





THE SUMAS CURRENT





Xwoyíwelmet Tá:l Swáyel Happy Mothers Day!

What's Happening This Month?

 Community Health Nurses from Sto:lo will be at the Health Building every last Wednesday of each month between 10:00 am – 12:00 pm

 The Nurses come to the community to Administer Vaccinations as well as provide general health information.

 If you require any vaccinations, or are interested in meeting with the Community Health Nurses, feel free to contact Flora Silver at 604-852-4041 ext. 118 or Flora.Silver@sumasfirstnation.com

 Elders Lunches every Thursday at the Health Building.

Tem'elile • salmonberry time

In the Stó:lō lunar year, the eight month, around May, is salmonberry time, Tem'elile. These are the first berries out and signal the beginning of six or seven months of berry picking time.

IN THIS ISSUE

Page 2: Upcoming Events.

Page 3: Staff Updates.

Page 4: Busy Bear School Updates.

Page 5: Lands Department Updates.

Page 8: Finance Department Updates.

Page 9: Job Postings & Training.

Page 13: News Central.

Tá:l Mother

OFFICE
CLOSURE

May 20, 2024
Victoria Day

Upcoming Events

DOOR
PRIZES

JOIN US FOR OUR

Emergency Preparedness Fair

FRIDAY MAY 10TH 2024
3:00 PM - 6:00 PM

Meet emergency department staff have informative discussions with first responders & learn more about family emergency plans

Bouncy Castle
Carnival Games
Kids Activity Table
Balloon Twisting
Face Painting
Obstacle Course

2800 SUMAS MOUNTAIN RD

EMERGENCY.DEPARTMENT@SUMASFIRSTNATION.COM

SFN STAFF UPDATES

NEW HIRES



Ey swayel mekw'ewat, Jacqueline tel skwix teli tsel kwa Semá:th!

Hello everyone, my name is Jacqueline Silver and I have been born and raised within Sumas. My parents are Jennette Pierre (nee Silver) and Michael Ned. My grandparents are Herman and Barbara Silver, and Clarence Ned. I'm thrilled to join the Sumas First Nation Emergency Department as the Recovery and Preparedness Assistant. I will be assisting the Disaster Recovery Manager, Jenna Noppen. And I'm eager to contribute to our community's safety. With three years at the University of the Fraser Valley, focusing on Advanced Upper River Halq'emeylem, and recent graduation

from the Intermediate Level of Upper River Halq'emeylem, I bring both cultural understanding and academic dedication to my role. Beyond academics, I've spent five years competing in war canoe racing with the Vikki-Lynn Canoe Club and crafting beaded earrings and keychains. I'm excited to apply my skills to enhance resilience, community preparedness and safety within Semá:th.

Thank you for this opportunity to serve our community.



THE BUSY BEAR CLUB PRESCHOOL UPDATES

ÉY SWÁYEL

This month:

- Monday, May 20th – Closed for Stat Holiday (Victoria Day)
- Saturday May 18th, Saturday June 15th – Herbal Remedies Classes hosted by Busy Bear Club Preschool (sign up at the preschool)

During May, we will be spending most of our time outside, gardening, going for walks and playing in the playground.



Last month we had a visit from Aboriginal Child and Youth Mental Health. The team from ACYMH facilitated an emotional literacy workshop for our children. They also shared with families how to access available resources.

Earth Day clean-up was a great learning experience for the children. They learned how we take care of Mother Earth.

Trudy Watson shared her knowledge of how to harvest cedar with the children. It was a wonderful learning experience for the children. Thank you, Trudy!

Sasha Tuttle shared her knowledge of plants with the children down at the band office garden. The children enjoyed learning about salmon berries and other native plants. Thank you, Sasha!

The Herbal Remedies workshop was enjoyed by all participants. Thank you, Sophie Loewen and Trudy Watson for facilitating the workshop.

The children will be visiting the Elders this month and singing the new Halq'emeylem songs they are learning.

In- House Newsletters have been sent to each program at the daycare with important information.

Ts'ithóme tsel – thank you,

The Busy Bear Club Preschool

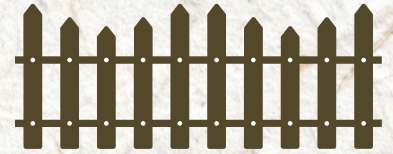
LANDS DEPARTMENT

Fencing

Fence installations around homes are done for many different reasons.



- If you are planning on installing a fence you must **locate the Survey Pins around your property.**
- **Call before you dig.** BC One Call is a central agency where you call to find out what is buried on your site such as pipelines, telecommunications cables, water and sewage lines and electrical wires. Knowing what is on your property eliminates the risk of accidents when digging or excavating. Contact BC One Call at 1-800-474-6886 or *6886 from your cell phone.
- **If you are on a corner lot you cannot not obstruct any roadway/sidewalk views.**
- Be a **good neighbour.** Before selecting your fencing preferences, it is equally important to consider your neighbors by being a good neighbor. It is important to consult your neighbours - especially if they will be sharing the fence. In case they are not satisfied with the height or material of the fence chosen, it could lead to major problems in the long run. Therefore, you should aim to be reasonable while making sure that you are clear about your property boundaries.



Reasons for installing a fence:

- **Safety:** Protection is one of the main reasons for fence installation. A fence is a practical and attractive solution for keeping small children and pets from wandering away from your home. If you have a backyard pool, a fence may be required by law.
- **Security:** A fence keeps your family safe by making it harder for someone or wild animals to enter your yard and home.
- **Establish Boundaries:** A fence forms a physical boundary that clearly separates your yard from your neighbor's.
- **Privacy:** Outdoor living areas are extensions of our homes. A privacy fence creates added visual boundaries so you can relax without being on display to the neighborhood.
- **Curb Appeal:** Fences can make a style statement. Some are installed just because they improve the look of your home.

INVASIVE PLANT ALERT: KNOTWEEDS

Knotweeds are a group of invasive plants that are causing significant damage to ecosystems in North America. Knotweeds are native to Asia, but were introduced to North America as ornamental plants. Unfortunately, knotweeds have escaped cultivation and are now causing serious problems.

Knotweeds grow rapidly, outcompeting native plants. They are difficult to control, as they can regenerate from small fragments of their root system. Knotweeds can damage buildings, roads, and other infrastructure, as their roots can grow through concrete (Figure 1) and asphalt.



Fig 1. Knotweed growing through concrete

Knotweed has hollow stems that look similar to bamboo (Figure 2) and can reach heights of 3 - 4 m (10 - 13 ft) tall. It's typical to see much smaller, purple to green colored stems sprouting through cracks in pavement (Figure 3).

Fig 2. Bamboo-like stem of a Japanese knotweed



Fig 3. Small Japanese knotweed shoot

If you see knotweed...



Avoid trimming/cutting the weed as this can cause further spread!

Do NOT apply weed killers. Most household herbicides will be ineffective.

Do NOT dump knotweed contaminated soil. You can be heavily fined for doing so!

There are several species of knotweeds, including Japanese knotweed, giant knotweed, and Bohemian knotweed. All of these species are invasive in North America and should be removed if found.

If you spot knotweeds in your area contact **April Schwartz** to help with removal.

Contact: April.schwartz@sumasfirstnation.com

FINANCE DEPARTMENT



The Finance department is preparing for the annual audit of Sumas First Nation's March 31, 2024 financial year. The auditors, Manning Elliott will be working on the audit through the summer and have the final financial statements done by July 31, 2024. These financial statements will be presented to the community in the early Fall months, we look forward to seeing you all there.

The Elders Distribution is coming up at the end of June, please ensure you have submitted change of addresses or changes to your banking information if you are signed up for Direct Deposit. Please reach out to Finance for the Sign Up / Change for Direct Deposit form if this applies to you. We encourage you to sign up for Direct Deposit, as this is a much quicker, safer way of receiving your distributions.

Any questions please reach out. The Finance Manager can be reached at Neelum.buttar@sumasfirstnation.com if you have questions or concerns.

JOB POSTINGS



Mamele'awt Qweesome /To'o Housing Society

604-820-3324 🏠 www.mqhs.ca 🏠 PO Box 3563 Mission BC V2V 4L1

SUMMER EMPLOYMENT OPPORTUNITY

Job Title: Classroom and kitchen assistant
Reports To: Program Coordinator
Location: 45603 Yale Road Chilliwack, BC
Term: 13 weeks ending September 1, 2023. 2 positions available

About: Smameletawtxw/Little Pebbles Daycare

We are an Aboriginal Head Start Daycare licensed to care for 25 children aged 0-5 years old. We have an amazing team that works to incorporate First Nations culture and language into all that we do. We are fortunate to have 2 Elders that are a regular part of our program. We are open 8-5 Monday to Friday and gather with our families once a month outside of daycare hours.

Position Overview

This contract position is 35 hours a week and is 13 weeks in duration. The successful candidate for this position will assist in the daily operation of a licensed Aboriginal Head Start daycare. This position is open to Indigenous applicants living in the SASET catchment area and returning to school in the fall.

Responsibilities

- Help to ensure a healthy, safe, clean, and developmentally appropriate environment for children.
- Ability to work with Aboriginal families, willingness to share and participate in cultural activities and ability to work independently or as part of a team.
- Assist in the preparation of food and cleanup afterwards. Knows food allergens of program children and ensures they are not exposed to food allergens.
- Assist children in expressing themselves by listening and responding with questions or comments that extend conversations. Read, do puzzles, bake and other activities with children.

Qualifications

Successful candidates are subject to a satisfactory Criminal Record Clearance

Please submit resume & covering letter to Susan Horton

Via email to coordinator@ahsdaycare.ca

Little Pebbles thanks all applicants for their interest, only those selected for an interview will be contacted.

This position is funded through SASET in partnership with Service Canada



WE'RE HIRING

LABOURERS

ABBOTSFORD, BC



Duties and responsibilities include:

- » Load and unload construction materials and move materials to work areas.
- » Erect/install and dismantle concrete forms, scaffolding, ramps, catwalks, shoring and barricades required at construction sites.
- » Place and vibrate concrete.
- » Assist tradespersons such as carpenters and cement finishers in construction activities.
- » Level earth to fine grade specifications using rake and shovel.
- » Additional duties as required.

Why Work At Clark Builders:

- ✓ Competitive Wages
- ✓ Opportunity to work overtime hours
- ✓ Indigenous Employee Resource Group
- ✓ Indigenous Cultural Awareness Training
- ✓ Employer RRSP Matching Program
- ✓ Employee and Family Assistance (EFAP) program
- ✓ Basic PPE provided, just bring your own steel toed boots
- ✓ Safety training will be provided
- ✓ Employee referral program – earn a cash bonus if the candidate you refer passes their 90-day probation.

Wage: \$18.00-\$23.00

**LET'S BUILD THE FUTURE
OF CONSTRUCTION
TOGETHER**
CLARKBUILDERS.COM



Send your resume to
careers@clarkbuilders.com



SASET TRAINING

IT Apprenticeship

Program for Indigenous Peoples

About the program

Designed by the Indigenous community for the Indigenous community, this program recruits applicants for entry-level positions in IT with learning and development opportunities across the federal government.

A 24-month structured program consisting of a mix of work integrated on-the-job learning and online training. At the end of the 24-month term, you will have marketable experience and in-demand skills, as well as the confidence necessary to contribute as part of Canada's digital workforce, both within and outside the federal public service.

PAID TRAINING
starting from
\$29.00 - \$33.00
per hour

**Apply today to start your journey
to a career in Information Technology**

How to Apply

Please send your résumé and cover letter explaining your passion for IT and why you're interested in joining the program to:

edsc.pda-iap.esdc@hrsdc-rhdcc.gc.ca

A team member will contact you in 5-10 business days.



Is this program right for you?

If you are First Nations, an Inuk, or Métis, and if you have a passion for technology, then this program could be for you!

Apprentices who are involved in the program say that it is "life-changing" and that "there are no barriers to succeeding in this program".

Have questions?

Send us an email and a member of our team will be happy to meet with you to answer any questions you have.

Sto:lo Aboriginal Skills & Employment Training is pleased to offer the:

Culinary Arts

Pre-Trade Program

September 11th—December 1st, 2023



Are you an Indigenous individual residing in the SASET catchment area who has an interest in the cooking profession?

If so, contact a SASET employment counsellor to book an appointment and complete the application package.

CONTACT US TODAY!

604-858-3691 Fax: 604-858-3528

Toll Free (BC): 1-888-845-4455

www.saset.ca

<https://www.facebook.com/SASET.EAS>

5579 Tyson Rd, Chilliwack,
BC V2R 0H9

Program Includes:

- ◇ Certificates: FoodSafe, First Aid level 1, WHMIS, WCB Awareness
- ◇ Occupational Skills
- ◇ Stocks, soups and sauces
- ◇ Vegetables and fruits
- ◇ Starches
- ◇ Meats
- ◇ Poultry
- ◇ Seafood
- ◇ Garde-mange
- ◇ Eggs, breakfast cookery and dairy
- ◇ Baked good, desserts and beverages
- ◇ Basic kitchen management
- ◇ Two week practicum placement



NEWS CENTRAL



<https://globalnews.ca/video/10461398/b-c-land-purchase-protects-sacred-indigenous-site>



<https://www.cbc.ca/player/play/audio/9.4222154>



<https://www.cbc.ca/newsinteractives/features/living-with-trans-mountain>

Living with Trans Mountain

After a decade of work, oil is flowing through the Trans Mountain pipeline