nations Night | Abbotsford Canucks

The Abbotsford Canucks are excited to release further details about First Nations Night on February 28th. [https://abbotsford.canucks.com/news/a-celebration-of-indigenous-culture-and-heritage-](https://abbotsford.canucks.com/news/a-celebration-of-indigenous-culture-and-heritage-abby-canucks-first-nations-night)

 canucks.com

[celebration-of-indigenous-culture-and-heritage-abby-canucks-first-nations-night](https://abbotsford.canucks.com/news/a-celebration-of-indigenous-culture-and-heritage-abby-canucks-first-nations-night)



# NEWS CENTRAL



## B.C. funding \$76.6 million in pump station improvements for Abbotsford - BC

According to Abbotsford Mayor Ross Siemens, the Barrowtown Pump Station is likely 'the most significant component' of the city's flood mitigation.

Global News / Feb 15

<https://globalnews.ca/news/10295274/b-c-funding-pump-station-abbotsford/>



Protecting people on the Sumas Prairie from flooding

BC StrongerBC

## Improvements to Abbotsford pump station build resilience, make people safer

To help protect people, communities and farmland in the Fraser Valley's Sumas Prairie from future flood events, the Barrowtown Pump Station in Abbotsford will receive significant flood-resilience upgrades.

BCGovNews

<https://news.gov.bc.ca/releases/2024PRE M0006-000201>



## Abbotsford gets \$76.6M from province for pump-station upgrades

Barrowtown project designed to make Sumas Prairie more resilient to flooding

<https://www.abbynews.com/local-news/abbotsford-gets-766m-from-province-for-pump-station-upgrades-7318163>

# LET'S EMÓ:T

One Heart One Mind

