



Temtl'i:q'es

March Newsletter

Very few elders know a name for the fifth month, around February; those that do call it **Temtl'i:q'es** as time to get jammed in (as a trap, a box, etc.) or **Temt'elemches** - time one's hand sticks to things (from the cold), **tl'i:q'** means get jammed in, get wedged in, get stuck, **es** means a periodic cycle of time, **t'elem** means stick to something, **tses** means on the hand. **Temtl'i:q'es** probably refers to getting jammed in one's house because of snow and ice.

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March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 Sysco Meat Hamper Pickup (Health Boardroom) 2:30 PM - 4:00 PM Come Sing with Me (Community Hall) 4:30 PM - 6:30 PM	4 Lunch with Lyndy (Health Boardroom) 12:30 PM - 2:30 PM Free Legal Clinic (Chillwack) 1:00 PM - 4:00 PM	5 Lunch with Lyndy (Health Boardroom) 12:30 PM - 2:30 PM Nomination Meeting (Community Hall) 6:00 PM - 8:00 PM	6 Halq'eméylem Class (Health Boardroom) 4:30 PM - 5:30 PM	7	8
9	10 Produce Day (Health Boardroom) 1:30 PM - 4:30 PM Come Sing with Me (Community Hall) 4:30 PM - 6:30 PM	11 Lunch with Lyndy (Health Boardroom) 12:30 PM - 2:30 PM Band Meeting (Community Hall) 5:00 PM - 8:00 PM	12 Lunch with Lyndy (Health Boardroom) 12:30 PM - 2:30 PM Gardening Workshop (Community Hall) 5:00 PM - 8:00 PM	13 Halq'eméylem Class (Health Boardroom) 4:30 PM - 5:30 PM Candidates Forum (Community Hall) 6:00 PM - 8:00 PM	14	15
16	17 Come Sing with Me (Community Hall) 4:30 PM - 6:30 PM	18 Lunch with Lyndy (Health Boardroom) 12:30 PM - 2:30 PM	19 Lunch with Lyndy (Health Boardroom) 12:30 PM - 2:30 PM Services Fair (Online Sessions) 9:00 AM - 6:00 PM	20 Services Fair (In-Person) 12:00 PM - 4:00 PM Halq'eméylem Class (Health Boardroom) 4:30 PM - 5:30 PM Community Dinner & Water Stewardship Discussion (Community Hall) 5:00 PM - 7:30 PM	21	22
23	24 Come Sing with Me (Community Hall) 4:30 PM - 6:30 PM	25 Lunch with Lyndy (Health Boardroom) 12:30 PM - 2:30 PM	26 Lunch with Lyndy (Health Boardroom) 12:30 PM - 2:30 PM Community Candlelit Vigil (Community Hall) 5:00 PM - 7:00 PM	27 Halq'eméylem Class (Health Boardroom) 4:30 PM - 5:30 PM	28	29
30	31 Come Sing with Me (Community Hall) 4:30 PM - 6:30 PM	1	2	3	4	5

Community Events

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New Date

FROZEN MEAT HAMPER

By SYSCO

FOR HOUSEHOLDS THAT PRE-ORDERED

MEAT BOXES WILL BE DELIVERED BY SYSCO ON MONDAY, MARCH 3RD. ESTIMATED DELIVERY WINDOW IS 2:30-4:00PM, WE WILL POST IN THE SFN FACEBOOK GROUP WHEN THE BOXES ARRIVE AND ARE READY FOR PICK UP. IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT ALANA.JAMES@SUMASFIRSTNATION.COM

PICK UP FOR YOUR HAMPER MUST BE MADE WITHIN AN HOUR OF THE POSTED DELIVERY TIME. IF THEY ARE NOT PICKED UP, TO PREVENT THE WASTED HAMPERS THEY WILL BE GIFTED TO WHOMEVER CAN PICK UP THE FASTEST, *FIRST PRIORITY WILL BE OFFERED TO MEMBERS ON THE WAITLIST*



BC FIRST NATIONS
JUSTICE COUNCIL

MARCH 04, 2025
1PM - 4PM

JOIN OUR FREE CLINIC



JOIN OUR DROP-IN LEGAL CLINIC
TUESDAY, MARCH 04 • 1-4PM

Chilliwack Indigenous Justice Centre

lawyers will be available for
general legal advice for
First Nation, Métis and Inuit persons.

Tuesday | March 04 | 1pm-4pm

**Chilliwack Indigenous Justice Centre
201-46140 Yale Road (In District 1881)**

**Questions? Contact Natalie at 778.704.1666 or
Natalie.Brandon-George@bcfnjc.com**



@bcfnjc



bcfnjc.com



REMINDER THERE IS NO DELIVERY AVAILABLE.

PRODUCE DAY

FRESH FRUIT & VEGGIES

Monthly Produce Hampers. This is open to ON and OFF Reserve Members while supplies last. This will be set up for you to choose and pack your own hampers. If you can not make it, you can request a family member to pack a hamper for you.

BRING YOUR OWN BAGS

MAR 10TH

ELDER'S PICK UP 1:30-2:00PM

COMMUNITY PICK UP 2:00-4:30PM



Semá:th
Sumas First Nation

Quarterly Band Meeting

March 11, 2025

5:00 – 8:00 PM

Community Hall

Dinner served at 5pm; meeting to follow.

Agenda item submissions welcome! Please submit your agenda items to brian.jones@sumasfirstnation.com

Agenda item submission deadline: March 4

LMS Society will also be at the meeting with a very special presentation for the community!

Beginner's Gardening Workshop



What you will do/learn at this workshop:

- How to start plants from seeds at home
- Grow your own herbs and microgreens

March 12th at the Sumas Community Hall, 5-8pm

Dinner will be provided

All participants will receive all supplies needed to bring home.

Limited space, please register by emailing
patricia.ned@sumasfirstnation.com



Sumas Services Fair

Online Sessions Mar 19, In-Person Event Mar 20

Get a **\$50 gift card** AND entry into **Grand Prize Draws** when you attend our Services Fair!

Staff help you sign up for apps/services exclusive to Sumas First Nation members, and YOU get rewarded!

Here's what you get for attending:

- **\$50 Gift Card:** Receive a gift card when you sign up for any service (emails, apps, etc.).
- **Bonus Grand Prize Draws:** Each service you sign up for enters you into multiple GRAND PRIZE DRAWS!

Bring someone who hasn't yet participated in any of the below services, and you'll BOTH be eligible for gift cards!



Get a gift card of your choice!
Choose from: Superstore, Esso, Amazon, and more.

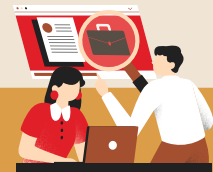


In-Person Event

Date: March 20th

Time: 12:00 PM – 4:00 PM

Location: Health Building Boardroom



Online Sessions

Date: March 19th

Time: 9:00 AM – 6:00 PM

Location: Online (please book a time slot)

ConnectRocket
Emergency notifications

Semá:th App
Info, events, jobs, & more

MailChimp
Email newsletters & more

E-Transfer Support
Emergency direct deposit

Weir Site
Paid volunteer opportunities



MORE

Make sure you come by and see the various departments that will be joining us. You get an entry into a draw for every service you join, so come by and see what's available!

Can't make it, but want to participate and get your gift card?

Join us on Mar. 19th for a quick and easy digital session! We will be hosting a remote guided services sign-up (hosted by our Emergency & Comms Departments). To register, please email emergency.department@sumasfirstnation.com. Gift card will be delivered via email.



Semá:th First Nation Community Dinner



**Door prizes
available!**

**Samsung Tab, Sound
Box, Gift Cards, &
more!**

Tending the Waters

**A community dinner to talk
about our Nation's water
stewardship projects**



Thursday, March 20



Semá:th Community Hall



5:00 pm – 7:30 pm (doors open at 4:45)

Please join us for dinner at the Community Hall to talk about the health of our waters and and future of our water environment. We will have presentations about:

- **Source Water Information**
- **Integrated Stormwater Management**



*We need to hear
from you as we
work towards
building a healthy
and sustainable
water environment.*



Semá:th First Nation

Let's Talk Stormwater!

Semá:th First Nation is making a plan to better manage stormwater in our community.

Why does this matter?

We want to:

- 💧 Prevent our houses from flooding
- 💧 Make sure we can drive on our roads during big rainstorms
- 💧 Better understand and protect the health of our waterways (including fish, water quality, and other aquatic life)
- 💧 Plan future community growth safely

What is stormwater?

Stormwater is precipitation (rain or snow) that collects on our surfaces (roads and fields). Stormwater runs off of these surfaces and can collect different contaminants (soil, pesticides, or metals) before flowing back into our waterways.

About the plan

This plan is called an ISMP (Integrated Stormwater Management Plan). It is an important document that outlines how we will manage our stormwater. The project team is working to understand:

- 💧 Why floods are happening in the community and where the water is coming from
- 💧 How well our infrastructure is handling it today
- 💧 What we can do to improve our infrastructure for the future

There are a lot of different ways that we can manage our stormwater. They all have different tradeoffs (like costs, maintenance requirements, or examples here).



Join us at our community dinner on March 4th to learn more about these options and have your say.



Semá:th Community Hall



Thursday, March 20



5pm – 7pm
(doors @ 4:45pm)



Candlelit Vigil

March 26, 2025

5:00 - 7:00 PM

Community Hall

Includes dinner

Please join the community for a Candlelit Vigil & Dinner

Please come by the Community Hall for an evening with the Community for a Candlelit Vigil. We will begin the evening with dinner and will share stories & poems. We will also have drummers attending to drum and sing.

Special thanks to Lori Stromquist, our Community Support Worker, and to Dionne & Lyndy from our Healing Homes Department, for organizing and hosting this event.



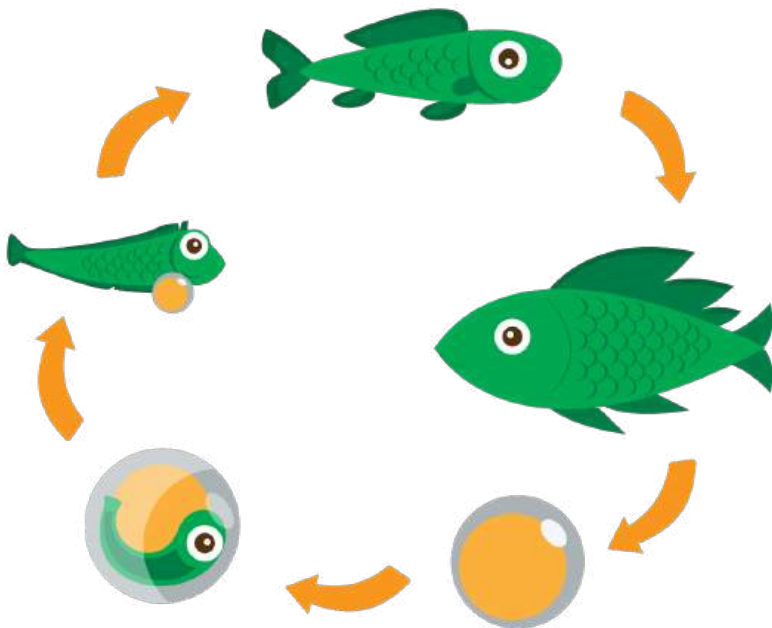
Sumas First Nation
Healing Homes
Department

How to Register:

Please email Lori Stromquist to register: lori.stromquist@sumasfirstnation.com

Come visit us! MARCH 27

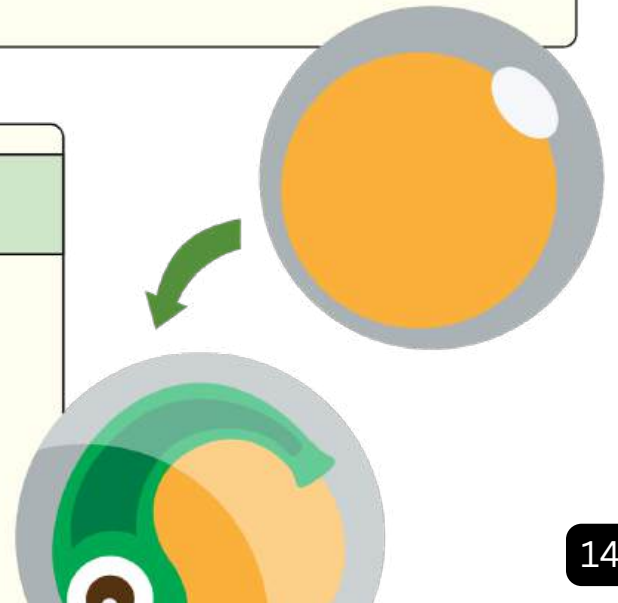
STH'OQI AQUACULTURE LP



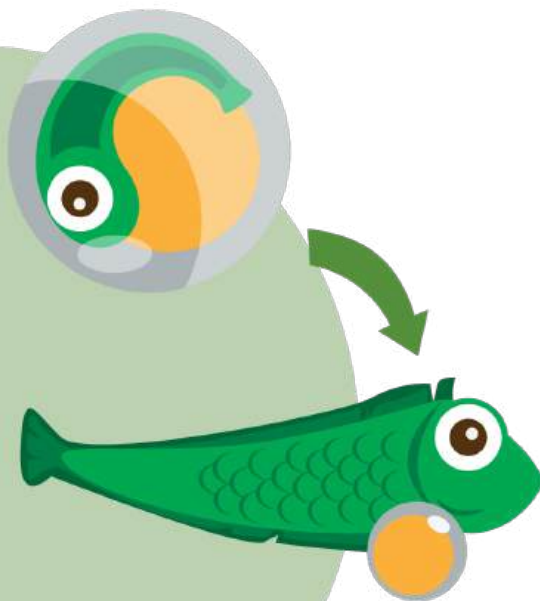
Stho'qi Aquaculture LP is an on-land fish farm nestled in the heart of Rosedale. Sumas First Nation's economic development corporation, Sema:th Xo:tsa Developments LP, and their partners purchased the farm in 2017. The farm was purchased in an effort to create greater food security and economic independence through farming Tilapia for the nation.

TILAPIA

Tilapia fingerlings are imported from the US and grown to adult size, which takes about 6 months.



takes about 6 months.

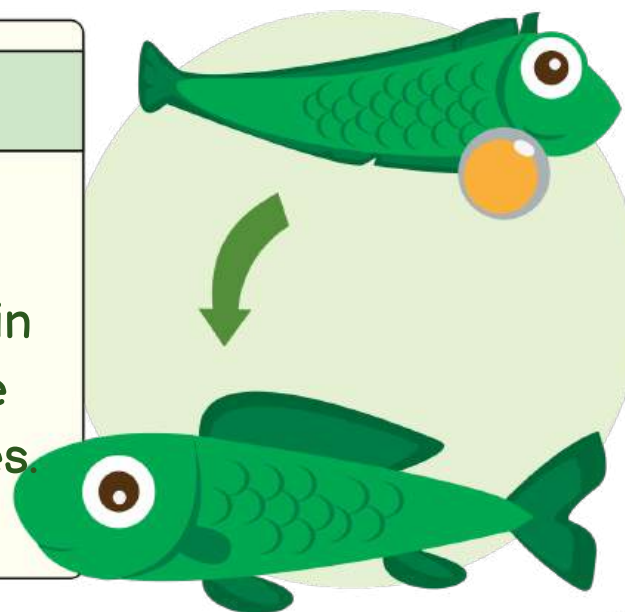


PRODUCTION

Stho'qi Aquaculture can produce approximately 3,000 pounds of market size Tilapia each week. Currently, we are producing approximately 2,000 pounds per week.

STAFF

This aquaculture operation is run and operated by 3 staff with hopes of expansion into Barramundi production in 2025, which we are hoping will increase revenue and additional job opportunities.



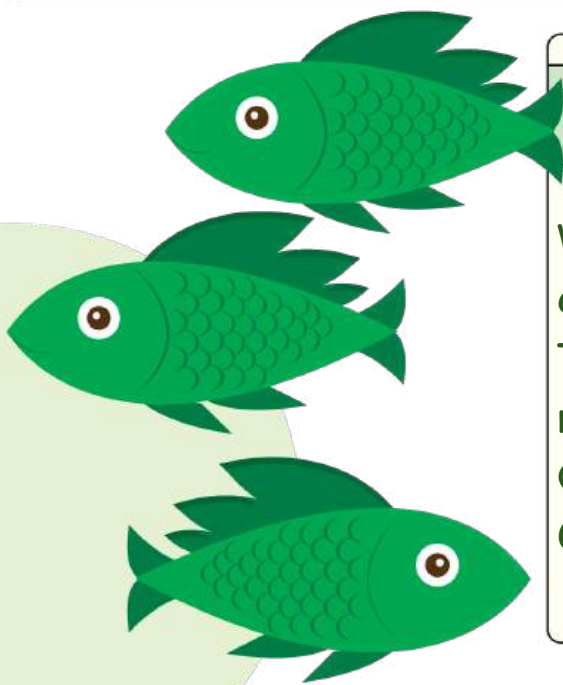
FARM TOUR

We would love to offer you an opportunity to come and tour the fish farm.

TRANSPORTATION PROVIDED. Or feel free to meet the tour at the farm.

Contact Luwana for more information.

604-864-3030 or Luwana.Louis@SXDL.ca





FIRST AID TRAINING

BOARDROOM ONE – HEALTH BUILDING

THURSDAY, APRIL 3RD 2025

8:00–4:00PM

**LIMITED SEATS AVAILABLE SIGN UP IS REQUIRED FOR THIS TRAINING,
PLEASE EMAIL:**

EMERGENCY.DEPARTMENT@SUMASFIRSTNATION.COM



Prerequisites:

Must be physically able to perform all of the First Aid tasks.
No previous experience is necessary

Important Information:

- **Certificate Valid for 3 Years**
- **Lunch will be provided**
- **Please sign up in order to take this course**

What you will learn:

- Performing Cardiopulmonary Resuscitation for adults (CPR Level A)
- Airway breathing circulation (ABC) reassessments
- Describe the roles and responsibilities of a designated first aid attendant
- The WorkSafeBC regulatory requirement for first aid record keeping
- The procedures will follow the guidelines described in this guide.
- How to use an automated external defibrillator (AED)
- Assessing soft tissue injuries
- Clearing obstructed airways
- How to use a pocket mask





Spring Classes

Classes will cover harvesting, lecture, and making of the final product over 2 sessions, focusing on plants & herbs available during the Spring season

Registration

Please email Dionne Shaw (Healing Homes):
dionne.shaw@sumasfirstnation.com

Dates & Times

1st Class: April 19, 8:30 AM–4:00 PM
2nd Class: May 17, 9:00 AM–12:00 PM

Location

Sumas First Nation Community Hall

Supplies to bring to class:

- Dress appropriate for the weather, rain, or shine/boots etc.
- Clippers/Scissors/Loper, if you have one to cut the branches
- Bring Baggies large enough to hold leaves, branches, roots. Label each bag.
- Lunch will be provided, bring own snacks, water etc. Teacher will make tea for the day.
- Bring a 3 ring binder to hold notes/index sheets of A,B,C, etc. Bring note paper pens/felt pens/ labels for your jars
- Bring a cutting board, a sharp knife, scissors. Bring a Laundry basket to hold your Medicines and herbs to bring home.

Goals of the Medicine Classes:

- Define Traditional use of the Herbs of that Season
- Learn one Body System related to the Season of the Herbs.
- Learn the Disease process
- Learn the Chemical Constituents of the Herbs.
- Study the herbal terminology, contraindications and its properties.
- Learn the Menstruums which extract the Medicines from an Herb.
- Learn how to create a Formula and Dosages.
- Learn to make a Final Product as a Cream or a Spray.

The following will be provided for all students:

- Will provide the 200 ml jars for each student
- The Menstruums as: Olive Oil, Ribena Concentrate and Apple Cider Vinegar
- Lunch: on the first day of each of the season
- Will provide the notes for each of the 3 Sessions will be based on the Season of the Herb.
- Body System notes will be provided to correspond with the Season of that Herb.
- Will provide the Plastic Jars, Bottles and Medicine Bags necessary to make final products.

FRIDAY MAY 9TH 2025

3:00-6:00 PM

SUMAS FIRST NATION



Emergency Preparedness Fair

2800 SUMAS MOUNTAIN ROAD



- Meet first responders, emergency management stakeholders, community partners and the Sumas Emergency Department team!
- Enjoy hands-on activities, demonstrations, and the chance to ask questions.
- Let's build a more prepared and resilient community together.

HOSTED BY: SUMAS FIRST NATION EMERGENCY MANAGEMENT

JOIN US FOR LOTS OF FUN!

Prizes

Bouncy Castle

Carnival Games

Kids Activity Table

Pop Corn

Demonstrations

Balloon Twisting

Face Painting

BBQ Dinner



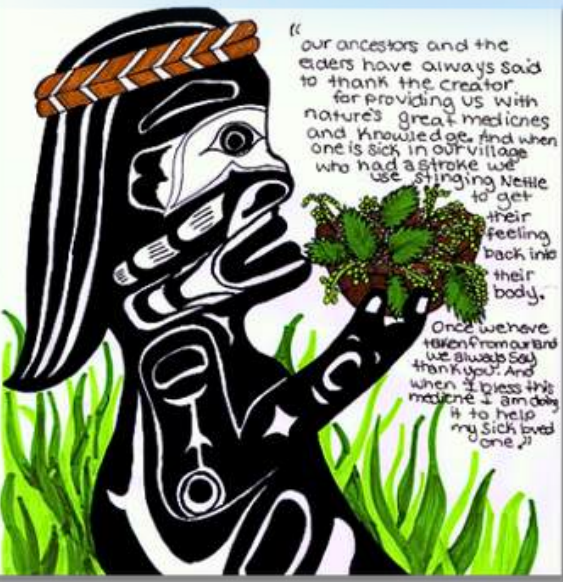


PHOTO, VIDEO & ART CONTEST FOR CANADIAN INDIGENOUS YOUTH

Celebrating the rich cultural & heritage traditions of Indigenous people, FORED sponsors this annual contest with cash prizes for Indigenous youth.

DEADLINE:
MAY 23, 2025

Theme: **Traditional Knowledge & Medicine** Prize: 4 x \$150 prizes with at least one national winner. *Group work shares prize.* 💰



Interview a local elder about homemade salal tea on video? Creativity of all kinds is welcomed.

Contest Details: Please submit entries via the easy entry form on our website. <https://www.foredbc.org/traditional-knowledge-contest>
Entries may also be mailed to the address at bottom.

- Eligibility: youths aged 5-18 of First Nations, Inuit, Métis, or self-declared ancestry.
- Participants must include their name, band affiliation/ancestry, home address, phone & email address, parent & teacher contact, grade & school on [website entry form](#) or with mailed entries.
- Please include a brief description of how your artwork relates to traditional knowledge and medicine. **DEADLINE: May 23/25**

- All original artistic work accepted: i.e. pencil, crayon, paint, mural, collage, photos, animations, videos etc. (.jpg, .pdf, .png, .mp4, .MOV). **Minimum image size 2MB.** Videos must be less than 3 min. **Please have someone take a photo of you with your artwork if possible.**
- By entering, winners agree their names & entries can be published in local & social media, or displayed on BC Ministry of Education sites for Indigenous People's Day, June 21, & our [website](#).
- All entrants qualify for complimentary, honorary youth membership. No commercial use of entries.
- **Mailed entries won't be returned. Only winners will be notified.**
- See how Indigenous volunteer mentors integrate traditional knowledge into natural resources practices on our [YouTube](#). **Follow us on social @foredbc.**
- Complimentary teacher & youth activities by age group on Indigenous culture available [here](#).

Questions? Email education@foredbc.org.



#213 - 4481 W.10th Ave. Vancouver, BC V6R 4R8
P: 604-737-8555 E: info@foredbc.org W: foredbc.org

Support balanced education about our environment & sustainable natural resources. Trusted since 1925.



Weekly Community Programs

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Youth Halq'eméylem Language Class

Every Wednesday

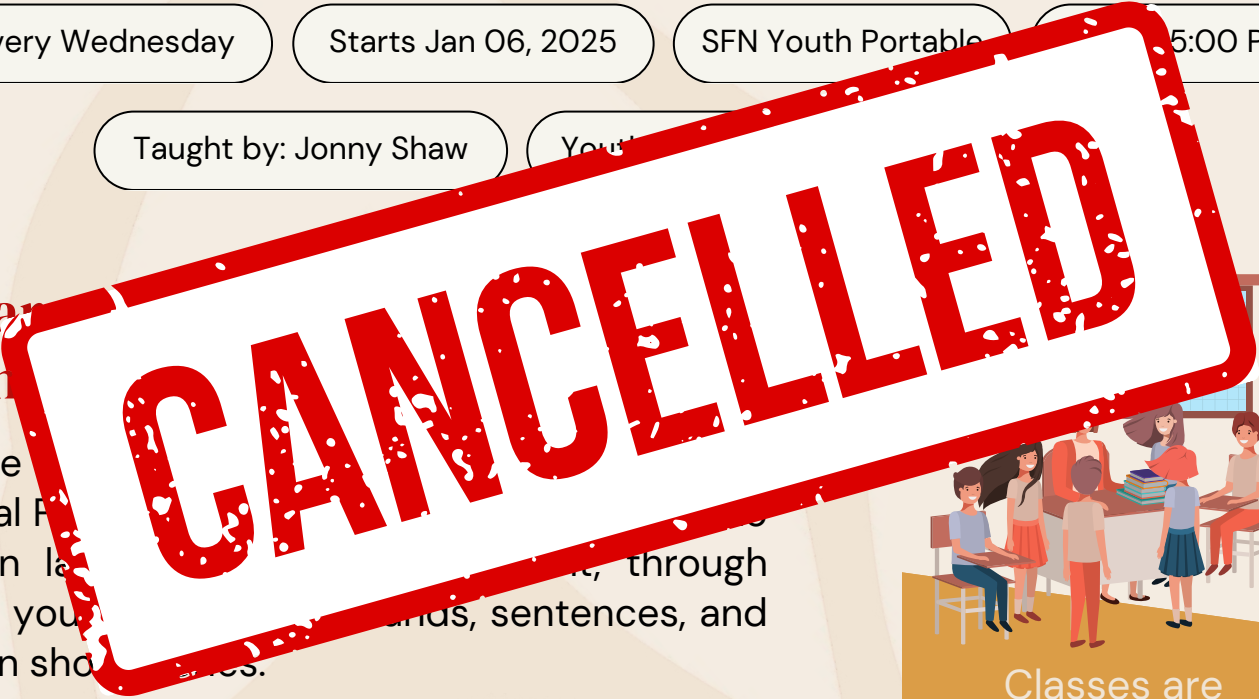
Starts Jan 06, 2025

SFN Youth Portable

5:00 PM

Taught by: Jonny Shaw

Youth

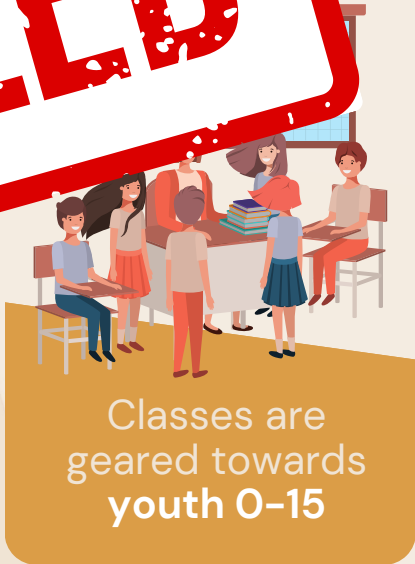


Learn
son

Have
Total F
learn la
TRP you
even sho

Song and dance are fun and effective ways to remember the language and create more opportunity for retention.

We will also be sharing traditional songs, dances, history, and protocols. This class is geared towards youth ages 0-15 but all ages are welcome to participate.



Classes are geared towards youth 0-15



Sumas First Nation
Healing Homes
Department

How to Register:

Please email Dionne Shaw to register: dionne.shaw@sumasfirstnation.com

Mini Indigenous Queens and Mini Warriors

Program Topics

A tailored youth program aimed at supporting Indigenous children and teenagers as they navigate the challenges of life, focusing on fostering a reconnection to their cultural roots while embracing the joys of youth. **Open to all Semá:th Community Members!**

Mini Warriors Groups: Ages 5-8 & 9-13

Mini Queens Groups: Ages 5-8 & 9-13

Program Topics

- Foundations of Self
- Leadership & Team Building
- Cultural Immersion
- Wellness
-
-

This program is designed for boys and girls.

The individual components for each part of the program structure will vary slightly between groups.

CANCELLED



Program	Start Date	Date & Time	Location
Mini Queens (Ages 5-8)	October 2nd	Wednesdays, 5:00 - 6:00 PM	Youth portable
Mini Queens (Ages 9-13)	October 2nd	Wednesdays, 6:00 - 7:00 PM	Youth portable
Mini Warriors (Ages 5-8)	October 3rd	Thursdays, 5:00 - 6:00 PM	Youth portable
Mini Warriors (Ages 9-13)	October 3rd	Thursdays, 6:00 - 7:00 PM	Youth portable

Registration:

Please contact Dionne Shaw
dionne.shaw@sumasfirstnation.com

8 Week Life Skills Youth Membership welcome ages 13-18 years old

Brought to you by Indigenous Programming Matters
This is an 8 week certificate program to help get youth ready with transitioning to adult hood, gaining knowledge and helping support these difficult chapters.

Examples of the topics covered
(different topic for each week)

- Anxiety(und
- Str
- M
- Fin
- Rela
- Emo

CANCELLED



Semá:th
Sumas First Nation

This Program starts February 12th, 2025



Dionne.shaw@sumasfirstnation.com



Wednesdays 5:00pm-6:30pm



Portable Semá:th First Nation t

For more information please
contact Dionne Shaw

LUNCH with LYNDY

Open to all those in need of a hot meal



About Our Program

At the Soup Kitchen, our mission is to provide nourishing meals and support to those in need. We are dedicated to serving homeless individuals and those struggling with addiction, or those that are simply in need of a hot meal. Our aim is to offer not just food, but also a caring & supportive environment for all those in need.



Sumas First Nation
Healing Homes
Department

Every Tuesday &
Wednesday

12:30 – 2:30 pm

Health Building
Boardroom

What we offer:

- ▶ **Hot Meals:** Freshly prepared meals served every Wednesday.
- ▶ **Support Services:** Access to resources and information to help individuals on their path to recovery.
- ▶ **Safe Space:** A welcoming and non-judgmental environment where everyone is treated with dignity and respect.



Location

Sumas First Nation Health Building
Boardroom (2788 Sumas Mountain Rd,
Abbotsford, BC V3G2J2)



How You Can Help

Spread the word! Help us reach those who need our services. If you or someone you know is in need of assistance, please don't hesitate to reach out. Everyone deserves a helping hand and a warm meal

For more information
please contact:

Lyndy Silver
lyndy.silver@sumasfirstnation.com



UPDATE

New Time & Location

Come and Sing with Me!

4:30 - 6:30 pm

Every Monday

Sumas First Nation Community Hall

Enjoy songs and dinner with community members every week!

Join us every Monday from 4:30-6:30 PM at the Sumas First Nation Community Hall for a fun singing class that includes dinner. **All ages welcome!**

Location: We will now be meeting at the Sumas First Nation Community Hall (2800 Sumas Mountain Rd, Abbotsford, BC)



How to Register:

Please email Dionne Shaw to register: dionne.shaw@sumasfirstnation.com

Ey kwesé e'mi
WELCOME - IT IS GOOD THAT YOU ARE HERE
b.wyse

Adult Halq'eméylem Language Class

Every Thursday

Running until June

SFN Portable

4:30 - 5:30 pm

Taught by: Aiden Silver

Adult Language Class

Free Class

Halq'eméylem Classes with Aiden Silver are back!

Learn beginner-level traditional phrases and words in **Halq'eméylem**, the language of the Semá:th people. Aiden Silver is a Semá:th band member and will be leading these classes.

This is a FREE language class, made possible and offered on-reserve through our Healing Homes Department. Special thanks to Dionne Shaw & Lyndy Silver with Healing Homes, and to Aiden Shaw for his instruction!



Classes are geared towards adult learners



Sumas First Nation
Healing Homes
Department

How to Register:

Please email Dionne Shaw to register: dionne.shaw@sumasfirstnation.com



Sumas First Nation
Healing Homes
Department

Women's Empowerment

With Pat Charlie

Open to all First Nations women!

Starts April 2nd, 2025

Every Wednesday

6:00 PM – 8:00 PM

Community Hall

- 🌸 Socializing
- 🌸 Learning
- 🌸 Pampering
- 🌸 & more!

Special thanks to Sumas First Nation's Healing Homes Department for helping to organize this group. For more information or if you have questions, please contact Dionne Shaw (Healing Homes Manager): dionne.shaw@sumasfirstnation.com

Community Notices

Pages 29-35



Semá:th
Sumas First Nation

Are you in need of trauma support?

We are here to help.

We have a team of dedicated and highly trained staff available to support you at any time. They specialize in trauma-informed care and are here to ensure you receive the help you need in a safe and supportive way. Whether you need guidance on next steps or access to resources, they will walk alongside you to help you access the support that you need.

If you are in need of support, please contact one of the following Sumas staff members:

Tracey Stewart (*Chief & Council Executive Assistant*)

tracey.stewart@sumasfirstnation.com

604-852-4041 ext. 203

Dionne Shaw (*Healing Homes Manager*)

dionne.shaw@sumasfirstnation.com

604-852-4041 ext. 217

Lyndy Silver (*Healing Homes Coordinator*)

dionne.shaw@sumasfirstnation.com

604-852-4041 ext. 216

Donna Blair (*Legacy Project Administrator*)

donna.blair@sumasfirstnation.com

604-852-4041 ext. 305

Notice

Furnace & Central Air Maintenance Information

Furnace Filters

Furnace filter need to be checked regularly. The Furnace/Central Air will shut down if the filter is too clogged and will not warm or cool appropriately.

The furnace filters need to be clean and changed at least quarterly to keep your furnace operating properly. Your furnace and vents need to be clear to keep air flowing.

Rental homes may call the SFN housing department for assistance from SFN Maintenance Crew for furnace filter inspections and maintenance.

Member Home New Central Air Unit Responsibilities

The Central Air Unit maintenance is your responsibility. Heat Pump filters require replacement regularly, call Kim Peters, Meer Mechanical for information on the filters or a maintenance package quote. (604-793-0169).

Please keep your exterior Central Air Unit clean of any debris, black berries, shrubs, plants, etc. The unit can be damaged if clogged or jammed with leaves, branches, cottonwood fluff, garbage (Do not store anything on or around the unit). Damage is your responsibility and can be very costly.

Rental Home New Central Air Unit & Furnaces

Heat Pump filters require replacement regularly. You may call the SFN housing department for assistance from SFN Maintenance Crew for filter inspection and maintenance.

Please keep your exterior Central Air Unit clean of any debris, black berries, shrubs, plants, etc. the unit can be damaged if clogged or jammed with leaves, branches, cottonwood fluff, garbage (Do not store anything on or around the unit). Damage can be very costly and is a breach of the Rental Housing Policy.

If there is an issue with your furnace or air conditioning units, and you have not followed the requirements the cost will fall upon you. It is very important to maintain your Furnaces and Air Conditioning unit as the Housing Department does not have the budget to repair.



SUMAS FIRST
NATION HOUSING
DEPARTMENT

We thank you for your cooperation and for any assistance please call :

Paula Olmstead, Housing Officer –
paula.olmstead@sumasfirstnation.com – 604-852-4041 – ext. 227

Nancy Murphy, Housing Administrator-
nancy.murphy@sumasfirstnation.com
604-997-9500

Lands Notice: Garbage Collection System



Dear Community Members,

We hope this message finds you well. As of December 19, 2024, our community has implemented a new garbage disposal system. To ensure a smooth and efficient process, we kindly ask that all disposal items be placed **inside the bins**. Unfortunately, materials left outside the bins, whether in bags or on top, **cannot** be collected.

To assist with the automated pickup system, please place your bins **near the road curb by 7:00 AM**, ensuring there is a minimum of **1 foot of space** between each bin. This small adjustment will allow the automated trucks to collect the bins with ease.

We sincerely appreciate your cooperation and encourage you to take a moment to familiarize yourself with the new system. Your attention to these details helps keep our community clean and organized.

Garbage Collection (Black Bin)

1. **Keep Lids Closed:** Please ensure that the lids of all garbage bins are closed to prevent rainwater from filling them.
2. **Garbage Placement:** All garbage must be placed inside the bins, not on the lid.
3. **Curbside Pickup Time:** Please have your garbage bins at the roadside curb every Thursday by 7:00 AM.

Recycle Collection (Blue top bin)

1. **Keep Lids Closed:** Please make sure that the lids of all recycling bins are closed to prevent rainwater from accumulating inside.
2. **Recycling Placement:** All recyclables must be placed inside the bins, not on the lid.
3. **Curbside Pickup Time:** Please have your recycle bins at the roadside curb every Thursday by 7:00 AM.

Organics Collection (Green bin)

1. **Keep Lids Closed:** Keep the lids of all organic's bins closed to avoid rainwater collection.
2. **Organics Placement:** Please place all organics inside the bins, not on the lid.
3. **Curbside Pickup Time:** Please have your Organics bins at the roadside curb every Thursday by 7:00 AM.
4. **Acceptable Materials:** Only organic materials are accepted. No plastic or garbage. The only acceptable organic bags are the **paper ones with a sucrose liner** (available at Canadian Tire, Home Depot, etc. Please see the attached picture for reference).
5. **Contaminated Organics:** If non-organic items are found in your organic's bins, it will be yellow tagged and will not be collected. The organic bin will then be collected next Thursday, once the banned items have been removed.

Guidance on Disposal of Game, Meat, Bones, and Fish Viscera (guts)

We ask for your cooperation in following proper disposal practices for organic materials.

1. **Green Organic Bin:** For small quantities of kitchen waste that may include meat and bones, may be placed in the organic green bins.
2. **Black Garbage Bin:** Game meat, bones, and fish viscera(guts) should be securely double-bagged and placed in the black garbage bins.

Thank you for your cooperation in helping us keep our community clean and maintaining an efficient waste management system.

If you have any questions, please don't hesitate to contact:

Sasha Tuttle: sasha.tuttle@sumasfirstnation.com

Harmeet Rai: Harmeet.Rai@sumasfirstnation.com



Acceptable Organic Bags

TIME TO BE WASTE WISE!

The Fraser Valley Regional District has adopted a waste sorting bylaw.

It applies to all owners or occupiers of residential, commercial, industrial and institutional properties in Abbotsford, Chilliwack, Harrison Hot Springs, Hope, Agassiz, Mission and all FVRD Electoral Areas.

To comply, recyclable and compostable material must be sorted out of the garbage. This means you will need different bins for recycling, compost, and garbage. These three types of material must be sorted, kept separate, and delivered to authorized facilities either by you or by a private hauler.

Many helpful resources are available at BeWasteWise.com or call 1-800-667-4321 if you have questions.

WHAT BAGS CAN I USE?



Only garbage destined for the landfill can be bagged in plastic prior to disposal.



Bags will not be accepted with recyclables



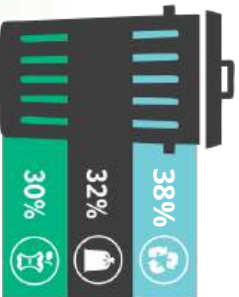
Use only paper bags to line your kitchen catcher and/or compost bin. Plastic bags, even those labelled compostable or biodegradable, are not accepted with compostables.



TO LEARN MORE

Visit BeWasteWise.com or Call the Recycling Council of BC at 1-800-667-4321.

Almost 2/3 of garbage currently sent to landfills in our region can be recycled or composted.



Did you know...

Start today. Sort it out!



SORTING OUR WASTE

BEWASTEWISE.COM

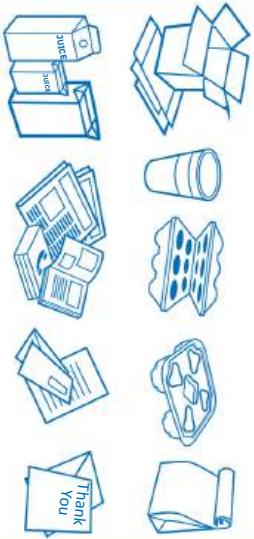
RECYCLING

PLASTIC PRODUCTS



- ✓ Milk Jugs
- ✓ Clamshell Packaging
- ✓ Food Tubs & Lids
- ✓ Plastic Beverage Containers

PAPER PRODUCTS



- ✓ Boxboard
- ✓ Cardboard
- ✓ Paper Cups
- ✓ Paper Egg Cartons
- ✓ Paper Food Bags
- ✓ Tetra Pak® Containers
- ✓ Magazines
- ✓ Phone Books
- ✓ Greeting Cards
- ✓ Newspapers
- ✓ Flyers
- ✓ Envelopes
- ✓ Loose Leaf Paper

METAL CONTAINERS



- ✓ Aerosol Spray Cans
- ✓ Aluminum Cans
- ✓ Aluminum Foils & Trays
- ✓ Tin Cans & Lids

COMPOST

FOOD WASTE



- ✓ Fruits & Vegetables
- ✓ Dairy Products
- ✓ Eggs & Egg Shells
- ✓ Pasta & Grains
- ✓ Baked Goods
- ✓ Chips & Crackers
- ✓ Meat, Poultry & Bones
- ✓ Fish & Seafood
- ✓ Plate Scrapings
- ✓ Salad & Dressing
- ✓ Tea Bags & Tags
- ✓ Coffee Grounds & Filters

FOOD-SOILED PAPER & WOODEN UTENSILS



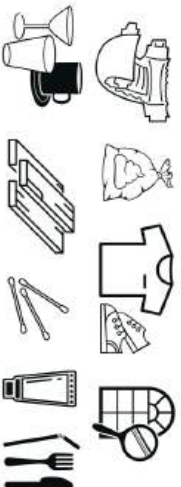
- ✓ Paper Plates
- ✓ Paper Towels
- ✓ Napkins & Tissue Paper
- ✓ Paper Takeout Containers
- ✓ Wooden Chop Sticks
- ✓ Skewers
- ✓ Stir Sticks
- ✓ Toothpicks

YARD WASTE



- ✓ Flowers & Weeds
- ✓ Grass Clippings
- ✓ Leaves & Moss
- ✓ Plants & Shrubs (No Soil or Rocks)
- ✓ Small Trimmings & Branches

LANDFILL



- ✓ Diapers
- ✓ Pet Waste
- ✓ Non-Reusable Clothing & Foot Ware
- ✓ Ceramics & Window Glass
- ✓ Painted or Treated Wood
- ✓ Personal Hygiene Products
- ✓ Plastic Squeeze Tubes
- ✓ Straws & Plastic Cutlery

TAKE THESE ITEMS TO YOUR NEAREST BOTTLE DEPOT FOR FREE RECYCLING



- ✓ Refundable Beverage Containers
- ✓ Batteries
- ✓ Electronics
- ✓ Small Electrical Appliances
- ✓ Light Bulbs
- ✓ Crinkly, Cellophane Wrappers & Bags
- ✓ Pesticides & Flammable Liquids
- ✓ Paint Cans
- ✓ Glass Containers
- ✓ Foam Packaging
- ✓ Plastic Bags & Overwrap

Election & Nominations Information

Pages 36-45

Election-Related Important Dates

Nomination Meeting

Wednesday, March 5, 2025

Nomination Meeting will be held March 5, at the Community Hall,
from 6:00 PM – 8:00 PM

Candidate Acceptance Deadline

Wednesday, March 5, 2025

Candidate Acceptance must be done in person at the
Nomination Meeting (held March 5, at the Community Hall, from 6:00
PM – 8:00 PM)

Candidates Forum

Thursday, March 13, 2025

We invite all nominees that accept candidacy on March 5, 2025, to
join with your community to express your position and participate in
important discussions (held March 13, at the Community Hall, from
6:00 PM – 8:00 PM)

Candidate Deadline to Withdraw

Wednesday, March 19, 2025

Any candidate wishing to withdraw after the nomination meeting
must submit a signed letter to the Electoral Officer (OneFeather) at
least 35 days prior to the Election.

SUMAS FIRST NATION

UPDATED NOTICE OF NOMINATION MEETING

Notice is hereby given that the **Sumas First Nation** will hold a Nomination Meeting on **March 5, 2025**, in accordance with the *Sumas First Nation Election Regulations and Procedures (2017)*, for the purpose of electors nominating candidates for the Offices of **one (1) Chief** and **four (4) Councillors** for the ensuing term of office, in an Election scheduled for **April 23, 2025**.

On February 7th, 2025, the Sumas First Nation approved an amendment to the Sumas First Nation Election Regulations & Procedures which increases the minimum number of councillor seats to four (4).

NOMINATION MEETING

MARCH 5, 2025

6:00 PM – 8:00 PM

SUMAS FIRST NATION

COMMUNITY HALL

2800 SUMAS MOUNTAIN ROAD

IMPORTANT INFORMATION

Registered Members eighteen (18) years of age and older may nominate or second candidates, and Vote in this Election, and shall form the Voters List.

To be eligible for candidacy, an individual must meet the following criteria:

- a) Must be an elector of Sumas First Nation who is at least eighteen (18) years old as of the date of the Election;
- b) Must be present to accept the nomination. In the event the nominated candidate cannot be present at the meeting, the mover or seconder must present a letter of acceptance on their behalf. Candidate nominations must be seconded by another eligible Elector of the Sumas First Nation.

Electors may nominate candidates by submitting a Nomination Form to the Electoral Officer by mail or email, or in-person, before the close of the Nomination Meeting. The Nomination Form may be downloaded by all electors at the website listed at the bottom of the page and can be submitted to the Electoral Officer using the contact information below.

The Voters List of all eligible Electors shall be posted and available during regular business hours at the Sumas First Nation Office; can be requested from the Electoral Officer; and will be available to download at:

www.onefeather.ca/nations/sumas

ELECTION DAY

APRIL 23, 2025 9:00 AM –

7:00 PM SUMAS FIRST

NATION COMMUNITY HALL

2800 SUMAS MOUNTAIN ROAD

Eligible Electors may vote in person at the Polling Station or by mail-in ballot.

Dated in Victoria, BC, this February 14, 2025.

For more information or assistance please contact OneFeather:

Email: nominations@onefeather.ca | Toll Free: 1-855-923-3006

Phone support is available weekdays from 9:30 am to 4:30 pm Pacific Time

209-852 Fort Street, Victoria, B.C., V8W 1H8

www.onefeather.ca/nations/sumas





Semá:th
Sumas First Nation

Candidates Forum

March 13, 2025

6:00 – 8:00 PM

Community Hall

Sumas First Nation will be hosting a Candidates Forum for those running for the 2025 Chief and Council Election. This will allow for Semá:th members to learn more about the candidates, build community, and encourage conversation surrounding the upcoming election.

We invite all nominees that accept candidacy on March 5, 2025, to join with your community to express your position and participate in important discussions. We welcome membership to voice respectful questions relevant to the potential leadership candidates to expand wholesome understanding of any important matters of interest.

We look forward to coming together to share an evening of respect, insight, and inspiration.

SUMAS FIRST NATION NOMINATION FORM

NOMINATION DECLARATION (please print clearly)

I, _____ solemnly affirm
that I am an eligible Elector of the Sumas First Nation pursuant to the *Sumas First Nation Election Regulations and Procedures*, and with regard to this election I make the nomination(s) below.

Nominator Signature

Date

Phone

Email

NOMINATION FOR THE OFFICE OF CHIEF - ONE (1) TO BE ELECTED

1. PRINT NAME CLEARLY:

ADDRESS:

EMAIL:

PHONE:

NOMINATION FOR THE OFFICE OF COUNCILLOR - FOUR (4) TO BE ELECTED

1. PRINT NAME CLEARLY:

ADDRESS:

EMAIL:

PHONE:

2. PRINT NAME CLEARLY:

ADDRESS:

EMAIL:

PHONE:

3. PRINT NAME CLEARLY:

ADDRESS:

EMAIL:

PHONE:

4. PRINT NAME CLEARLY:

ADDRESS:

EMAIL:

PHONE:

ELECTORS MAY USE THIS FORM FOR EITHER NOMINATING OR SECONDING.

You can mail or email a completed Nomination Form and a completed, signed, and witnessed Voter Declaration Form (see next page) to the Electoral Officer before the Nomination Meeting OR you may nominate candidates at the Nomination Meeting. Mail-In Nomination Forms received by the Electoral Officer after the start of the Nomination Meeting are void.

Mail or email the completed Nomination and Voter Declaration Forms to:

Email: nominations@onefeather.ca | Toll Free: 1-855-923-3006

Phone support is available weekdays from 9:30 am to 4:30 pm Pacific Time

209-852 Fort Street, Victoria, B.C., V8W 1H8

www.onefeather.ca/nations/sumas



SUMAS FIRST NATION VOTER DECLARATION FORM

YOU MUST COMPLETE THIS FORM & SUBMIT IT WITH YOUR NOMINATION FORM - INCOMPLETE FORMS MAY NOT BE ACCEPTED

VOTER DECLARATION

I solemnly affirm that I am an eligible Elector of the Sumas First Nation pursuant to the *Sumas First Nation Election Regulations and Procedures*; I am at least 18 years of age; and I do not know of any reason why I would be disqualified from voting in this election.

Last Name:

First Name:

Middle Initial:

Date of Birth (dd/mm/yyyy):

Registry Number (Status No.):

Street Address:

City/Town:

Province:

Postal Code:

Phone Number:

Email:

X.

Date:

Voter Signature

WITNESS DECLARATION (TO BE FILLED OUT BY A PERSON WHO IS AT LEAST 18 YEARS OLD)

I solemnly affirm the identity of the voter, and that I have witnessed their signature above.

Last Name:

First Name:

Middle Initial:

Street Address:

City/Town:

Province:

Postal Code:

Phone:

Email:

X.

Date:

Witness Signature

Mail or email the completed Nomination and Voter Declaration Forms to:

Email: nominations@onefeather.ca | Toll Free: 1-855-923-3006

Phone support is available weekdays from 9:30 am to 4:30 pm Pacific Time

209-852 Fort Street, Victoria, B.C., V8W 1H8

www.onefeather.ca/nations/sumas



SUMAS FIRST NATION 2025 ELECTION

CANDIDATE NOMINATION PACKAGE

For more information, please contact the Electoral Officer at OneFeather:

Email: nominations@onefeather.ca

Phone: ~~250-889-8200~~ 250-889-8206

Phone support is available weekdays from 9:30 am to 4:30 pm Pacific Time

Please leave a message if we are unable to take your call.

209-852 Fort Street, Victoria, B.C., V8W 1H8

www.onefeather.ca/nations/sumas



SUMAS FIRST NATION 2025 ELECTION

Notice to Potential Candidates

Date: February 3, 2025

Dear Nominee:

To secure your name on the ballot, there are requirements which must be met as specified in the *Sumas First Nation Election Regulations and Procedures*, which govern the election process. It is recommended that you review the regulations so that you are familiar with the entire election process.

To hold the position of Chief or Councillor for the Sumas First Nation, a person must:

- (a) be a Sumas First Nation Member; and
- (b) be at least 18 years of age.

Candidates may only be nominated by an eligible Elector of the Sumas First Nation, either by having submitted the nomination form to the Electoral Officer or in person, before the close of the nomination meeting. Candidate nominations must be seconded by another eligible Elector of the Sumas First Nation.

A *Candidate Acceptance Form* is included in this package. Nominated candidates must be present at the nomination meeting to accept their nomination. In the event the nominated candidate cannot be present at the meeting, the mover or seconder must present their completed *Candidate Acceptance Form* to the Electoral Officer on their behalf.

If your completed *Candidate Acceptance Form* is not received by the Electoral Officer by the close of the Nomination Meeting (**8:00 PM Pacific**) on **March 5, 2025**, you will not be a candidate in the Sumas First Nation 2025 Election.

Candidates may decline their nomination during the meeting.

Also included in this package for your convenience is a *Candidate Withdrawal Form*. Any candidate wishing to withdraw after the nomination meeting must submit a signed letter to the Electoral Officer at least 35 days before the election – not later than **March 19, 2025**.

If you have any questions or need assistance with this process, please contact the Electoral Officer using the contact information below.

For more information or assistance please contact:

Email: nominations@onefeather.ca | Toll Free: **1-855-923-3006**

Phone support is available weekdays from 9:30 am to 4:30 pm Pacific Time

209-852 Fort Street, Victoria, B.C., V8W 1H8

www.onefeather.ca/nations/sumas



SUMAS FIRST NATION 2025 ELECTION

Candidate Acceptance Form

THIS FORM MAY BE SUBMITTED TO THE ELECTORAL OFFICER IN-PERSON, BY MAIL, OR BY E-MAIL, AND MUST BE RECEIVED BY 8:00 PM PACIFIC TIME ON MARCH 5, 2025.

I _____, _____
(Name of Nominee) (Registry # or Date of Birth)

having been duly nominated and seconded to be a candidate in the election of the Chief and Council of the Sumas First Nation scheduled to be held on March 5, 2025, do hereby accept my nomination as a candidate for the position of:

Chief Councillor

I further attest that I am a member of the Sumas First Nation, at least 18 years of age, and eligible to be a candidate at this election under the *Sumas First Nation Election Regulations and Procedures*.

Signature: _____

_____ _____ _____ _____
Address City/Town Province Postal Code

Telephone: (_____) _____ - _____ E-mail: _____

I want my name to appear on the ballot as (please print):

_____, _____
Surname Given Name(s) (Nickname/Alias)

INCOMPLETE FORMS MAY NOT BE ACCEPTED

For use by the Electoral Officer only

Nominated by: _____ Status # _____

Seconded by: _____ Status # _____

For more information or assistance please contact:
Email: nominations@onefeather.ca | Toll Free: 1-855-923-3006
Phone support is available weekdays from 9:30 am to 4:30 pm Pacific Time
209-852 Fort Street, Victoria, B.C., V8W 1H8
www.onefeather.ca/nations/sumas



SUMAS FIRST NATION 2025 ELECTION

Candidate Withdrawal Form

PLEASE NOTE FOR CANDIDATES WISHING TO WITHDRAW...

Candidates wishing to withdraw from the Election must do so pursuant to the *Sumas First Nation Election Regulations and Procedures*. **If you withdraw by March 19, 2025, your name will not appear on the Ballot.** In order to withdraw you must do so in writing, and the signed document must be submitted to the Electoral Officer before the deadline.

Print Your Legal Name

Band / Status Number

Address where you are normally resident

Phone number and alternate contact, email address if available

I, _____ hereby withdraw my name as a Candidate for the Office of **CHIEF / COUNCILLOR** (circle the applicable position) for the Sumas First Nation Chief and Council Election being held April 23, 2025.

Signature of Candidate

Date

SIGNATURE WITNESSED BY:

Signature of Witness

Print Name

Phone Number

For more information or assistance please contact:

Email: nominations@onefeather.ca | Toll Free: 1-855-923-3006

Phone support is available weekdays from 9:30 am to 4:30 pm Pacific Time

209-852 Fort Street, Victoria, B.C., V8W 1H8

www.onefeather.ca/nations/sumas



OneFeather

Sumas Department Updates

Pages 46-60

Events Calendar

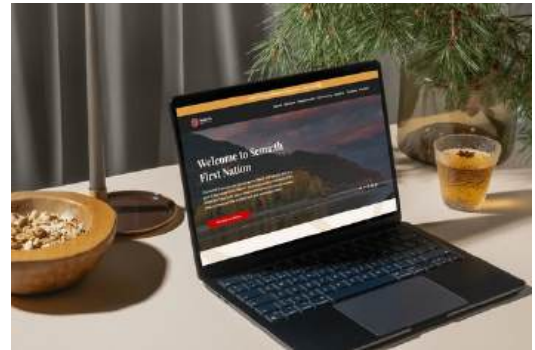
We now have an Events Calendar located on the website. To see the new calendar, simply hover over the "Community" tab and click on the "Calendar" link in the dropdown menu. You can also click [HERE](#) to see it.

The screenshot shows a calendar interface for March 2025. At the top, there are navigation buttons for previous and next months, a 'Today' button, and the month name 'March 2025'. On the right, there are buttons for 'Month', 'Week', and 'Day' views. The calendar grid shows events for each day of the month. Events are listed in orange boxes with bullet points. Some events are highlighted in a darker orange, indicating they are on the current day or selected. At the bottom of the calendar, there are buttons for 'Print' and 'Subscribe', and a footer that says 'Powered By Styled Calendar'.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
23 ● 3p Community I	24 ● 9a Microsoft Of ● 1:30p Produce L ● 4p Inaugural SFI	25 ● 9a Microsoft Of ● 12p Harm Reduc ● 12:30p Lunch w ● 4:30p Come an ● 5p Harm Reduct	26 ● 9a Microsoft Of ● 12:30p Lunch w ● 4p Anti-Bullying ● 4p Youth Halq'at ● 5p Free Family I	27 ● 9a Microsoft Of ● 10a Financial Re ● 12p Elders' Lunc ● 4:30p Adult Hal	28 ● 8a Stó:ljé Breakfr ● 9a Microsoft Of	1 DEADLINE: Indigen ● 9a Microsoft Of
2 ● 9a Microsoft Of	3 Employment Prep Training (SASET) ● 9a Microsoft Of ● 2:30p Sysco Me	4 ● 9a Microsoft Of ● 12:30p Lunch w ● 1p Free Legal Cli	5 ● 12:30p Lunch w ● 6p Nomination I	6 ● 12p Elders' Lunc ● 4:30p Adult Hal	7	8
9 Produce Day Wildfire Fighting Ti	10 Wildfire Fighting Ti ● 12:30p Lunch w ● 5p Quarterly Ba	11 Wildfire Fighting Ti ● 12:30p Lunch w ● 5p Beginner Gai	12 Wildfire Fighting Ti ● 12:30p Lunch w ● 5p Beginner Gai	13 Wildfire Fighting Ti ● 12p Elders' Lunc ● 4:30p Adult Hal ● 6p Candidates I	14 Wildfire Fighting Ti	15
16 Spring Break Certificate Training (SASET) Wildfire Fighting Ti	17 Wildfire Fighting Ti ● 12:30p Lunch w	18 Wildfire Fighting Ti ● 9a Services Fair ● 12:30p Lunch w	19 Wildfire Fighting Ti ● 12p Services Fai ● 12p Elders' Lunc ● 4:30p Adult Hal ● 5p Community I	20 Wildfire Fighting Ti	21 Wildfire Fighting Ti	22 Services Fair (Digit
23	24 LFFA Forum ● 12:30p Lunch w	25 LFFA Forum ● 12:30p Lunch w ● 5p Community I	26 LFFA Forum ● 12:30p Lunch w ● 5p Community I	27 LFFA Forum ● 12p Elders' Lunc ● 4:30p Adult Hal	28	29
30	31 ● 12:30p Lunch w	1 ● 12:30p Lunch w ● 6p Women's Em	2 ● 12:30p Lunch w ● 6p Women's Em	3 ● 8a Occupational ● 12p Elders' Lunc ● 4:30p Adult Hal	4	5

New Sumas Website

We are making progress on a new project to get a brand new website! Management have selected a contractor and allocated funding to this new venture. We are projecting 6-7 months for the new website to be completed, and we are certain that this will be a huge help to both community and staff!



Want to leave feedback that we can use for the new site? We want to hear from you! We need your input to make sure that our new website project is successful and is useful for members. Just click [HERE](#) to fill out our feedback form.

Emergency Management Facebook Group

Based on community member feedback, we are removing the Emergency Department Group on Facebook. We will still be posting everything that would normally be posted in this group, but we will now only be posting this in the General Information Group.

Please search "Sumas First Nation General Information" on Facebook to join: this is the main information sharing group that we have for Sumas members.

You should see a group that looks like the photo to the right:



Important Dates

March 17th to March 28th: Spring Break, NO Afterschool Club, Daycare remains open.

Éy Swayel, Families

We had a fun time in February. March is also shaping up to be a very exciting month here at Busy Bear Club Preschool. We have many enriching activities and learning experiences lined up such as a field trip to the grocery store

Valentine's Party

This Valentine's Day, we had a party at school! We decorated heart-shaped cookies, exchanged thoughtful Valentine cards, and even tried some delicious dragon fruit. It was a day filled with creativity, kindness, and plenty of fun!

Pink Shirt Day (Anti-Bullying)

We learned about Pink Shirt Day and how important it is to be kind to one another.



Family Day Party for Infant and Toddler Program

We hosted a Family Day Supper for our Infant and Toddler programs, where families enjoyed delicious pizza together.

It was a wonderful evening of food, laughter, and quality time!



Family Day Activity Kits

Each family received a special Family Day Activity Kit to take home.

Nurse Visit

We're excited to welcome nurses from **Stó:lō Service Agency** to both our Infant and Toddler and 3 to 5-year-old programs for a special session on health and nutrition. They'll also be available to answer any questions that families may have. Families will enjoy a delicious dinner together, and each family will receive a health kit to take home. It promises to be an informative and enjoyable evening for all!



Librarian from Ray & Millie Silver Indigenous Library

A librarian comes in every week to do circle time with us. We also run a book club, where we send a book home each month for families to read together, and then they send back a picture of their favorite character from the book. Our last story inspired many pictures of "kitties"!

Language Learning in Full Swing

Our Halq'emeylem language program is in full swing! We have compiled a language book that has been sent home with the children. This book will be updated monthly, so be on the lookout for new additions as we continue to immerse ourselves in language learning.

Thank You to Our Elders

A huge thank you to our elders who visit us every week. Your wisdom, teachings, and presence are deeply appreciated, and we are grateful for the time you spend with our children.



In - House Newsletter

We encourage you to take a moment to read through your in-house newsletters, as they contain important information about upcoming daycare events. There are some exciting activities and updates you won't want to miss! Additionally, please check the Lillo app regularly for updates and notifications about our programs and events. We look forward to another month filled with learning, growth, and connection!

We leave you with this Aboriginal Head Start Statement of Beliefs and Values about children ... *"We believe: That children are a gift from the creator"*

Ts'ithóme tsel – thank you from all of us at The Busy Bear Club Preschool

Invasive Species Council Annual General Meeting

Our Natural Resources Technician, Kristina, attended the Invasive Species Council AGM (held February 25-27).

This conference covered the impacts of invasive plants, animals and insects and current management strategies or current projects. Some of the current projects covered include: small mouth bass predation on Chinook in the Okanagan, native food forests in Vancouver, & more!

Important stakeholders and parties present include federal and provincial governments, other First Nations, and the Stó:lō Guardians.



Coastal Marine Strategy Winter Engagement Session

Our Restoration Biologist, John, attended the Coastal Marine Strategy Winter Engagement Session (held February 24-25).

This engagement session was hosted by the First Nations Fisheries Council and attended by representatives from the BC Government and nations from all over the BC Coast. Together, the groups discussed the Coastal Marine Strategy, which is a 20 year plan put forward by the BC government for the entire BC coast. The plan covers four main topics: Healthy Coastal and Marine Ecosystems, Resilience to Climate Change, Thriving Coastal Economies and Communities, and Informed Governance.

The session followed a workshop-style format with many breakout discussions and was intended to ensure the activities and priorities outlined in the strategy matched with those of First Nations.

NEW Sumas First Nation Business Directory

📣 Exciting News! Introducing Our New SFN Business Directory! 📣

We are thrilled to announce the launch of our brand-new Business Directory, a comprehensive resource designed to promote you, our community entrepreneurs, with local businesses and services in our community and connected agencies. Whether you're looking for a trusted contractor, a cozy café, or professional services, our directory has got you covered!

Important stakeholders and parties present include federal and provincial governments, other First Nations, and the Stó:lō Guardians.

Key Features:

- **Extensive Listings:** Find detailed information on a wide range of businesses across various industries.
- **Support Local:** Discover and support local businesses, helping our community thrive.

Calling All Business Owners! We invite you to join our directory and reach more customers! **Submit your business information today by calling or emailing Luwana 604-864-3030 or luwana.louis@sxdl.ca.** -It's a fantastic opportunity to showcase your services and connect with the community.

Stay tuned for more updates and features as we continue to grow our directory. Thank you for being a part of our directory!



Jenna Noppen Accepts the FPT Emergency Management Exemplary Service Award in Ottawa: February 26, 2025

A big congratulations to our Disaster Recovery Manager, Jenna! Her dedication and commitment to serving the Semá:th Community is evident every day, and we're delighted that she has been recognized on such a high level by the Canadian government for her work.

Well deserved; thank you, Jenna, for everything that you do!



Jenna Noppen

2025 FPT Emergency Management Exemplary Service Award Recipient



ESS for Nations Recap: January 15th, 2025

On Jan 15th, our Emergency Management Dept. helped host the Emergency Support Services for Nations (ESSFN) Mock Exercise. This event brought together representatives from as far as Prince George to learn more about Emergency Evacuation drills, services, standards, and more.

Special thanks to our Emergency Management Department for all of their hard work organizing this event and creating high-quality standards for emergency situations.



ESS for Nations Recap: January 15th, 2025



ESS for Nations Recap: January 15th, 2025



EMERGENCY PREPAREDNESS BULLETIN

QUARTERLY UPDATES



FIRST AID TRAINING - LEVEL ONE

- THURSDAY APRIL 3RD 2025
- FACILITATED BY PRO SAFE
- LUNCH WILL BE PROVIDED
- SIGN UP REQUIRED



We have facilitated fire drills for Sumas staff and appointed two emergency wardens for each building to enhance workplace safety. Moving forward, we will continue to organize drills for various emergency scenarios, including earthquakes and active threats, to ensure preparedness and quick response in critical situations.

FRIDAY MAY 9TH 2025
3:00-6:00 PM

SUMAS FIRST NATION

Emergency Preparedness
Fair

2800 SUMAS MOUNTAIN ROAD



Emergency Support Services For Nations

Dedicated to enhancing the capacity of indigenous communities in emergency response through nation to nation support.

If you have questions please contact essfn@outlook.com



PLEASE CONTACT EMERGENCY.DEPARTMENT@SUMASFIRSTNATION.COM TO SIGN UP OR IF YOU HAVE ANY QUESTIONS

UPCOMING EVENTS

Indigenous Climate Resilience Forum - Online

February 18th - 20th 2025 8:00 - 4:00PM

Harm Reduction Workshop - SFN Health Boardroom

February 25th 5:00-8:00PM

Sumas Service Fair - SFN Health Building

March 20th 2025 12:00 - 4:00PM

Level 1 First Aid Training - SFN Health Building

Sign up required, April 3rd 8:00-4:00PM

Network of Emergency Support Services Teams

Conference Prince George, April 25 – 27, 2025

Emergency Preparedness Fair - SFN Community Hall

Open to everyone, May 9th 3:00-6:00PM



**2025
CONFERENCE**

**APRIL 25, 26, 27
PRINCE GEORGE**

Jenna Noppen and Christina Kelly
Presenting at the Building Resilient
Communities Conference

You can pickup a
copy from the
health building or
we can send it
virtually!



The Emergency Preparedness Fair
with Skwah First Nation brought
community together to learn
safety skills, and connect with
resources.



ESS FN Filming
Mock Exercise in
Leq'á:mel First
Nation



WE ARE STARTING AN
EMERGENCY MANAGEMENT
HEALTH & SAFETY
COMMITTEE

Apply Now

PLEASE CONTACT EMERGENCY.DEPARTMENT@SUMASFIRSTNATION.COM TO
SIGN UP OR IF YOU HAVE ANY QUESTIONS

Recently, our team provided support during an exterior structural fire within the community, reinforcing the reality that fires can happen when we least expect them. Emergencies like these highlight the importance of being prepared and knowing how to respond.

To help keep your household safe, consider these key fire preparedness tips:

- Develop a home fire escape plan and practice it regularly with all household members.
- Install smoke alarms and carbon monoxide detectors, and test them monthly.
- Keep fire extinguishers accessible and ensure everyone knows how to use them.
- Maintain a defensible space around your home by clearing dry vegetation and debris.
- Have an emergency kit ready with essential items, including important documents, medications, and supplies in case of evacuation.
- Know your local emergency contacts and report fire hazards immediately.



TAKING THESE STEPS TODAY CAN HELP PROTECT YOUR FAMILY AND COMMUNITY IN THE FUTURE. STAY SAFE AND STAY PREPARED!



We are thrilled to celebrate Jenna Noppen, Disaster Recovery Manager for Sumas First Nation, on receiving two prestigious awards recognizing her outstanding contributions to emergency management and disaster recovery. Jenna has been honored with both the Federal-Provincial-Territorial (FPT) Emergency Management Exemplary Service Award (EMESA) and the University of the Fraser Valley's Distinguished Alumni Award.

These awards highlight her dedication, expertise, and the lasting impact of her work in building resilient communities. She will be recognized at a ceremony in Ottawa on February 26.

Well done, Jenna—your leadership and commitment continue to inspire!



CONNECT ROCKET REGISTER NOW

[HTTPS://SUMASFIRSTNATION.CONNECTROCKET.COM/](https://sumasfirstnation.connectrocket.com/)

Only used in emergencies – No app – All information kept private

PLEASE CONTACT EMERGENCY.DEPARTMENT@SUMASFIRSTNATION.COM TO SIGN UP OR IF YOU HAVE ANY QUESTIONS

Volunteer & Job Opportunities

Pages 61-70



Seeking: short-term worker!

Sth'ogq Aquaculture (Fish Farm) is looking for a day laborer for a short-term job (2-3 days of work).

The work is general labour, including but not limited to:

- Lifting, sorting, and moving goods
- General assistance elsewhere
- Other general labour duties as required



Pay: \$20.00 per hour

Location: 9722 McLeod Rd, Chilliwack BC

Hours: 8 hours work days (8:00 AM - 4:00 PM)

Requirements: Must be a member of Semá:th First Nation

To apply: please contact Chris Bower (CEO, SXDL)

Phone: +1 (250) 689-9187

Email: chris.bower@sxdl.ca



SEMÁ:TH FIRST NATION

Job Posting

POSITION:	LANDS PERMITTING ADMINISTRATOR
HOURS:	FULL TIME (35 HOURS PER WEEK)
TERM:	3 YEAR TERM WITH POSSIBLE EXTENSION
WAGE:	\$45,000.00 TO \$54,600.00 DEPENDING ON EDUCATION AND EXPERIENCE
REPORTS TO:	SUMAS FIRST NATION LANDS MANAGER

1.0 PURPOSE & SUMMARY

Sumas First Nation is seeking an energetic and dedicated person to take on the role of Lands Permitting Administrator. Reporting directly to the Sumas First Nation Lands Manager, the Lands Permitting Administrator is responsible for reviewing and requesting revisions on permit applications as well as issuing the appropriate permits (business permits, development permits and/ or building permits) when finalized. The Lands Permitting Administrator will also be included in the process of conducting site inspections and assessing compliance with the Sumas First Nation Land Code and Laws.

2.0 DUTIES & RESPONSIBILITIES

- Ensures that the Sumas First Nation permitting process is administered in alignment with the Sumas First Nation land Code and Code of Conduct, Land Use Plans and related laws.
 - Reviews development permit, building permit and business permit applications to ensure compliance with land use plan, zoning law and Development and Subdivision Law.
 - Works directly with applicants on all steps of the permitting process - including that any reports, engineering drawings and service agreements are produced and included in applications as required.
 - Educates applicants, developers and community members on Sumas First Nation land laws and land management to build awareness and support compliance.
- Works with the Lands Department to actively monitor compliance with issued permits.
 Maintains a comprehensive tracking system for the permit application process and records and follows up on the issuance for all business licenses when required.
 Assists and provides input on the implementation and amendment of the Sumas First Nation Land Use Plan.
 Provides back-up and support to other Lands Department staff during peak periods or during vacation /leave.
 Other duties as required.

3.0 QUALIFICATIONS

- Post secondary diploma or degree in Land Management, Community Planning, or related
 - Field or an equivalent combination of education and experience.
 - 2-3 years related experience in Land Management, Community Planning and/or permit application management.
 - Ability to interpret engineered drawings and construction specifications.
 - Strong administrative background skills.
 - Knowledge of the BC Building Code.
 - Prior experience working in a fast-paced office environment with the ability to prioritize.
 - Experience in working with First Nations communities and/or organizations an asset.
 - Proven ability to maintain confidentiality.
- Working knowledge of office procedures, records management, and document processing.
 Ability to develop and maintain effective working relationships with peers, managers, community members, contractors, and suppliers.
 First Nations descent is considered an asset.

- Advanced knowledge and expertise about Microsoft Excel, Word, Zoom, Go-To Meetings.
- Appreciation of First Nations culture, traditions, procedures and protocols.
- Knowledge of Sumas First Nation's history, culture and tradition.
- Valid first aid certificate is considered an asset.
- Valid Class 5 BC Driver's License.

TO APPLY:

Please email your cover letter & resume to Human.Resources@sumasfirstnation.com
Deadline: October 25th, 2024



Semá:th Xo:tsa Developments LP/LTD

Job Posting

POSITION:	EXECUTIVE ASSISTANT
HOURS:	FULL TIME, AT LEAST 35 HOURS PER WEEK
WAGE:	\$26.00 TO \$28.00 PER HOUR DEPENDING ON EDUCATION AND EXPERIENCE
REPORTS TO:	SXDL CHIEF EXECUTIVE OFFICER (CEO)

1.0 PURPOSE & SUMMARY

Semá:th Xo:tsa Developments Ltd. (SXDL), the development branch of Sumas (Semá:th) First Nation (SFN) is seeking an experienced and qualified individual to take on the role of Executive Assistant to assist the Chief Executive Officer (CEO) and the SXDL Board. SXDL is responsible for managing and developing economic projects and generating revenue streams to foster the economic and social betterment of SFN. The CEO serves as the chief executive of SXDL, and in partnership with the Board of Directors, is responsible for the success of the SXDL Group of Companies. The CEO reports directly to the Board of Directors and is responsible for creating and implementing a clear sense of direction for the SXDL group of Companies. The CEO position has high impact on the success of the Nation's economic development, business operations, revenue, and opportunities for the future of the community and its members.

The Executive Assistant reports directly to CEO and will be responsible for providing a wide variety of support functions. These support functions include reporting on various data, office administration duties, correspondence and interdepartmental communications with a wide variety of internal and external contracts. This role will be responsible for answering, screening, directing calls and emails, coordinating various meetings including member nation meetings and minute taking, along with other supportive duties.

2.0 DUTIES & RESPONSIBILITIES

- 1) Provide sophisticated calendar management for the CEO, Board of Directors and Subcommittee members.
- 2) Schedule meetings, assist in drafting agendas, develop, compile, and distribute presentation materials, and record meeting minutes on behalf of the CEO and Semá:th Xo:tsa Developments Ltd. (SXDL) Board of Directors.
- 3) Complete a broad variety of administrative tasks that facilitate the CEO's ability to effectively lead the Semá:th Xo:tsa Developments Ltd. (SXDL), including assisting with special projects, designing and producing complex documents, reports, and presentations.
- 4) Collecting and preparing information for meetings with staff, SXDL board, Sumas First Nation and outside parties, composing and preparing correspondence, as well as updating and maintaining contact lists.
- 5) Make travel arrangements and completing expense & mileage reports.
- 6) Serve as the primary point of contact for internal and external parties on all matters pertaining to the Semá:th Xo:tsa Developments Ltd. (SXDL), including those of a highly confidential or critical nature.
- 7) Work closely with the CEO and Chair of the Board of Directors to keep them well informed of upcoming commitments and responsibilities, following up appropriately.
- 8) Maintain open communications with the CEO and Chair of the Board of Directors, including meeting regularly and providing information and documents as needed.
- 9) Complete projects by assigning work to appropriate staff within SXDL on behalf of the CEO as directed.
- 10) Assist in developing office policies and procedures for improved workflow and anticipate future needs as the organization grows.
- 11) Assist in the selection of vendors and purchase equipment, services, and supplies necessary for operation of the SXDL businesses.
- 12) Manage information systems operations including hardware, software, desktop support, internal telecommunications, and strategic systems development and planning.
- 13) Maintain document & record management system for SXDL Businesses.

- 14) Supervise IT consultants.
- 15) Assist in preparing invoices for financial processing.
- 16) Ordering and replenishing SXDL office supplies.
- 17) Provide hospitality to all guests and help to create a welcoming environment.
- 18) Invest in building long-lasting relationships both externally and internally.

3.0 EDUCATION

- 1) Minimum of a Business Administration Certification and/or an equivalent amount of education and experience.
- 2) Minimum of one (1) year work experience in office administration.
- 3) Strong administrative background skills.
- 4) Customer service orientated with ability to meet client expectations.
- 5) Prior experience working in a fast-paced office environment with the strong ability to prioritize.
- 6) Experience in working with First Nations communities and/or organizations is an asset.
- 7) Proven ability to maintain confidentiality.
- 8) Working knowledge of office procedures, records management, and document processing.
- 9) Ability to develop and maintain effective working relationships with peers, managers, community members, contractors, and suppliers.
- 10) Advanced knowledge and expertise in Microsoft Office programs, Zoom & Go-To Meetings.
- 11) Appreciation of First Nations culture, traditions, procedures and protocols.
- 12) First Nations descent is considered an asset.
- 13) Current and valid Driver's License
- 14) Current and valid Criminal Record Check.
- 15) Background reference check

TO APPLY:

Please email your cover letter & resume to Human.Resources@sumasfirstnation.com

Deadline: Posting will remain open until the position is filled



SEMÁ:TH FIRST NATION

Job Posting

POSITION:	Social Development Worker
HOURS:	35 Hours Per Week
TERM:	Permanent
WAGE:	To be determined based on education and experience
REPORTS TO:	Health and Wellness Manager

1.0 PURPOSE & SUMMARY

The Social Development Worker is responsible for the effective planning and delivery of the Social Development program for Sumas First Nation. This staff member provides encouragement and support to community members in job searches, job preparation training and ensures the correct administration of social assistance entitlements. The Social Development Worker works in close collaboration with the Health and Wellness Manager and other members of the Health Wellness Department to address the immediate and long-term social service needs of clients.

2.0 DUTIES & RESPONSIBILITIES

- Administers the Sumas First Nation Social Development Program.
 - Interviews clients to determine entitlement with reference to applicable employment and income assistance programs.
 - Administers the In-Home Care program and ensures that the care workers fulfill the terms and conditions of their contracts.
 - Administers the Assisted Living program and ensures that the appropriate documentation is submitted as required.
 - Interprets and explains Social Assistance policy/procedures to clients.
 - Completes eligibility testing and calculates payment allowances.
 - Explains to applicants the right to appeal and the procedure to be followed in exercising this right.
 - Engages in short-term and ongoing client support.
 - Maintains strict confidentiality of client files and records.
 - Liaises with other professionals and agencies on behalf of clients as required.
 - Refers clients to employment readiness, education and/or training programs.
 - Keeps statistics and submits reports as required.
 - Develops appropriate materials for client handouts, displays and newsletters.
 - Completes financial reconciliations for the Social Development Program.
 - Conducts annual reviews of all client cases.
 - Administers Training Employment Support Initiatives (TESI), National Child Benefit (NCB) Reinvestment, Work Opportunity Program (WOP) and Local Initiatives programs (LIA).
 - Develops and submits proposals for program funding.
- Ensures compliance with federal and/or provincial Social Assistance policies.
 Applies the Ministry's Social Assistance Policy and Procedures consistently with all Sumas First Nation members.
 Maintains consistency in the date and time of cheque disbursement to improve operational efficiency.
 Facilitates workshops to provide community members with an understanding of the Social Assistance program and conditions for eligibility.
 Verifies initial and ongoing eligibility by contacting appropriate sources and validating application information and other forms of client verification.
 Where applicable, refers client to Sto:lo Employment Services and other agencies for employability, skills training and other employment opportunities.

- Explains to clients their right to appeal, where disagreements exist, and the procedures to be followed in exercising this right relevant to Social Development Policy Manual.
- Assists clients in identifying available resources and alternative means of support.
- Prepares monthly financial reports of expenditures of each program.

3.0 QUALIFICATIONS

- Minimum education requirement of Certificate or Diploma in a related human/social service field.
 - One (1) year recent related experience or an equivalent combination of education, training and experience.
 - Demonstrated competency in administering Social Development Programs.
 - Knowledge of working within high stress and potentially triggering environments.
 - Strong administrative background skills.
 - Customer service orientated with ability to meet client expectations.
 - Experience in working with First Nations communities and/or organizations an asset.
 - Proven ability to maintain confidentiality.
 - Working knowledge of office procedures, records management, and document processing.
 - Ability to develop and maintain effective working relationships with peers, managers, community members, contractors, and suppliers.
 - First Nations descent is considered an asset.
- Advanced knowledge and expertise about Microsoft Excel, Word, Zoom, Go-To Meetings.
Appreciation of First Nations culture, traditions, procedures and protocols.

TO APPLY:

Please email your cover letter & resume to Human.Resources@sumasfirstnation.com
This ad will be posted until the position is filled.

Looking for a Hands-On Career?

Start with Try-A-Trade

Explore the rewarding world of trades with BC Hydro's Try-A-Trade program. This paid work experience offers Indigenous candidates the chance to experience and learn about trades in a real-world workplace setting. Whether you're just starting your career journey or exploring new opportunities, Try-A-Trade is a great way to gain:

- On-the-job experience working alongside skilled BC Hydro professionals
- Practical knowledge and technical skills to kick-start your career in the trades
- Connections and support networks to help you succeed



Recent Try-A-Trade participants tour BC Hydro's trades training centre

What You'll Do

Through the program, participants will:

- Receive essential safety training to prepare for the job
- Shadow experienced professionals in trades, and construction roles
- Explore potential career paths within BC Hydro and the trades industry

This program bridges Indigenous candidates into exciting opportunities—whether it's an entry-level role, BC Hydro's pre-apprenticeship or apprenticeship programs, or positions with our contractors.

Who Can Apply?

The Try-A-Trade program is open to all Indigenous candidates across B.C. who are interested in pursuing a trades career and have graduated high school with English 12, Math 11 and Physics 11.

Get Started Today.

connie.strayer@bchydro.com

bchydro.com/tryatrade

Looking for a Career in Tech?

Start with Try-A-Technical

Explore the world of technical careers with BC Hydro's Try-A-Technical program! This paid work experience offers Indigenous candidates the opportunity to develop technical skills in a workplace setting. Whether you're starting your career or transitioning into a new field, Try-A-Technical provides:

- Hands-on experience in technical roles alongside skilled BC Hydro professionals
- Professional development opportunities to grow your knowledge and career potential
- Connections and mentorship to help you navigate your career journey



Start a career working for BC Hydro

What You'll Do

As a participant in the program, you'll:

- Gain on-the-job experience in MoveUP technical roles (such as customer service and operations)
- Work in various departments to understand BC Hydro's operations and career pathways
- Receive career guidance, mentorship, and professional support to prepare for future roles

This program is designed to bridge Indigenous candidates into technical careers at BC Hydro.

Who Can Apply?

The Try-A-Technical program is open to all Indigenous candidates across B.C. who are interested in exploring a career in technical roles and meet the program's eligibility criteria.

Get Started Today.

connie.strayer@bchydro.com

bchydro.com/tryatechnical

Classes & SASET Programs

Pages 71-76

**Innovate your way,
at no cost to you.**

Digital skills for
careers and life.



Course	Program	Dates
GIS/GPS Mapping	Foundations	Nov 4-15, 2024
Data Analytics	Foundations	Nov 4 - Dec 13, 2024
Drone Stewardship	Futures	Nov 18-29, 2024
Intro to Web Development	Foundations	Nov 18-29, 2024
Web Development	Focus	Jan 13 - Feb 7, 2025
Exploratory	Foundations	Jan 13 - Apr 4, 2025
GIS/GPS Mapping	Futures	Jan 20 - Mar 14, 2025
Network Technician	Focus	Feb 24 - Mar 28, 2025
Digital Transformation	Foundations	Feb 24 - Mar 7, 2025
Digital Transformation	Focus	Mar 17 - Apr 11, 2025

Scan this or visit
technologycouncil.ca to apply



First Nations
Technology Council

BASIC COMPUTER SKILLS TRAINING

Every Friday by Appointment

Are you looking to improve your basic computer skills? Join our workshop every Friday! Whether you're a complete beginner or just looking to brush up on your knowledge, our sessions are designed to help you navigate the digital world with ease. Call our office to book 604-858-3691!



CALL NOW TO BOOK!!

SASET—Chilliwack Office
5B-7201 Vedder Road
Chilliwack, BC
Phone: 604-858-3691

SASET—Sts'alles Office
4690 Salish Way
Agassiz, BC
Phone: 604-796-5536

SASET—Seabird Office
2895 Chowat Road
Agassiz, BC
Phone: 604-796-6865

Canada



EMPLOYMENT PREP TRAINING

We are presently accepting applications for this Indigenous training opportunity. There are a limited number of seats, so don't delay in scheduling an appointment with your Employment Counsellor!

March 3 - 7, 2025

Certificates Offered:

- First Aid
- Aerial Lifts
- Forklift
- Food Safe
- Fall Protection



Training will take place at
Sto:lo Nation
Building 5B, 7201 Vedder
Rd Chilliwack
Monday to Friday
8:30 AM TO 3:30 PM

Lunch,
Transportation
Supports and
Safety Gear
Provided!

SASET—Chilliwack Office
5B-7201 Vedder Road
Chilliwack, BC
Phone: 604-858-3691

SASET— Sts'ailes Office
4690 Salish Way
Agassiz, BC
Phone: 604-796-5536

SASET—Seabird Office
2895 Chowat Road
Agassiz, BC
Phone: 604-796-6865



**Sto:lo Aboriginal Skills &
Employment Training is offering**

Wildfire Fighting Training

March 10 - 21, 2025

Training will take place on-site at SASET
5B - 7201 Vedder Rd, Chilliwack BC
Monday to Friday 8:30am to 4pm



Call to apply:

SASET—Chilliwack Office
5B-7201 Vedder Road
Chilliwack, BC
Phone: 604-858-3691

SASET— Sts'ailes Office
4690 Salish Way
Agassiz, BC
Phone: 604-796-5536

SASET—Seabird Office
2895 Chowat Road
Agassiz, BC
Phone: 604-796-6865

SPRING BREAK CERTIFICATE TRAINING



Course Includes

- FoodSafe
- First Aid
- WHMIS
- WCB Awareness
- Customer Service

Dates

March 17 – 20, 2025

Location

SASET EAS Office
5B 7201 Vedder Rd,
Chilliwack BC

For more information contact an
Employment Counsellor at
info@saset.ca or 604-858-3691



SASET—Chilliwack Office
5B-7201 Vedder Road
Chilliwack, BC
Phone: 604-858-3691

SASET— Sts'ailes Office
4690 Salish Way
Agassiz, BC
Phone: 604-796-5536

SASET—Seabird Office
2895 Chowat Road
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Phone: 604-796-68