



# Peló:qes

## *February Newsletter*

The fourth month, around January, is called **Peló:qes** which means *torch season*. This is a time when torches, peló:qel, are made out of dried sockeye salmon heads and used at night when spearing fish from canoes (torch lighting). The fish can be seen by the light reflecting from their scales when the water is real clear, as it is in the end of January. Today pitch torches or lanterns are used.

### Topics

### Page

Community Events & Programs

2-15

Sumas Dept. Updates

16-29

Community Notices & On-  
Reserve Programs

30-36

Social Assistance, Financial Aid,  
& Disability

37-41

Volunteer & Job Opportunities

42-60

Classes & SASET Programs

61-70

### Office Closures

February 17th  
(Family Day)

---

# Community Events & Programs

*Pages 2-15*

# Journey to Healing Trauma

## *5-Day Workshop*

Join Sumas First Nation's Healing Homes Department in collaboration with Restoring Balance Consulting for this unique trauma training workshop.

This workshop is designed to give participants the right background information and skills to help host trauma workshops in the future, bringing health and healing to communities.



### About Restoring Balance Consulting's Workshops

These interactive workshops are designed for community members, workers, and caregivers who are on their journey to healing trauma.

The foundation to healing trauma is "understanding how trauma impacts the mind, body and spirit and knowing how to release the traumatic stress/emotion from the body (muscles and organs) in a safe way".

**Dates:** Feb 10-14, 2025

**Time:** 9:00 AM - 4:00 PM

**Location:** 44680 Schweyey Road (Shxwhá:y Village), Chilliwack, BC

### How to Register

Please email Dionne Shaw (Healing Homes Manager, Sumas First Nation):

[dionne.shaw@sumasfirstnation.com](mailto:dionne.shaw@sumasfirstnation.com)

# Ey kwesé e'mi

WELCOME - IT IS GOOD THAT YOU ARE HERE b.wyse

## Adult Halq'eméylem Language Class

Every Wednesday

Starts Jan 15, 2025

Health Boardroom

6:00-7:00 pm

Taught by: Aiden Silver

Adult Language Class

Free Class

### Halq'eméylem Classes with Aiden Silver are back!

Learn beginner-level traditional phrases and words in **Halq'eméylem**, the language of the Semá:th people. Aiden Silver is a Semá:th band member and will be leading these classes.

This is a **FREE** language class, made possible and offered on-reserve through our Healing Homes Department. Special thanks to Dionne Shaw & Lyndy Silver with Healing Homes, and to Aiden Shaw for his instruction!



Classes are geared towards adult learners



Sumas First Nation  
Healing Homes  
Department

### How to Register:

Please email Dionne Shaw to register: [dionne.shaw@sumasfirstnation.com](mailto:dionne.shaw@sumasfirstnation.com)



# Youth Halq'eméylem Language Class

Monday-Thursday

Starts Jan 06, 2025

SFN Youth Portable

3:30-4:30 pm

Taught by: Jonny Shaw

Youth Language Class

Free Class

## Learn Halq'eméylem through song, dance, & movement

Have fun learning **Halq'eméylem** through Total Physical Response (TPR). TPR is a way to learn language through movement; through TRP you will learn commands, sentences, and even short stories.

Song and dance are fun and effective ways to remember the language and create more opportunity for retention.

We will also be sharing traditional songs, dances, history, and protocols. This class is geared towards youth ages 0-15 but all ages are welcome to participate.



Sumas First Nation  
Healing Homes  
Department

### How to Register:

Please email Dionne Shaw to register: [dionne.shaw@sumasfirstnation.com](mailto:dionne.shaw@sumasfirstnation.com)

# HARM REDUCTION WORKSHOP

## WHAT YOU'LL LEARN

- Safe detoxing at home
- How to approach family and steps to detox properly
- The principles of harm reduction
- How to recognize the signs of an opioid overdose.
- Safe and effective use of Naloxone kits.
- Resources and supports available in our community.

## EVENT DATE & TIME

TUESDAY FEB

25

12:00-3:00  
Lunch Included  
Health Building

TUESDAY FEB

25

5:00-8:00  
Dinner Included  
Health Building

We invite you to a training session on Harm Reduction, Naloxone Kit Use, and Safe Detox Practices. This hands-on workshop is designed to equip participants with the skills to respond effectively to opioid overdoses, while also fostering safer practices within our community.

In addition to learning how to use a Naloxone kit, this session will cover safe detoxing at home and provide guidance on family-centered approaches to support loved ones through detox. You'll gain practical steps to ensure the process is handled safely and with proper understanding.

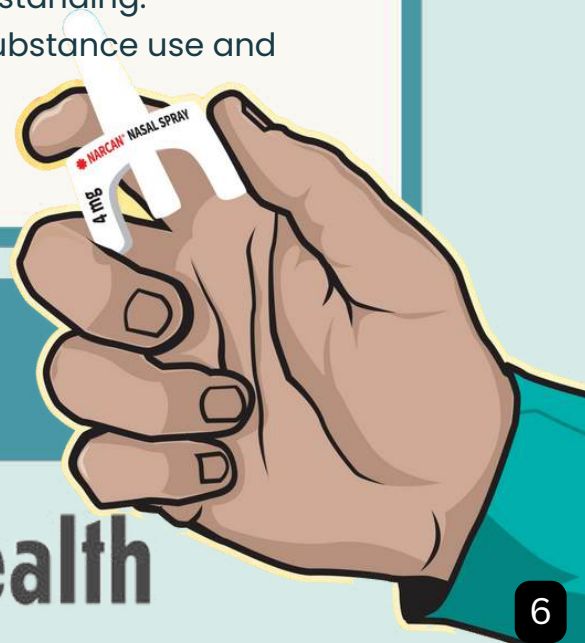
Together, we can reduce the risks associated with substance use and create a healthier, safer community for all.

## IF YOU HAVE ANY QUESTIONS PLEASE CONTACT:

[Emergency.Department@SumasFirstNation.com](mailto:Emergency.Department@SumasFirstNation.com)  
[Lori.Stromquist@SumasFirstNation.com](mailto:Lori.Stromquist@SumasFirstNation.com)



fraser health





**Semá:th**  
Sumas First Nation

## Come and Sing with Me!

Every Tuesday

Starts Jan 14, 2025

Skwah Band Hall

4:30 – 6:30 pm

### Enjoy songs and dinner with community members every week!

Join us every Tuesday at the Skwah Band Hall for a fun singing class that includes dinner. Starts January 14 and runs every Tuesday until February 25. **All ages welcome!**

**Location: Skwah Band Hall (619 Lower Landing Rd, Chilliwack, BC V2P 8A8)**



All ages welcome!



Sumas First Nation  
**Healing Homes  
Department**

### How to Register:

Please email Dionne Shaw to register: [dionne.shaw@sumasfirstnation.com](mailto:dionne.shaw@sumasfirstnation.com)

# LUNCH with LYNDY

*Open to all those in need of a hot meal*



## About Our Program

At the Soup Kitchen, our mission is to provide nourishing meals and support to those in need. We are dedicated to serving homeless individuals and those struggling with addiction, or those that are simply in need of a hot meal. Our aim is to offer not just food, but also a caring & supportive environment for all those in need.



Sumas First Nation  
Healing Homes  
Department

Every Tuesday &  
Wednesday

12:30 – 2:30 pm

Health Building  
Boardroom

## What we offer:

- ▶ **Hot Meals:** Freshly prepared meals served every Wednesday.
- ▶ **Support Services:** Access to resources and information to help individuals on their path to recovery.
- ▶ **Safe Space:** A welcoming and non-judgmental environment where everyone is treated with dignity and respect.



## Location

Sumas First Nation Health Building  
Boardroom (2788 Sumas Mountain Rd,  
Abbotsford, BC V3G2J2)



## How You Can Help

Spread the word! Help us reach those who need our services. If you or someone you know is in need of assistance, please don't hesitate to reach out. Everyone deserves a helping hand and a warm meal

For more information  
please contact:

Lyndy Silver  
[lyndy.silver@sumasfirstnation.com](mailto:lyndy.silver@sumasfirstnation.com)



# Lands Notice: Garbage Collection System



**Dear Community Members,**

We hope this message finds you well. As of December 19, 2024, our community has implemented a new garbage disposal system. To ensure a smooth and efficient process, we kindly ask that all disposal items be placed **inside the bins**. Unfortunately, materials left outside the bins, whether in bags or on top, **cannot** be collected.

To assist with the automated pickup system, please place your bins **near the road curb by 7:00 AM**, ensuring there is a minimum of **1 foot of space** between each bin. This small adjustment will allow the automated trucks to collect the bins with ease.

We sincerely appreciate your cooperation and encourage you to take a moment to familiarize yourself with the new system. Your attention to these details helps keep our community clean and organized.

## **Garbage Collection (Black Bin)**

1. **Keep Lids Closed:** Please ensure that the lids of all garbage bins are closed to prevent rainwater from filling them.
2. **Garbage Placement:** All garbage must be placed inside the bins, not on the lid.
3. **Curbside Pickup Time:** Please have your garbage bins at the roadside curb every Thursday by 7:00 AM.

## **Recycle Collection (Blue top bin)**

1. **Keep Lids Closed:** Please make sure that the lids of all recycling bins are closed to prevent rainwater from accumulating inside.
2. **Recycling Placement:** All recyclables must be placed inside the bins, not on the lid.
3. **Curbside Pickup Time:** Please have your recycle bins at the roadside curb every Thursday by 7:00 AM.

## **Organics Collection (Green bin)**

1. **Keep Lids Closed:** Keep the lids of all organic's bins closed to avoid rainwater collection.
2. **Organics Placement:** Please place all organics inside the bins, not on the lid.
3. **Curbside Pickup Time:** Please have your Organics bins at the roadside curb every Thursday by 7:00 AM.
4. **Acceptable Materials:** Only organic materials are accepted. No plastic or garbage. The only acceptable organic bags are the **paper ones with a sucrose liner** (available at Canadian Tire, Home Depot, etc. Please see the attached picture for reference).
5. **Contaminated Organics:** If non-organic items are found in your organic's bins, it will be yellow tagged and will not be collected. The organic bin will then be collected next Thursday, once the banned items have been removed.

## Guidance on Disposal of Game, Meat, Bones, and Fish Viscera (guts)

We ask for your cooperation in following proper disposal practices for organic materials.

1. **Green Organic Bin:** For small quantities of kitchen waste that may include meat and bones, may be placed in the organic green bins.
2. **Black Garbage Bin:** Game meat, bones, and fish viscera(guts) should be securely double-bagged and placed in the black garbage bins.

Thank you for your cooperation in helping us keep our community clean and maintaining an efficient waste management system.

If you have any questions, please don't hesitate to contact:

Sasha Tuttle: [sasha.tuttle@sumasfirstnation.com](mailto:sasha.tuttle@sumasfirstnation.com)

Harmeet Rai: [Harmeet.Rai@sumasfirstnation.com](mailto:Harmeet.Rai@sumasfirstnation.com)



**Acceptable Organic Bags**

# TIME TO BE WASTE WISE!

The Fraser Valley Regional District has adopted a waste sorting bylaw.

It applies to all owners or occupiers of residential, commercial, industrial and institutional properties in Abbotsford, Chilliwack, Harrison Hot Springs, Hope, Agassiz, Mission and all FVRD Electoral Areas.

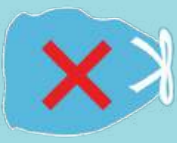
To comply, recyclable and compostable material must be sorted out of the garbage. This means you will need different bins for recycling, compost, and garbage. These three types of material must be sorted, kept separate, and delivered to authorized facilities either by you or by a private hauler.

Many helpful resources are available at [BeWasteWise.com](http://BeWasteWise.com) or call 1-800-667-4321 if you have questions.

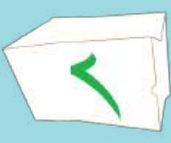
## WHAT BAGS CAN I USE?



Only garbage destined for the landfill can be bagged in plastic prior to disposal.



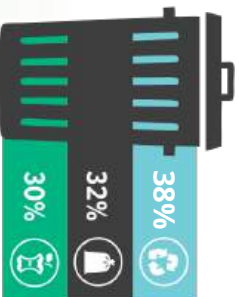
Bags will not be accepted with recyclables



Use only paper bags to line your kitchen catcher and/or compost bin. Plastic bags, even those labelled compostable or biodegradable, are not accepted with compostables.

## Did you know...

Almost 2/3 of garbage currently sent to landfills in our region can be recycled or composted.



Start today. Sort it out!

## TO LEARN MORE

Visit [BeWasteWise.com](http://BeWasteWise.com) or Call the Recycling Council of BC at 1-800-667-4321.



# SORTING OUR WASTE



[BEWASTEWISE.COM](http://BEWASTEWISE.COM)

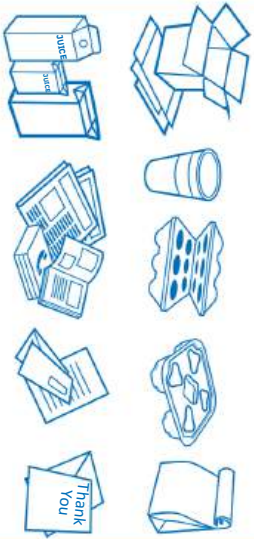
# RECYCLING

## PLASTIC PRODUCTS



- ✓ Milk Jugs
- ✓ Clamshell Packaging
- ✓ Food Tubs & Lids
- ✓ Plastic Beverage Containers

## PAPER PRODUCTS



- ✓ Boxboard
- ✓ Cardboard
- ✓ Paper Cups
- ✓ Paper Egg Cartons
- ✓ Paper Food Bags
- ✓ Tetra Pak® Containers
- ✓ Magazines
- ✓ Phone Books
- ✓ Greeting Cards
- ✓ Newspapers
- ✓ Flyers
- ✓ Envelopes
- ✓ Loose Leaf Paper

## METAL CONTAINERS



- ✓ Aerosol Spray Cans
- ✓ Aluminum Cans
- ✓ Aluminum Foils & Trays
- ✓ Tin Cans & Lids

# COMPOST

## FOOD WASTE



- ✓ Fruits & Vegetables
- ✓ Dairy Products
- ✓ Eggs & Egg Shells
- ✓ Pasta & Grains
- ✓ Baked Goods
- ✓ Chips & Crackers
- ✓ Meat, Poultry & Bones
- ✓ Fish & Seafood
- ✓ Plate Scrapings
- ✓ Salad & Dressing
- ✓ Tea Bags & Tags
- ✓ Coffee Grounds & Filters

## FOOD-SOILED PAPER & WOODEN UTENSILS



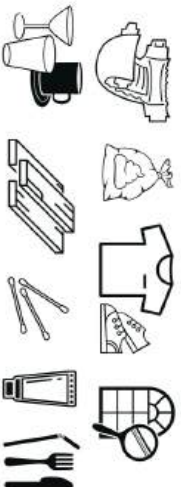
- ✓ Paper Plates
- ✓ Paper Towels
- ✓ Napkins & Tissue Paper
- ✓ Paper Takeout Containers
- ✓ Wooden Chop Sticks
- ✓ Skewers
- ✓ Stir Sticks
- ✓ Toothpicks

## YARD WASTE



- ✓ Flowers & Weeds
- ✓ Grass Clippings
- ✓ Leaves & Moss
- ✓ Plants & Shrubs (No Soil or Rocks)
- ✓ Small Trimmings & Branches

# LANDFILL



- ✓ Diapers
- ✓ Pet Waste
- ✓ Non-Reusable Clothing & Foot Ware
- ✓ Ceramics & Window Glass
- ✓ Painted or Treated Wood
- ✓ Personal Hygiene Products
- ✓ Plastic Squeeze Tubes
- ✓ Straws & Plastic Cutlery

## TAKE THESE ITEMS TO YOUR NEAREST BOTTLE DEPOT FOR FREE RECYCLING



- ✓ Refundable Beverage Containers
- ✓ Batteries
- ✓ Electronics
- ✓ Small Electrical Appliances
- ✓ Light Bulbs
- ✓ Crinkly, Cellophane Wrappers & Bags
- ✓ Pesticides & Flammable Liquids
- ✓ Paint Cans
- ✓ Glass Containers
- ✓ Foam Packaging
- ✓ Plastic Bags & Overwrap



BC FIRST NATIONS  
JUSTICE COUNCIL

FEB 04, 2025  
1PM - 4PM

# JOIN OUR FREE CLINIC

JOIN OUR DROP-IN LEGAL CLINIC  
TUESDAY, FEBRUARY 04 • 1-4PM

## **Chilliwack Indigenous Justice Centre**

lawyers will be available for  
general legal advice for  
First Nation, Métis and Inuit persons.

**Tuesday | February 04 | 1pm-4pm**

**Chilliwack Indigenous Justice Centre  
201-46140 Yale Road (In District 1881)**

**Questions? Contact Natalie at 778.704.1666 or  
Natalie.Brandon-George@bcfnjc.com**



@bcfnjc

 [bcfnjc.com](https://bcfnjc.com)

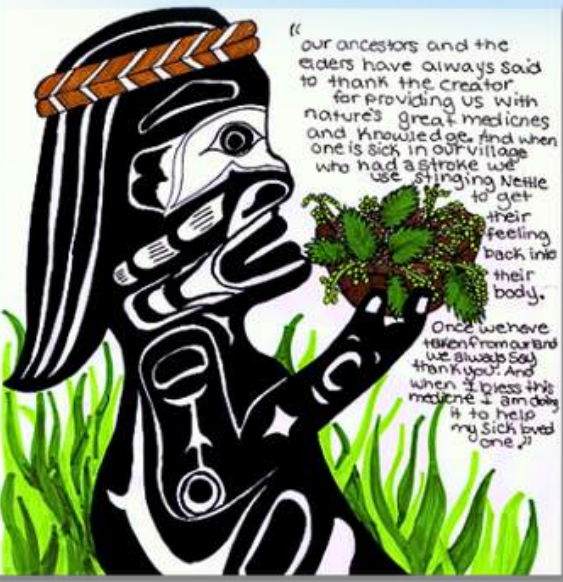


## PHOTO, VIDEO & ART CONTEST FOR CANADIAN INDIGENOUS YOUTH

Celebrating the rich cultural & heritage traditions of Indigenous people, FORED sponsors this annual contest with cash prizes for Indigenous youth.

**DEADLINE:  
MAY 23, 2025**

Theme: **Traditional Knowledge & Medicine** Prize: 4 x \$150 prizes with at least one national winner. *Group work shares prize.* 💰



Interview a local elder about homemade salal tea on video? Creativity of all kinds is welcomed.

Contest Details: Please submit entries via the easy entry form on our website. <https://www.foredbc.org/traditional-knowledge-contest>  
Entries may also be mailed to the address at bottom.

- Eligibility: youths aged 5-18 of First Nations, Inuit, Métis, or self-declared ancestry.
- Participants must include their name, band affiliation/ancestry, home address, phone & email address, parent & teacher contact, grade & school on [website entry form](#) or with mailed entries.
- Please include a brief description of how your artwork relates to traditional knowledge and medicine. **DEADLINE: May 23/25**

- All original artistic work accepted: i.e. pencil, crayon, paint, mural, collage, photos, animations, videos etc. (.jpg, .pdf, .png, .mp4, .MOV). **Minimum image size 2MB.** Videos must be less than 3 min. **Please have someone take a photo of you with your artwork if possible.**
- By entering, winners agree their names & entries can be published in local & social media, or displayed on BC Ministry of Education sites for Indigenous People's Day, June 21, & our [website](#).
- All entrants qualify for complimentary, honorary youth membership. No commercial use of entries.
- **Mailed entries won't be returned. Only winners will be notified.**
- See how Indigenous volunteer mentors integrate traditional knowledge into natural resources practices on our [YouTube](#). **Follow us on social @foredbc.**
- Complimentary teacher & youth activities by age group on Indigenous culture available [here](#).

**Questions? Email [education@foredbc.org](mailto:education@foredbc.org).**

FORED BC is a charitable association established in 1925. We work with volunteers on community-based sustainability projects. We thank our generous donors; the Province of BC & the Vancouver Foundation.



#213 - 4481 W.10th Ave. Vancouver, BC V6R 4R8  
P: 604-737-8555 E: [info@foredbc.org](mailto:info@foredbc.org) W: [foredbc.org](http://foredbc.org)

Support balanced education about our environment & sustainable natural resources. Trusted since 1925.





# Ruby Creek

ART GALLERY

## Meet **GEORGE PRICE**

- Witness Coast Salish carver George Price creating new art pieces
- Cedar Bark Weaving - help George as he attempts to make the world's largest cedar rope ball
- Engage with the artist and learn about First Nations culture
- Have your photo taken with the artist
- Enjoy a treat (while quantities last)



## Artist Demo



Friday, Feb. 7th and Saturday, Feb. 8th  
11 am to 3 pm both days  
***Everyone welcome!***

**Great Valentine's Day gifts!**

---

# Sumas Department Updates

*Pages 16-29*



## Sysco Frozen Meat Hampers

Sign up for Sysco Frozen Meat Hampers! To sign up, please contact Alana James. Email: [alana.james@sumasfirstnation.com](mailto:alana.james@sumasfirstnation.com). Phone: 604-852-4041 ext. 202.

Currently all spaces are filled for off-reserve. A wishlist for cancellations / no shows has been started. You may still email to be placed on the waitlist.



**SYSCO FROZEN MEAT HAMPER**

*Pre-Order*

**ORDER INCLUDES:**

- 16 X 4OZ CHICKEN BREAST
- 2LB BACON
- 3LB OF GROUND BEEF
- 4 X PORK CHOP
- 4X10OZ STEAK
- 2X 6OZ CHUCK PATTY
- 4X 8OZ STEAK

**GUIDELINES FOR ORDERING:**

- MUST BE A SUMAS FIRST NATION MEMBER
- ONE ORDER PER HOUSEHOLD
- EACH INDIVIDUAL MUST SIGN UP THEMSELVES

Estimated 3 week wait to receive the boxes.

## Smart Financial Moves for the New Year

### Happy New Year! Embrace New Beginnings and Smart Financial Moves in 2025.

As we step into the bright possibilities of 2025, we'd like to take a moment to wish you a very Happy New Year! With each New Year comes the chance for fresh starts, personal growth, and bold goals. Whether you're planning to kickstart a new fitness routine, or learn a new skill, the beginning of a year is a wonderful time to take action and set goals.

While you're setting your goals for the year ahead, we also want to talk about something that plays a big role in our everyday lives: smart financial planning. **One tool that can help manage your finances and even earn rewards for your purchases is your credit card.**

### Why Start the Year with Smart Credit Card Use?

But before you jump in, let's explore how to use a credit card effectively and responsibly. **Why Start the Year with Smart Credit Card Use?**

A credit card is a convenient payment option— it can also help you build credit, track your expenses, and even offer rewards or cashback. However, to make the most of your card, it's important to understand how to use it wisely from the start. Here are a few tips to help you master your credit card in the New Year:



## Smart Financial Moves for the New Year



1

**1. Know Your Limits:** Understanding your credit limit is important. Your credit limit is the maximum amount you can charge to your card, and going over it could hurt your credit score. Make sure you always stay within a comfortable spending range to avoid any surprises. When requesting a card limit start off with the lowest limit, some cards will start at a \$300 limit.



2

**2. Pay on Time, Every Time:** One of the most important aspects of credit card use is paying your bill on time. Late payments can lead to fees, higher interest rates, and a damaged credit score. Set up reminders or automatic payments to stay on track.



3

**3. Take Advantage of Rewards:** Many credit cards offer rewards like cashback, travel points, or discounts. If you're planning on making purchases in the coming months, why not earn some rewards while you're at it? Just be sure to pay off your credit card statement balance each month to avoid interest charges.



## Smart Financial Moves for the New Year




4

**4. Monitor Your Spending:** A credit card can help you keep track of your expenses. Take advantage of the transaction history and statements to monitor your spending habits. Staying aware will help you avoid overspending.



5



**5. Not paying an Annual Fee for your Credit Card:** There are a lot of credit cards available that do not charge an annual fee, this makes sense. You shouldn't have to pay a fee in order to use a card. So save the cost of an annual fee and find a card without a fee.

## Smart Financial Moves for the New Year

What if the Credit Card spending is getting out of hand? The following tips may help.



6

**6. Don't Use the Credit Card if you don't have Money in the Bank:** Credit cards can be a trap if you spend more than what you will be able to pay off. For example, say you charge \$500 to your credit card but then also spend the cash in your bank account and then you don't have enough cash in your bank account to pay off the credit card... how can you avoid this? One way is to make a payment to the card the same day you make the \$500 purchase, so you always know how much you have in your bank account.



7

**7. Lower your Credit Limit:** If it's a struggle each month to pay off the credit card and you can't control your spending, then ask your credit card company to lower your limit to a more manageable level. See how that works for you.



8

**8. Use Your Line of Credit:** Credit cards charge an interest rate of approximately 20% on unpaid balances. If you are unable to pay off your credit card in full then you are better off using your line of credit or overdraft to pay off your credit card in full - why? Because your line of credit or overdraft have a much much lower interest rate than what the credit card companies charge on unpaid balances.

## Smart Financial Moves for the New Year

9

**9. If you are Unable to pay the Full Amount Owing on your Credit Card Statement, Pay More Than the Minimum:**

While paying the minimum balance keeps your account in good standing, it's always best to pay more than that to reduce your debt faster and save on interest payments.

10

**10. Switch back to Debit Card or Cash:** Remember credit cards are a convenience, if you find that you are overspending because you have a credit card and can't cut down on your spending then it's probably a good idea to cut up your credit card and pay off the balance owing, and then start using your debit card or cash instead. It's not worth paying 20% interest on late payments for the sake of having a credit card.

11

**11. Credit Card Use for Building Credit Score:** If you want to keep a credit card to build your credit history but know that you can't control your spending then you limit yourself on when you use the card. Use it for say only one regular monthly charge. That's it. No other charges.

There is a lot of information on the use of Credit Cards online, so before you decide to get a credit card, read up and make sure the card is going to be a benefit to you. Don't get into the interest payment trap. As we head into 2025, here's to a year of growth, new experiences, and wise financial moves.

## Busy Bear Club Preschool Updates

**Temtl'i:q'es:** Time when ice forms

**Colour of the month:** Pink (Tskwinkwemel)

**Teaching of the month:** Eagle, Sp'óqés

February is shaping up to be a very exciting month here at Busy Bear Club Preschool.

We have many enriching activities and learning experiences lined up, and we are happy to share them with you.

**Eagle Seven Teachings – Love.** This month, we will be diving deep into the teachings of the Eagle, which represent Love. The children will learn about the significance of this powerful bird. It's always a joy to explore such important cultural teachings together.

**Cedar Weaving with Knowledge Keeper.** A parent from our community, who is also a knowledge keeper, will be coming to teach us how to weave and work with cedar. We are looking forward to this!

**Language Learning in Full Swing.** Our Halq'emeylem language program is in full swing! We have compiled a language book that has been sent home with the children. This book will be updated monthly, so be on the lookout for new additions as we continue to immerse ourselves in language learning with our beloved Roxanne Dool.

**Book Reading by Dr. Peter Eppinga.** We were delighted to host a special book reading with **Afterschool Club** by Dr. Peter Eppinga who shared a book he wrote with the children called, "I Love My Life". This book is one that touches the hearts of all ages. We have extra copies of the book available in the daycare. We'd love to share them with you – please feel free to ask if you'd like a copy.

### Important Dates

**Feb 6:** Children visit Elders Luncheon

**Feb 17:** Daycare Closed (Family Day)

## Busy Bear Club Preschool Updates

**Reptile Visit – A Huge Hit!** We had a fascinating visit from a reptile expert at Afterschool Club. The children were absolutely captivated! They learned so much about reptiles and had a chance to get up close with some amazing creatures!

**Thank You to Our Elders.** A huge thank you to our elders who visit us every week. Your wisdom, teachings, and presence are deeply appreciated, and we are grateful for the time you spend with our children.

**In-House Newsletter.** We encourage you to take a moment to read through your in-house newsletters, as they contain important information about upcoming daycare events. There are some exciting activities and updates you won't want to miss! Additionally, please check the Lillo app regularly for updates and notifications about our programs and events.

**We look forward to another month filled with learning, growth, and connection!**

We leave you with this Aboriginal Head Start Statement of Beliefs and Values about children ...

**“We believe: That children are a gift from the creator”**

*Ts'ithóme tsel – thank you from all of us at The Busy Bear Club Preschool*



## Busy Bear Club Preschool Photo Gallery



## Busy Bear Club Preschool Photo Gallery



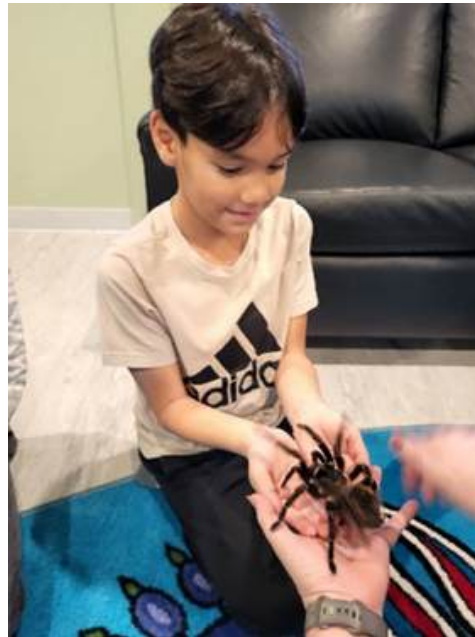
Reptile Guy Visit



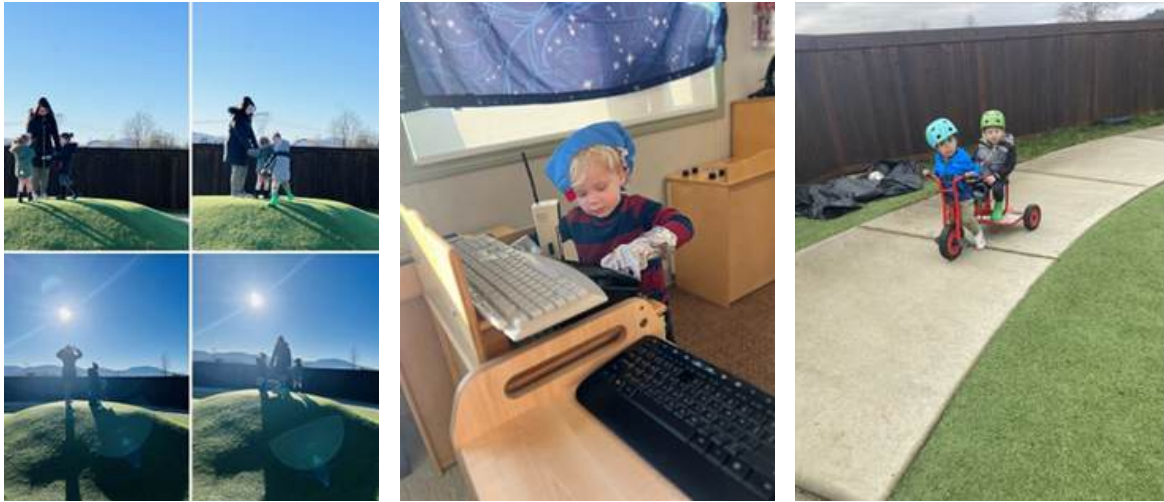
Learning about Chinese New Year



Dr. Eppinga reading his book to Afterschool Club



## Busy Bear Club Preschool Photo Gallery



# Department Updates

Jan/Feb 2025

## Communications Department

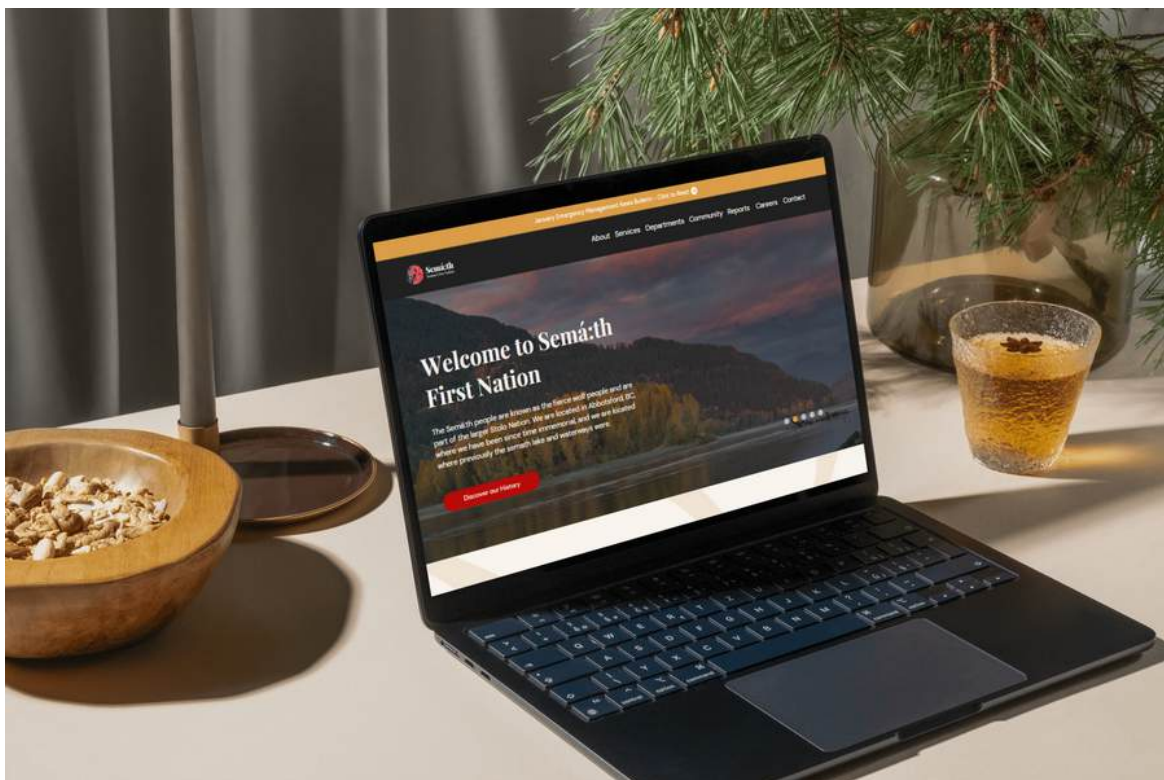
We now have an Events Calendar located on the website. To see the new calendar, simply hover over the “Community” tab and click on the “Calendar” link in the dropdown menu. You can also click [HERE](#) to see it.

<span>&lt;</span> <span>&gt;</span> <span>Today</span>		January 2025					Month	Week	Day
Sun	Mon	Tue	Wed	Thu	Fri	Sat			
29	30	31	1	2	3	4			
5	6 ● 3:30p Youth Hal	7 ● 3:30p Youth Hal	8 ● 3:30p Youth Hal	9 ● 12p Elders' Lunc ● 3:30p Youth Hal	10	11			
12	13 ● 3:30p Youth Hal	14 ● 12:30p Lunch wi ● 3:30p Youth Hal ● 4:30p Come an	15 ● 9a ESS for Natio ● 12:30p Lunch wi ● 3:30p Youth Hal ● 6p Adult Halq'en	16 ● 12p Elders' Lunc ● 3:30p Youth Hal	17 ● 1:30p Produce D ● 2p Produce Day	18			
19 ● 8a ICS100 Traini ● 3:30p Youth Hal	20 ● 12:30p Lunch wi ● 3:30p Youth Hal ● 4:30p Come an	21 ● 12:30p Lunch wi ● 3:30p Youth Hal ● 4p Inaugural SFM ● 6p Adult Halq'en	22 ● 12:30p Lunch wi ● 3:30p Youth Hal	23 ● 12p Elders' Lunc ● 3:30p Youth Hal	24	25			
26 ● 3:30p Youth Hal	27 ● 12:30p Lunch wi ● 3:30p Youth Hal ● 4:30p Come an	28 ● 12:30p Lunch wi ● 3:30p Youth Hal ● 6p Adult Halq'en	29 ● 12:30p Lunch wi ● 3:30p Youth Hal ● 6p Adult Halq'en	30 ● 12p Elders' Lunc ● 3:30p Youth Hal	31	1			
2 ● 3:30p Youth Hal	3 ● 12:30p Lunch wi ● 3:30p Youth Hal ● 4:30p Come an	4 ● 12:30p Lunch wi ● 3:30p Youth Hal ● 6p Adult Halq'en	5 ● 12:30p Lunch wi ● 3:30p Youth Hal ● 6p Adult Halq'en	6 ● 9a Fraud Aware ● 11:30a Fraud Aw ● 12p Elders' Lunc ● 3:30p Youth Hal	7	8			

## Communications Department

**We are making progress on a new project to get a brand new website!** Management have selected a contractor and allocated funding to this new venture. We are projecting 6-7 months for the new website to be completed, but we are certain that this will be a huge help to both community members and staff, and will offer a host of new and improved features.

**Want to leave feedback that we can use for the new site?** We want to hear from you! We need your input to make sure that our new website project is successful and is useful for members. **Just click [HERE](#) to fill out our feedback form.**



---

# **Community Notices & On- Reserve Programs**

*Pages 30-36*

## We value your voice – let’s shape our future together

### *Sumas First Nation Election Regulation & Procedures*

We believe that the strength of our community lies in your voices. We invite your participation to ensure our collective vision is reflected in the Sumas First Nation Election Regulation & Procedures.

We’re considering two key changes to our Election Regulation & Procedures to better serve our Nation’s needs, and we are requesting your input on these proposed amendments:

- 1. Addition of one council member**
- 2. Incorporate the option of digital voting for the election**

We will be hosting three meetings to share this information and provide opportunity to ask questions and voice any comments or concerns regarding these amendments.

<b>Sunday January 26, 2025</b>	<b>Thursday January 30, 2025</b>	<b>Thursday February 6, 2025</b>
2:00-4:00pm	5:00-8:00pm	5:00pm-8:00pm
SFN Health Building Boardroom	SFN Health Building Boardroom	SFN Health Building Boardroom
Refreshments and snacks provided	Dinner provided, meeting to follow.	Dinner provided, meeting to follow.

The decision will be made by you via Referendum. A poll station will be set up for you to cast your vote pertaining to these two amendments.

<p><b>Friday February 7, 2025</b> 12:00- 8:00pm SFN Health Building Boardroom</p>
---

If you are unable to attend the meetings and are looking for more information, please email Cheyenne Ned, Governance and Policy Coordinator at [Cheyenne.Ned@sumasfirstnation.com](mailto:Cheyenne.Ned@sumasfirstnation.com) or Ida Dutt, Governance and Policy Officer at [Ida.Dutt@sumasfirstnation.com](mailto:Ida.Dutt@sumasfirstnation.com)

# Lands Notice: Fish Scrap Disposal



## Reminder to Community – Dumping of Fish Scraps is Prohibited

On September 5th, 2024, April Schwartz, Archeological and Environmental Monitor, discovered fish scraps and plastic waste that had been dumped on Kilgard Road. Prior to this, filleted fish remains were found on the banks of Marshall Creek. Both of these incidences are violations of the *Prevention of Disorderly Conduct and Nuisance Law (2015)* as fish scraps are considered a waste that must be disposed of properly. While we recognize that it is tradition to return our leftover fish to the land, it is vital to remember the need to return these scraps to where the fish were captured to begin with. Sumas First Nation prohibits the dumping of fish scraps within our community as there are two major environmental concerns regarding this activity:

### **1. Attraction of scavengers:**

Fish scraps, when dumped on roadsides and creek beds, attract scavengers like bears. If bears associate our community with food sources like fish scraps, they are likely to spend more time in the area, acclimating to the presence of people. This can lead to potentially dangerous human-wildlife interactions and/or the euthanization of the bear.

### **2. Pollution of Water:**

The creeks that run through our community are shallow and have poor water quality as a result of agricultural activity in the area, among other anthropogenic-related impacts. When additional organic waste is added to the creeks, the decomposition process consumes oxygen in the water. This can be detrimental to the fish inhabiting these waterways and in extreme cases, lead to fish kill events. When fish scraps are returned to deeper, faster moving water, like the Fraser River, these problems do not occur as the scraps are more likely to sink and be consumed by bottom-dwelling organisms.

This is a reminder that as members of Sumas First Nation, we have a responsibility to pass our ancestor's traditions to future generations and to steward the land and its resources for future generations. If you are unable to return your fish scraps to the place where the fish was captured, we kindly ask that the fish scraps be placed in the garbage.

Please note that Sumas First Nation reserves the right to issue warning letters and fines (at a maximum of \$1000) to violators of the *Prevention of Disorderly Conduct and Nuisance Law*.

For more information or to request copies of the *Prevention of Disorderly Conduct and Nuisance Law*, please contact the Semá:th Lands Department:

Sasha Tuttle, M.Sc. in Zoology

**Environmental Compliance Officer**

Cell: (604) 226 - 6051

Email: [sasha.tuttle@sumasfirstnation.com](mailto:sasha.tuttle@sumasfirstnation.com)



## Notice

### Furnace & Central Air Maintenance Information

#### Furnace Filters

Furnace filter need to be checked regularly. The Central Air will shut down if the filter is too clogged.

The furnace filters need to be clean and changed at least quarterly to keep your furnace operating properly. Your furnace and vents need to be clear to keep air flowing.

Rental homes may call the SFN housing department for assistance from SFN Maintenance Crew for furnace filter inspections and maintenance.

#### Member Home New Central Air Unit Responsibilities

The Central Air Unit maintenance is your responsibility. Heat Pump filters require replacement regularly, call Kim Peters, Meer Mechanical for information on the filters or a maintenance package quote. (604-793-0169).

Please keep your exterior Central Air Unit Unit clean of any debris, black berries, shrubs, plants, etc. The unit can be damaged if clogged or jammed with leaves, branches, cottonwood fluff, garbage (Do not store anything on or around the unit). Damage is your responsibility and can be very costly.

Rental homes may call the SFN housing department for assistance from SFN Maintenance Crew for furnace filter inspections and maintenance.

#### Rental Home New Central Air Unit & Furnaces

Heat Pump filters require replacement regularly. You may call the SFN housing department for assistance from SFN Maintenance Crew for filter inspection and maintenance.

Please keep your exterior Central Air Unit clean of any debris, black berries, shrubs, plants, etc. the unit can be damaged if clogged or jammed with leaves, branches, cottonwood fluff, garbage (Do not store anything on or around the unit). Damage can be very costly and is a breach of the Rental Housing Policy.

***If there is an issue with your furnace or air conditioning units, and you have not followed the requirements the cost will fall upon you. It is very important to maintain your Furnaces and Air Conditioning unit as the Housing Department does not have the budget to repair.***



SUMAS FIRST  
NATION HOUSING  
DEPARTMENT

We thank you for your cooperation and for any assistance please call :

Paula Olmstead, Housing Officer –  
paula.olmstead@sumasfirstnation.com – 604-852-4041 – ext. 227

Nancy Murphy, Housing Administrator-  
nancy.murphy@sumasfirstnation.com  
604-997-9500

## Notice

### Furnace & Central Air Maintenance Information

#### Furnace Filters

Furnace filter need to be checked regularly. The Central Air will shut down if the filter is too clogged.

The furnace filters need to be clean and changed at least quarterly to keep your furnace operating properly. Your furnace and vents need to be clear to keep air flowing.

Rental homes may call the SFN housing department for assistance from

SFN Maintenance Crew for furnace filter inspections and maintenance.

#### Member Home New Central Air Unit Responsibilities

The Central Air Unit maintenance is your responsibility. Heat Pump filters require replacement regularly, call Kim Peters, Meer Mechanical for information on the filters or a maintenance package quote. (604-793-0169).

Please keep your exterior Central Air Unit Unit clean of any debris, black

berries, shrubs, plants, etc. The unit can be damaged if clogged or jammed with leaves, branches, cottonwood fluff, garbage (Do not store

anything on or around the unit). Damage is your responsibility and can be very costly. **Rental Home New Central Air Unit & Furnaces**

Heat Pump filters require replacement regularly. You may call the SFN housing department for assistance from SFN Maintenance Crew for filter inspection and maintenance.

Please keep your exterior Central Air Unit clean of any debris, black berries, shrubs, plants, etc. the unit can be damaged if clogged or jammed with leaves, branches, cottonwood fluff, garbage (Do not store

anything on or around the unit). Damage can be very costly and is a breach of the Rental Housing Policy.



SUMAS FIRST  
NATION HOUSING  
DEPARTMENT

We thank you for your cooperation and for any assistance please call :

Paula Olmstead, Housing Officer –  
paula.olmstead@sumasfirstnation.com – 604-852-4041 – ext. 227

Nancy Murphy, Housing Administrator –  
nancy.murphy@sumasfirstnation.com  
604-997-9500

***If there is an issue with your furnace or air conditioning units, and you have not followed the requirements the cost will fall upon you. It is very important to maintain your Furnaces and Air Conditioning unit as the Housing Department does not have the budget to repair.***

Le présent message contient des renseignements importants. Si vous avez besoin d'une traduction, veuillez communiquer avec [info@transmountain.com](mailto:info@transmountain.com).



## TRANS MOUNTAIN MAINTENANCE NOTICE

### Sumas Terminal Maintenance Activities We are working in Abbotsford, BC

January to November 2025\*

Trans Mountain will be conducting tank maintenance activities at Sumas Terminal in Abbotsford, BC, from January to November 2025.

While we work, you may notice increased activity which may include intermittent noise and odours near the work area. Odours are unlikely, but should they occur, will be temporary and weather-dependent. To report odours or noise, please call 1.888.876.6711 immediately. All reports are thoroughly investigated.

All work is conducted in compliance with applicable environmental regulations and requirements. We appreciate your patience as we complete this work in a safe and timely manner, with as little disturbance as possible to our neighbours.

*\*Dates are subject to change and commencement of work is subject to necessary approvals and permits.*

For more information about our work,  
visit [transmountain.com](https://transmountain.com) or contact us at  
[info@transmountain.com](mailto:info@transmountain.com) 1.866.514.6700

To report a pipeline emergency, odors or noise call **1.888.876.6711**



[info@transmountain.com](mailto:info@transmountain.com) 1.866.514.6700



PO Box 81018, Burnaby, BC, V5H 3B0 CANADA

Le présent message contient des renseignements importants. Si vous avez besoin d'une traduction, veuillez communiquer avec [info@transmountain.com](mailto:info@transmountain.com).



# TRANS MOUNTAIN MAINTENANCE NOTICE

## AREA MAP



[info@transmountain.com](mailto:info@transmountain.com) 1.866.514.6700



PO Box 81018, Burnaby, BC, V5H 3B0 CANADA

---

# **Social Assistance, Financial Aid, & Disability**

*Pages 37-41*



# INDIGENOUS DISABILITY CANADA

DTC Navigators work with Indigenous individuals living with disability(ies) all across Canada

- Status / Non-Status / Metis / Inuit
- Reside both within and outside of First Nations Communities

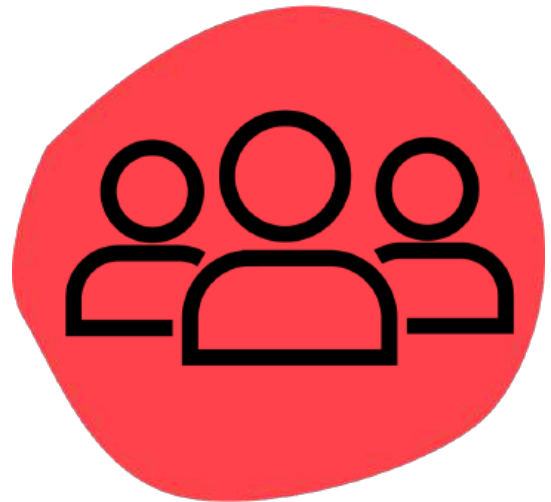


**Request Supports Online!**



## DISABILITY TAX CREDIT NAVIGATION PROGRAM

A FREE Time-limited service dedicated to assist eligible persons with disabilities in obtaining their Disability Tax Credit (DTC) Certificate



This program aims to assist individuals in qualifying for the Disability Tax Credit (DTC) in preparation for the new Canada Disability Benefit that is beginning in July 2025.

**CONTACT US FOR MORE  
INFORMATION**

[dtc@bcands.bc.ca](mailto:dtc@bcands.bc.ca) / [dtc1@bcands.bc.ca](mailto:dtc1@bcands.bc.ca)   
[dtc2@bcands.bc.ca](mailto:dtc2@bcands.bc.ca)

(204) 930-4499 / (819) 593-5023  
(250) 381-7303

Toll-Free: 1-888-815-5511

# INDIGENOUS DISABILITY CANADA



**With support from Employment and Social Development Canada (ESDC), IDC/BCANDS officially launched our National Disability Tax Credit (DTC) Navigation Program on Monday, October 28th.**

This time-limited program (October, 2024 – March, 2025) will assist eligible Indigenous persons with disabilities in navigating through the process and requirements of applying for and obtaining the DTC. The DTC is a “gateway” benefit, meaning that it is required to be held by the individual in order to qualify for other federal benefits such as the Registered Disability Savings Plan (RDSP), Canadian Dental Care Plan and in July of 2025, the Canada Disability Benefit (CDB).

This program is available to Indigenous Peoples with disabilities residing in Indigenous and non-Indigenous communities in all provinces and territories.

Please click on the link below and attachments for more information and please share widely. We apologise for any cross postings.

<https://www.bcands.bc.ca/idc-bcands-national-disability-tax-credit-dtc-navigation-program/>

**DISABILITY TAX CREDIT  
NAVIGATION SERVICES**

[www.bcands.bc.ca](http://www.bcands.bc.ca)

## **ABOUT OUR ORGANIZATION**

Indigenous Disability Canada (IDC) is an award winning, Indigenous not for profit, charitable Society that has been serving the unique and diverse disability and health support needs of Indigenous Peoples across Canada for over 30 years. IDC is a "stand alone" organization that acts in Special Consultative Status with the United Nations Economic and Social Council.

## **OUR MISSION**

"Advancing the unique disability and health priorities of Indigenous persons through collaboration, consultation, and the delivery of comprehensive client services"

**INDIGENOUS  
DISABILITY  
CANADA**



**Request Supports Online!**



**OTTAWA OFFICE:**  
130 ALBERT ST - SUITE 1103  
OTTAWA ON K1P 5G4

**VICTORIA OFFICE:**

1610 ISLAND HIGHWAY - UNIT 6  
VICTORIA BC V9B 1H8

**PHONE:** (819) 593-5023

(204) 930-4499  
(250) 381-7303

1-888-815-5511

**TOLL-FREE:** DTC@BCANDS.BC.CA

**EMAIL:** DTCT@BCANDS.BC.CA

DTC2@BCANDS.BC.CA

**INDIGENOUS  
DISABILITY  
CANADA**



**DISABILITY  
TAX CREDIT  
NAVIGATION  
SERVICES**  
www.bcands.bc.ca



## ABOUT THE DTC

The Disability Tax Credit (DTC) is a non-refundable tax credit that helps people with disabilities, or their supporting family member, reduce the amount of income tax they may have to pay.

Applying for the DTC involves the person who has the impairment and a medical practitioner who can certify the effects of the impairment.

If you think you may be eligible for the DTC, you should apply. Being eligible for the DTC may help you access other federal programs such

- as:
  - Registered Disability Savings Plan
  - Canada Workers Benefit
  - Disability Supplement
  - Child Disability Benefit
  - Canada Dental Benefit
  - and other benefits, such as the upcoming Canada Disability Benefit

## DISABILITY TAX CREDIT

### NAVIGATION

The Disability Tax Credit Navigation Program is a FREE time-limited program that is currently running until March 31st, 2025. DTC Navigators provide supports to Indigenous individuals living with disabilities across Canada to apply and qualify for the Disability Tax Credit. This program was designed in preparation for the new Canada Disability Benefit that is beginning in July 2025.



## WHO DO WE HELP?

- DTC Navigators work with Indigenous individuals living with disabilities across Canada
- Identifying as Indigenous (Metis, Inuit, First Nation Status, or Non-Status)
  - Residing within or outside of First Nation communities
  - Identifying as living with a disability (no formal diagnosis needed)

## HELPFUL DOCUMENTS

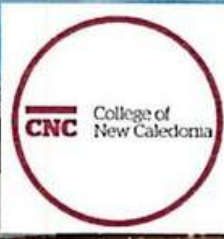
When you contact our Navigators, please try to have the following on hand, and ready for them:

- SIN Number (mandatory)
- Medical Records and Information on your Disability
- Doctor/Specialist Contact Information

---

# **Volunteer & Job Opportunities**

*Pages 42-60*



**2025**



**Skwah First Nation  
and SD33  
Welcome**

**Residential  
Building  
Maintenance  
Worker**



**Year 1  
12-week Program  
Start Date Feb 3, 2025**

**Free**

**Apply:**  
604.308.4829  
dianne.parkinson@skwah.org  
615 Lower Landing Dr.  
Chilliwack BC  
V2P 6H1

**Program Choice:** \_\_\_\_\_



**Start Date:** \_\_\_\_\_

PLEASE RETURN APPLICATIONS PRIOR TO SEPTEMBER 27, 2024.

**PERSONAL INFORMATION**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Middle Name: \_\_\_\_\_ Maiden Last Name \_\_\_\_\_

Chosen Name:(Optional) \_\_\_\_\_ DOB: YYYY \_\_\_\_\_ MM \_\_\_\_\_ DD \_\_\_\_\_

Gender: \_\_\_\_\_ Pronouns: \_\_\_\_\_

Social Insurance Number: \_\_\_\_\_ Status number: \_\_\_\_\_

Reserve Name: \_\_\_\_\_ Reserve living on: \_\_\_\_\_

Full Address \_\_\_\_\_

Mailing Address \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

**EDUCATION**

Last grade completed \_\_\_\_\_

Did you complete English Studies 12 or First Peoples English 12 yes/no

If you completed English Studies 12 or First Peoples 12, please indicate your mark \_\_\_\_\_

Do you have a Math 11 or Accounting 11? yes/no. Indicate which math \_\_\_\_\_

If completed, please indicate your mark \_\_\_\_\_

Registered on Nominal Roll \_\_\_\_\_ or 1701 \_\_\_\_\_

**VOLUNTARY DECLARATION**

Do you identify yourself as an Aboriginal? Yes No

If yes, check all that apply. Metis Inuit Status Non-Status

**CITIZENSHIP STATUS**

Canadian: Yes No

If No, country of citizenship is \_\_\_\_\_

Primary Language \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Course Selection:**

\_\_\_\_\_  
\_\_\_\_\_

## RESIDENTIAL BUILDING MAINTENANCE WORKER

**A Residential Building Maintenance Worker is a person who:**

- \* Maintains or repairs residential building piping and plumbing fixtures for the supply and disposal of water, installs and connect appliances that use or dispose of water;
- \* Maintains or repairs residential building electrical appliances, outlets, fixtures and accessories;
- Lays out, measures, cuts, shapes and assembles wood or wood substitutes used in residential building construction for the purpose of repairing or retrofitting roofs, decks, stairs, walls, floors, ceilings, doors, windows, openings and vents and cabinets;
- Maintains and places concrete products in residential buildings;
- Maintains and repairs gutters, downspouts, flashings, shakes, unitized roofing materials and panel roofing systems in residential buildings;
- Removes and repairs all manners of thermal insulation in residential buildings;
- Maintains and repairs gyproc walls and wall coverings of residential buildings including sheet goods, roll wall coverings, and paint;
- Maintains and repairs ceramic tiles, vinyl tile, rolled flooring goods, carpet and underlay in residential buildings;
- \* Maintains and repairs forced air heating systems and verifies and adjusts indoor air quality in residential buildings;
- Maintains small outdoor power equipment for residential building maintenance and repair.
- Performs all duties in accordance with federal, provincial and local building codes and bylaws and BC Safety Authority Regulations.

*\*Work in these areas is regulated by the BC Safety Authority – additional licensing is required.*

**All work regulated by BC Safety Authority must be performed under a contractors' license. The RBMW trade does not cover this regulated work unless they hold the optional endorsements and only apprentices who have achieved a higher level of qualification or are directly supervised by a certified person may perform the work that is regulated by BC Safety Authority. For additional information please review the BC Safety Authority requirements: <http://www.safetyauthority.ca/>**

### Residential Building Maintenance Worker | SkilledTradesBC

Residential Building Maintenance Workers maintain and repair residential buildings (single family unit, multi-unit, high rise). They do minor carpentry, drywalling, electrical work, floorlaying, painting, plumbing, refrigeration mechanics and roofing repairs, as well as maintenance, installation, inspection, testing and troubleshooting (as per Technical Safety BC legislation and regulations).

## TABLE OF CONTENTS

FOREWORD .....	II
ACKNOWLEDGEMENTS .....	II
SECTION 1 OCCUPATION ANALYSIS CHART.....	1
SECTION 2 RESIDENTIAL BUILDING MAINTENANCE WORKER PROGRAM OUTLINE.....	6
Residential Building Maintenance Worker Apprenticeship Training System .....	8
Suggested Schedule Of Time Allotment For Level 1 .....	9
Suggested Schedule Of Time Allotment For Level 2 .....	11
Suggested Schedule Of Time Allotment For Level 3 .....	13
PROGRAM OUTLINE FOR LEVEL 1 .....	15
Line B Use Safe Work Practices .....	21
Line C Perform Trades Math And Financial Calculations.....	29
Line D Use And Maintain Tools.....	32
Line E Describe Building Structure And Design .....	38
Line F Prevent And Remediate Mould Issues .....	44
Line G Perform Carpentry Repairs And Maintenance.....	47
Line H Repair Drywall .....	61
Line I Apply Public Relations Skills.....	68
PROGRAM OUTLINE FOR LEVEL 2 .....	69
Line B Use Safe Work Practices .....	70
Line D Use And Maintain Tools.....	73
Line E Describe Building Structure And Design .....	75
Line I Apply Public Relations Skills.....	77
Line J Repair And Maintain Plumbing.....	78
Line J Repair And Maintain Plumbing.....	80
Line K Repair And Maintain Roofing .....	85
Line L Repair And Maintain Flooring.....	95
Line M Repair And Maintain Heating And Ventilation Systems.....	103
Line N Perform RBMW Administrative Duties.....	108
PROGRAM OUTLINE FOR LEVEL 3 .....	111
Line B Use Safe Work Practices .....	112
Line C Perform Trades Math And Financial Calculations.....	114
Line D Use And Maintain Tools.....	117
Line E Describe Building Structure And Design .....	121
Line I Apply Public Relations Skills.....	123
Line M Repair And Maintain Heating And Ventilation Systems.....	126
Line N Perform RBMW Administrative Duties.....	132
Line O Describe Basic Building Sciences.....	136
Line P Repair And Maintain Electrical .....	139
Line Q Apply Paint And Wall Coverings.....	144
SECTION 3 TRAINING PROVIDER STANDARDS .....	149
Recommended & Mandatory Reference Textbooks .....	150
Training Facilities Standards .....	151
Instructor Qualifications .....	152
Training Resources .....	153



---

## **LFS Promotional Video**

<b>Project Name:</b>	Eagle Bay Video
<b>Project Location:</b>	4438 Eagle Bay Road, BC
<b>Estimated Timeline:</b>	March 1, 2025 to March 31, 2025 (Allow 2-3 Hours for Production and Weather Dependant)
<b>Contact Information:</b>	780 920 7150 or email: <a href="mailto:chalsee.piche@littlefoxservices.com">chalsee.piche@littlefoxservices.com</a>

### **Project Summary**

Little Fox Services is seeking to feature Indigenous women in the workforce in our upcoming promotional video. We are looking for:

- **2 Indigenous women with Rope Rescue Certification**
- **1 Indigenous woman dancer**
- **1 Indigenous woman singer/drummer**

This video will be showcased on our website as part of our efforts to highlight Indigenous women's contributions to the workforce. As an Indigenous woman-owned business, we prioritize diversity, resilience, and collaboration. Through this video, we aim to bring attention to the role of Indigenous women in the workforce.

### ***Project Details***

- The shooting dates will take place between March 1, 2025, and March 31, 2025
- Weather conditions may affect the schedule
- Production time will take approximately 2-3 hours

## ***About Little Fox Group of Companies***

Little Fox Group of Companies is a 100% Indigenous woman-owned business, headquartered in Maskwacis, Alberta, Treaty 6 Territories. We offer a wide range of services across Western Canada and focus on creating long-term, sustainable employment opportunities. By engaging with First Nations, Métis, and Inuit communities, we foster meaningful partnerships that empower Indigenous peoples to achieve self-sufficiency.

At Little Fox, we are dedicated to removing barriers to employment for Indigenous individuals, creating pathways that allow them to thrive in their chosen careers.

## **Projected Scope of Work**

### ***1. Requirements:***

- **Two Indigenous Women with Rope Rescue Certification**
  - o To safely climb a cell tower approx. 45 meters high
  - o Must have NPFA 1006 certification or Rope Rescue Type 1 or 2 certification
  - o Provide a current resume(s)
  - o Submit sizing for coverall(s)
  
- **One Indigenous Woman Singer/Drummer**
  - o Please submit a short video performance
  - o Provide sizing for coveralls
- **One Indigenous Woman Dancer**
  - o Please submit a short video performance
  - o Provide sizing for coveralls
- **Travel**
  - o Participants must be able to travel to Eagle Bay, British Columbia for video production

### ***2. Video Shoot Timeline:***

- The video will be filmed between **March 1, 2025**, and **March 31, 2025**, depending on weather conditions.
- Production time is expected to be 2-3 hours





**Little Fox**  
—Group of Companies—

---

### **3. Video Description:**

- Video will be produced in Eagle Bay, British Columbia
- The rope rescue technicians will climb to the top of the cell tower (approximately 45m high) and wave.
- The singer/drummer and dancer will perform at the base of the tower.
- A drone will be used to capture aerial footage of the entire performance.

### **4. Compensation:**

- **Rope Rescue Technicians**
  - Negotiable
  - Compensation includes travel time from your residence to the shoot location and back.
- **Singer/Drummer**
  - Negotiable
  - Compensation includes travel time from your residence to the shoot location and back.
- **Dancer**
  - Negotiable
  - Compensation includes travel time from your residence to the shoot location and back.
- **Gas Receipts**
  - Eligible for reimbursement (payable upon receipt and completion of video)



# ISPARC

Indigenous Sport,  
Physical Activity & Recreation Council

## **I-SPARC Nominations Committee opening!**

As a volunteer directed Society, The Indigenous Sport, Physical Activity & Recreation Council (I-SPARC) is **seeking up to two individuals to fill positions on its Nominating Committee**. The Nominating Committee is responsible for ensuring that I-SPARC's Board of Directors is composed of qualified and skilled persons capable of, and committed to, providing effective governance leadership for the organization.

Applicants for this committee role should also reflect I-SPARC's values and priorities and are responsive to our mission: to provide programs and services that positively impact the health and well-being of Indigenous individuals, families, and communities throughout British Columbia.

Click [HERE](#) to view the full posting.

**Applications will only be accepted until February 13th, 2025 at 5:00pm.** For more information on this process please contact Moira Gookstetter, Nominating Committee Administrator at [moirag@whidbey.com](mailto:moirag@whidbey.com).

If you have questions but want to speak to someone from Sumas about this opportunity, please contact Chantel H (Communications Officer): [communications@sumasfirstnation.com](mailto:communications@sumasfirstnation.com)



I-SPARC  
Move | Play | Compete



# SEMÁ:TH FIRST NATION

## Job Posting

<b>POSITION:</b>	LANDS PERMITTING ADMINISTRATOR
<b>HOURS:</b>	FULL TIME (35 HOURS PER WEEK)
<b>TERM:</b>	3 YEAR TERM WITH POSSIBLE EXTENSION
<b>WAGE:</b>	\$45,000.00 TO \$54,600.00 DEPENDING ON EDUCATION AND EXPERIENCE
<b>REPORTS TO:</b>	SUMAS FIRST NATION LANDS MANAGER

### 1.0 PURPOSE & SUMMARY

Sumas First Nation is seeking an energetic and dedicated person to take on the role of Lands Permitting Administrator. Reporting directly to the Sumas First Nation Lands Manager, the Lands Permitting Administrator is responsible for reviewing and requesting revisions on permit applications as well as issuing the appropriate permits (business permits, development permits and/ or building permits) when finalized. The Lands Permitting Administrator will also be included in the process of conducting site inspections and assessing compliance with the Sumas First Nation Land Code and Laws.

### 2.0 DUTIES & RESPONSIBILITIES

- Ensures that the Sumas First Nation permitting process is administered in alignment with the Sumas First Nation land Code and Code of Conduct, Land Use Plans and related laws.
  - Reviews development permit, building permit and business permit applications to ensure compliance with land use plan, zoning law and Development and Subdivision Law.
  - Works directly with applicants on all steps of the permitting process - including that any reports, engineering drawings and service agreements are produced and included in applications as required.
  - Educates applicants, developers and community members on Sumas First Nation land laws and land management to build awareness and support compliance.
- Works with the Lands Department to actively monitor compliance with issued permits.  
 Maintains a comprehensive tracking system for the permit application process and records and follows up on the issuance for all business licenses when required.  
 Assists and provides input on the implementation and amendment of the Sumas First Nation Land Use Plan.  
 Provides back-up and support to other Lands Department staff during peak periods or during vacation /leave.  
 Other duties as required.

### 3.0 QUALIFICATIONS

- Post secondary diploma or degree in Land Management, Community Planning, or related
  - Field or an equivalent combination of education and experience.
  - 2-3 years related experience in Land Management, Community Planning and/or permit application management.
  - Ability to interpret engineered drawings and construction specifications.
  - Strong administrative background skills.
  - Knowledge of the BC Building Code.
  - Prior experience working in a fast-paced office environment with the ability to prioritize.
  - Experience in working with First Nations communities and/or organizations an asset.
  - Proven ability to maintain confidentiality.
- Working knowledge of office procedures, records management, and document processing.  
 Ability to develop and maintain effective working relationships with peers, managers, community members, contractors, and suppliers.  
 First Nations descent is considered an asset.

- Advanced knowledge and expertise about Microsoft Excel, Word, Zoom, Go-To Meetings.
- Appreciation of First Nations culture, traditions, procedures and protocols.
- Knowledge of Sumas First Nation's history, culture and tradition.
- Valid first aid certificate is considered an asset.
- Valid Class 5 BC Driver's License.

**TO APPLY:**

Please email your cover letter & resume to [Human.Resources@sumasfirstnation.com](mailto:Human.Resources@sumasfirstnation.com)  
Deadline: October 25th, 2024



# SEMÁ:TH FIRST NATION

## Job Posting

<b>POSITION:</b>	ENVIRONMENTAL SERVICES OFFICER
<b>HOURS:</b>	FULL TIME, 35 HOURS PER WEEK
<b>TERM:</b>	ENDS MARCH 31, 2026 – WITH POTENTIAL FOR RENEWAL
<b>WAGE:</b>	TO BE DETERMINED BASED ON QUALIFICATIONS AND EXPERIENCE
<b>REPORTS TO:</b>	GOVERNANCE AND NATURAL RESOURCES MANAGER

### 1.0 PURPOSE & SUMMARY

The Governance & Natural Resources Department is committed to promoting sustainable environmental practices, ecological restoration, and fisheries sustainability and management. We are seeking a highly motivated individual who shares our passion for the environment and is eager to lead and manage multi-disciplinary projects in these areas. The ideal candidate will be a collaborative team player with a strong background in biology or environmental science, excellent leadership skills, and a dedication to working with Indigenous communities and stakeholders. This role will also be responsible for leading projects and providing guidance and support to the SFN Natural Resources and Biology teams within the Governance and Natural Resources Department.

### 2.0 DUTIES & RESPONSIBILITIES

- Provide flood impact, infrastructure, and mitigation strategy guidance, training, and direction to junior and intermediate staff to ensure successful project completion.
- Manage multi-disciplinary projects, including budget and schedule management, client liaison, and coordinating project teams.
- Collect air, water, and soil samples.
- Record data and observations in an accurate and well-organized manner.
- Assist in the operation and maintenance of equipment, including laboratory, field, and monitoring equipment.
- Identify and locate landscape resources.
- Review Job Environmental Analysis (JEA) reports that detail project-specific environmental issues.
- Read maps and navigate variable terrain, including operating specialized vehicles.
- Engage in business development, including client relationship management and proposal writing.
- Direct environmental assessments, regulatory approval processes, and scientific studies.
- Prepare high-quality technical reports, permit applications, regulatory documents, and year-end project reporting.
- Support and prepare regulatory approval and permitting applications.
- Liaise responsibly with clients, stakeholders, other Indigenous governments, and provincial and Federal government bodies to advance projects.
- Conduct wildlife assessments, primarily fish, amphibians, and other species depending on projects.
- Perform water quality assessments and all stages of environmental studies from proposal to reporting.
- Design and implement habitat restoration, bank stabilization, and management (e.g., erosion/sediment control).
- Provide environmental advice to guide project design and planning.
- Develop proposals, including work programs, budgets, and schedules.
- Perform other duties as assigned.

### 3.0 QUALIFICATIONS

- 5 to 10 years of experience in a similar role or an equivalent amount of experience and education.
- Bachelor's Degree in Biology, Environmental Science, Natural Resources Management, or related field.
- Registered or eligible for registration as an R.P Bio with the College of Applied Biology in BC (other designations may be considered).
- Experience in BC's aquatic and terrestrial ecosystems with an understanding of flood infrastructure.
- Strong understanding of federal and provincial regulatory processes and upcoming policy changes. (i.e.: fisheries, water, etc.).
- Knowledge of the UN Declaration on the Rights of Indigenous Peoples and its implications for reconciliation.
- Proven experience in habitat assessments, environmental monitoring, permitting, and reporting.
- Strong report writing and communication abilities.
- Proficiency with GIS, ArcMap, eDNA, mobile data collection, and data management is an asset.
- Physical ability to conduct field visits in varying conditions, including remote areas in all weather conditions.
- Willingness to work on weekends, holidays, and long hours as needed.
- Experience working with wildlife and fish (fish handling is an asset).
- Ability to develop and maintain effective working relationships with peers, managers, community members, contractors, and suppliers.
- Project management skills are essential.
- Knowledge of the SFN community and people.
- Experience in working with First Nations communities and/or organizations is considered an asset.
- First Aid certification is beneficial; training will be provided if necessary.
- Valid driver's license and willingness to provide a driver's abstract.
- Boat license is an asset.
- Swift water training is an asset.
- First Nations Descent is considered an asset.

### TO APPLY:

Please email your cover letter & resume to [Human.Resources@sumasfirstnation.com](mailto:Human.Resources@sumasfirstnation.com)  
Deadline: 12/16/2024

**JOB POSTING #2025-099-01**

**CONTRACT POSITION**

**Archway Community Services Administration  
Indigenous Elder/Knowledge Keeper Consultant  
Wage: \$35.00 to \$40.00 per hour  
Contract position: 20 hours per week, Monday to Friday  
(3-year contract)**

**Provide Cultural Guidance to Archway's Active Role in Supporting Truth and Reconciliation**

**Location: Abbotsford**

**On Site**

**Job Summary:**

The Indigenous Elder/Knowledge Keeper Consultant provides cultural guidance and support to Archway's Board, staff, volunteers and clients to ensure that Indigenous perspectives, values and priorities are at the forefront of Archway's implementation of the Strategic Plan, policies and practices. Additionally, the Consultant will coordinate and direct the Agency's Indigenization of services in conjunction with the Indigenous Matters Committee to continue developing and enhancing Indigenous cultural practices, and to identify and put into practice the Truth and Reconciliation Calls to Action most relevant to the work at Archway.

**We are looking for someone who:**

- Is recognized and respected by their community and who has a learned understanding of Indigenous world views and traditional teachings.
- Has acquired lived experience, cultural/lived wisdom, cultural knowledge and understands the barriers faced by Indigenous populations – Sto:lo First Nation, urban Indigenous, and Metis in Abbotsford.
- Has two years of experience in a social service organization, developing and delivering cultural programs and services, facilitating events and ceremonies, as well as working with Indigenous populations in Abbotsford, organizations and communities.
- Has training and/or education as it relates to Indigenous practices and communities.
- Has knowledge of the history and culture of Indigenous Peoples of Canada.
- Has strong interpersonal skills and the demonstrated ability to build trusting and effective relationships with the local First Nations, urban Indigenous, Metis communities, clients, Agency staff, Board members and other rights and title holders.
- Has the ability to facilitate talking circles, teachings and ceremonies.
- Has strong organizational and time management skills; able to balance and manage competing projects and priorities.

**NOTE:**

- This position may be required to work in a stressful environment, dealing with participants in crisis and/or challenging situations. The ability to function independently and frequently under pressure while managing concurrent activities, including time-sensitive responsibilities, is an ongoing expectation of this position. The incumbent must also be able to de-escalate stressful situations.
- The use of a personal vehicle may be required for program-related driving.
- A valid BC Driver's License and satisfactory driver's record may be required.
- A satisfactory Criminal Records Check is a condition of employment.

**Our Offer**

- Wage: \$35.00 to \$40.00 per hour
- A contract position at 20 hours per week, availability Mondays to Fridays, from 8:30 AM to 5:00 PM.
- Three-year contract.

**Your Role:**The Indigenous Elder/Knowledge Keeper Consultant contributes by:

- Assisting the CEO with the interpretation and review of Archway's organizational/departmental policies and procedures, providing recommendations for change to further support and respond to Indigenous priorities.
- Developing and maintaining a cultural development plan to support the Indigenous Matters Committee's strategic plan that builds upon existing evaluations, reports and promising practices to guide the Agency in providing a culturally safe, appropriate and high-quality approach to service delivery.
- Identifying the specific Calls to Action in the Truth and Reconciliation report which are relevant to Archway's vision and mandate.
- Teaching, educating and inspiring the Agency, Board, staff and clients regarding Indigenous history, culture, traditions, practices and cultural preservation.
- Providing mentorship, support and direction to Board members, staff and volunteers on key issues of concern for the Indigenous populations – Sto:lo First Nations, urban Indigenous and Metis in Abbotsford.
- Offering consultation and training to Agency staff and volunteers to support and guide the development and implementation of program and/or client cultural plans.
- Providing territorial/land acknowledgements and welcome greetings at Archway meetings and events. Collaborating with Agency staff to prepare events to ensure the inclusion of appropriate cultural protocols.
- Liaising with programs supporting the development, alongside other Indigenous elders, of cultural plans for Indigenous clients.
- Developing partnerships with Indigenous service providers, families, bands and community leaders. Representing Archway in the community, including at meetings, networking opportunities and cultural events.
- Providing Archway Management with guidance and support in hiring Indigenous talent and in supporting Indigenous employees.



- Developing and delivering cultural safety and humility training for all Agency staff, new hires, and Board members to address inequities and raise awareness of racism, systemic discrimination, intergenerational trauma and lateral violence, and stigmas in order to create an environment where Indigenous populations: Sto:lo First Nation, urban Indigenous, and Metis in Abbotsford are respected and provided with services in a safe manner, without discrimination.

This position is a great fit for an Indigenous elder and knowledge keeper/cultural advisor who is able to share their learnings, and teach/educate Archway staff, Board, volunteers and clients on Indigenous history, culture, beliefs and practices to support Truth and Reconciliation.

**Closing date is February 09, 2025.**

#### **TO APPLY**

Interested applicants are to reference **Posting #2025-099-01 in the subject line.**

Please submit your cover letter and resume to:

Email: [jobpostings@archway.ca](mailto:jobpostings@archway.ca)

Subject: Job Posting #2025-099-01

**Only short-listed applicants will be contacted.**

**Must be legally entitled to work in Canada.**

*We acknowledge that we gather on the traditional and unceded territory of the Stō:ló people. Stō:ló territory extends from the mouth of the Fraser River to Boston Bar. Locally, this includes the Matsqui First Nation and Sumas First Nation. We give them thanks for sharing their land and resources with us.*

# Looking for a Hands-On Career?

## Start with Try-A-Trade

Explore the rewarding world of trades with BC Hydro's Try-A-Trade program. This paid work experience offers Indigenous candidates the chance to experience and learn about trades in a real-world workplace setting. Whether you're just starting your career journey or exploring new opportunities, Try-A-Trade is a great way to gain:

- On-the-job experience working alongside skilled BC Hydro professionals
- Practical knowledge and technical skills to kick-start your career in the trades
- Connections and support networks to help you succeed



Recent Try-A-Trade participants tour BC Hydro's trades training centre

### What You'll Do

Through the program, participants will:

- Receive essential safety training to prepare for the job
- Shadow experienced professionals in trades, and construction roles
- Explore potential career paths within BC Hydro and the trades industry

This program bridges Indigenous candidates into exciting opportunities—whether it's an entry-level role, BC Hydro's pre-apprenticeship or apprenticeship programs, or positions with our contractors.

### Who Can Apply?

The Try-A-Trade program is open to all Indigenous candidates across B.C. who are interested in pursuing a trades career and have graduated high school with English 12, Math 11 and Physics 11.

### Get Started Today.

[connie.strayer@bchydro.com](mailto:connie.strayer@bchydro.com)

[bchydro.com/tryatrade](https://bchydro.com/tryatrade)

# Looking for a Career in Tech?

## Start with Try-A-Technical

Explore the world of technical careers with BC Hydro's Try-A-Technical program! This paid work experience offers Indigenous candidates the opportunity to develop technical skills in a workplace setting. Whether you're starting your career or transitioning into a new field, Try-A-Technical provides:

- Hands-on experience in technical roles alongside skilled BC Hydro professionals
- Professional development opportunities to grow your knowledge and career potential
- Connections and mentorship to help you navigate your career journey



Start a career working for BC Hydro

### What You'll Do

As a participant in the program, you'll:

- Gain on-the-job experience in MoveUP technical roles (such as customer service and operations)
- Work in various departments to understand BC Hydro's operations and career pathways
- Receive career guidance, mentorship, and professional support to prepare for future roles

This program is designed to bridge Indigenous candidates into technical careers at BC Hydro.

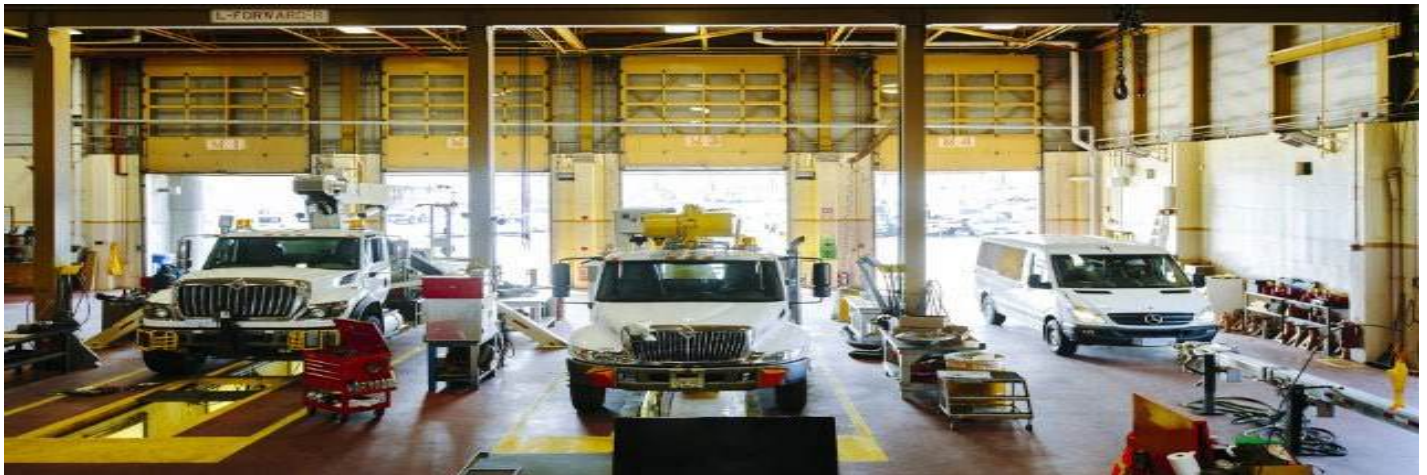
### Who Can Apply?

The Try-A-Technical program is open to all Indigenous candidates across B.C. who are interested in exploring a career in technical roles and meet the program's eligibility criteria.

### Get Started Today.

[connie.strayer@bchydro.com](mailto:connie.strayer@bchydro.com)

[bchydro.com/tryatechnical](https://bchydro.com/tryatechnical)



## Are you interested in a BC Hydro career?

Currently accepting applications for the following:

- Try A Trade
- Try A Technical
- Indigenous Professionals in Development

**Deadline to Apply**

**January 19, 2025**

**December 30, 2024**

**January 15, 2025**

### Why BC Hydro?

We're investing more than \$2 billion per year in major capital infrastructure projects to help meet the growing demand for safe, reliable power. We're upgrading transmission lines, building new substations, and investing in our hydroelectric generation facilities. We aim to provide meaningful and challenging work, opportunities for growth and a healthy work/life balance. We've been recognized for excellence and been named one of B.C.'s Top Employers and one of Canada's Best Diversity Employers for four years in a row.

### HOW TO APPLY:

- Visit BC Hydro Careers Page
- Create or update your candidate profile
- Upload Resume, Cover letter & proof of pre-requisite completion, and required documentation listed in posting
- Click on the Apply Button in the posting and follow steps

[See full postings, qualifications & application steps at:](https://www.bchydro.com/toolbar/careers.html)

<https://www.bchydro.com/toolbar/careers.html>

### FOR INFORMATION OR SUPPORT WITH APPLICATION:

**Connie Strayer-Regional Specialist**  
Indigenous Employment & Training  
[connie.strayer@bchydro.com](mailto:connie.strayer@bchydro.com)

 **BC Hydro**  
Power smart

---

# Classes & SASET Programs

*Pages 61-70*

**Innovate your way,  
at no cost to you.**

Digital skills for  
careers and life.



Course	Program	Dates
GIS/GPS Mapping	Foundations	Nov 4-15, 2024
Data Analytics	Foundations	Nov 4 - Dec 13, 2024
Drone Stewardship	Futures	Nov 18-29, 2024
Intro to Web Development	Foundations	Nov 18-29, 2024
Web Development	Focus	Jan 13 - Feb 7, 2025
Exploratory	Foundations	Jan 13 - Apr 4, 2025
GIS/GPS Mapping	Futures	Jan 20 - Mar 14, 2025
Network Technician	Focus	Feb 24 - Mar 28, 2025
Digital Transformation	Foundations	Feb 24 - Mar 7, 2025
Digital Transformation	Focus	Mar 17 - Apr 11, 2025

Scan this or visit  
[technologycouncil.ca](https://technologycouncil.ca) to apply



First Nations  
Technology Council

# BASIC COMPUTER SKILLS TRAINING

## Every Friday by Appointment

Are you looking to improve your basic computer skills? Join our workshop every Friday! Whether you're a complete beginner or just looking to brush up on your knowledge, our sessions are designed to help you navigate the digital world with ease. Call our office to book 604-858-3691!



## CALL NOW TO BOOK!!

**SASET—Chilliwack Office**  
5B-7201 Vedder Road  
Chilliwack, BC  
Phone: 604-858-3691

**SASET—Sts'ales Office**  
4690 Salish Way  
Agassiz, BC  
Phone: 604-796-5536

**SASET—Seabird Office**  
2895 Chowat Road  
Agassiz, BC  
Phone: 604-796-6865

**Canada**



STO:LO ABORIGINAL SKILLS & EMPLOYMENT TRAINING IS PLEASED TO ANNOUNCE:

# CAREER

# *Fair* 2025



EVERYONE IS WELCOME

Join Us for a Day of Opportunities and Growth!



10:00AM - 3:00 PM



February 5, 2025



Chilliwack Landing  
Sports Centre  
45530 Spadina  
Ave  
Chilliwack, BC

Door Prizes!



Canada





Stólo Aboriginal Skills & Employment Training is please to host

# Indigenous Mapping for Stewardship and Cultural Heritage Management



## February 10 - 14, 2025

Through participation in this course, students will:

- Advance interview and field data collection skills
- Understand the how and why behind methods and tools designed to support Indigenous Land Stewardship
- Further understanding of Geographic Information Systems (GIS)
- Gain hands on experience with data management platforms and field apps

Training will take place on site at:  
5B 7201 Vedder Rd, Chilliwack, BC

February 10 - 14, 2025  
8am - 4pm

Call us to apply:



Canada

SASET—Chilliwack Office  
5B-7201 Vedder Road  
Chilliwack, BC  
Phone: 604-858-3691

SASET— Sts'ailes Office  
4690 Salish Way  
Agassiz, BC  
Phone: 604-796-5536

SASET—Seabird Office  
2895 Chowat Road  
Agassiz, BC  
Phone: 604-796-6865



**STO:LO ABORIGINAL SKILLS & EMPLOYMENT  
TRAINING IS PLEASED TO ANNOUNCE:**

# **BABYSITTER TRAINING COURSE**

- **FOSTERING STRONG CONNECTIONS WITH CHILDREN AND PARENTS**
- **ESSENTIALS OF CHILDCARE**
- **FIRST AID AND CPR TRAINING**
- **SAFETY GUIDELINES AND CHILDPROOFING**
- **MANAGING BEHAVIORAL ISSUES**

**FEBRUARY 14TH, 2025**

**9:00AM TO 5:00PM**

**THE TRAINING WILL TAKE PLACE AT:**

**THE'Í:TSELÍYA - HEALTH &  
COMMUNITY CENTRE  
(S.A.Y BUILDING)**

**7256 CHILLIWACK RIVER RD,  
CHILLIWACK, BC**



**For more information contact us at 604-858-3691 or [info@saset.ca](mailto:info@saset.ca)**

**SASET—Chilliwack Office**  
5B-7201 Vedder Road  
Chilliwack, BC  
Phone: 604-858-3691

**SASET— Sts'ailes Office**  
4690 Salish Way  
Agassiz, BC  
Phone: 604-796-5536

**SASET—Seabird Office**  
2895 Chowat Road  
Agassiz, BC  
Phone: 604-796-6865



# Microsoft Office & Minute Taking WORKSHOPS

February 24—March 4, 2025

9:00am—12:00pm

Training will take place ONLINE



Are you an Indigenous Person who:

- Has an interest in learning more about Microsoft Office
- Resides in our service area (Katzie to Boston Bar)

If so... we are presently accepting applications for this training opportunity. There are a limited number of seats, so don't delay in scheduling an appointment with an Employment Counsellor!

## SASET FULLTIME EAS OFFICES:

SASET—Chilliwack Office  
5B-7201 Vedder Road  
Chilliwack, BC  
Phone: 604-858-3691

SASET— Sts'ailes Office  
4690 Salish Way  
Agassiz, BC  
Phone: 604-796-5536

SASET—Seabird Office  
2895 Chowat Road  
Agassiz, BC  
Phone: 604-796-6865



# EMPLOYMENT PREP TRAINING

We are presently accepting applications for this Indigenous training opportunity. There are a limited number of seats, so don't delay in scheduling an appointment with your Employment Counsellor!

## March 3 - 7, 2025

### Certificates Offered:

- First Aid
- Aerial Lifts
- Forklift
- Food Safe
- Fall Protection



Training will take place at  
Sto:lo Nation  
Building 5B, 7201 Vedder  
Rd Chilliwack  
Monday to Friday  
8:30 AM TO 3:30 PM

Lunch,  
Transportation  
Supports and  
Safety Gear  
Provided!

SASET—Chilliwack Office  
5B-7201 Vedder Road  
Chilliwack, BC  
Phone: 604-858-3691

SASET— Sts'ailes Office  
4690 Salish Way  
Agassiz, BC  
Phone: 604-796-5536

SASET—Seabird Office  
2895 Chowat Road  
Agassiz, BC  
Phone: 604-796-6865



**Sto:lo Aboriginal Skills &  
Employment Training is offering**

# **Wildfire Fighting Training**

**March 10 - 21, 2025**

Training will take place on-site at SASET  
5B - 7201 Vedder Rd, Chilliwack BC  
Monday to Friday 8:30am to 4pm



## **Call to apply:**

**SASET—Chilliwack Office**  
5B-7201 Vedder Road  
Chilliwack, BC  
Phone: 604-858-3691

**SASET— Sts'ailes Office**  
4690 Salish Way  
Agassiz, BC  
Phone: 604-796-5536

**SASET—Seabird Office**  
2895 Chowat Road  
Agassiz, BC  
Phone: 604-796-6865

# SPRING BREAK CERTIFICATE TRAINING



## Course Includes

- FoodSafe
- First Aid
- WHMIS
- WCB Awareness
- Customer Service

## Dates

March 17 – 20, 2025

## Location

SASET EAS Office  
5B 7201 Vedder Rd,  
Chilliwack BC

For more information contact an  
Employment Counsellor at  
[info@saset.ca](mailto:info@saset.ca) or 604-858-3691



Canada

SASET—Chilliwack Office  
5B-7201 Vedder Road  
Chilliwack, BC  
Phone: 604-858-3691

SASET— Sts'ailes Office  
4690 Salish Way  
Agassiz, BC  
Phone: 604-796-5536

SASET—Seabird Office  
2895 Chowat Road  
Agassiz, BC  
Phone: 604-796-68